

# Synergistic Interactions between *Pseudomonas aeruginosa* and *Candida albicans*, *Candida glabrata*, *Candida krusei*, *Candida parapsilosis* as well as *Candida tropicalis* in the Formation of Polymicrobial Biofilms

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## Abstract

The interactions between pathogens during infection and the impact of these interactions on drug effectiveness are poorly understood, making polymicrobial infections challenging to treat. During an infection, cross-interactions between bacteria and fungi can strengthen virulence mechanisms and affect how the disease develops. The purpose of this study is to determine how *Pseudomonas aeruginosa* interacts with *Candida glabrata*, *Candida albicans*, *Candida krusei*, *Candida parapsilosis*, and *Candida tropicalis* in the development of polymicrobial biofilms. *Pseudomonas aeruginosa*, *Candida albicans*, *Candida krusei*, *Candida parapsilosis*, *Candida glabrata*, and *Candida tropicalis* isolates were used in this experimental investigation. After preparing a 0.5 Mc Farland suspension of each isolate, the gold standard for measuring biofilm was applied: the Tissue Plate Culture (TCP) method. After that, an ELISA reader with a wavelength of 595 nm was used to measure the optical density (OD) of the biofilm. SPSS 26.0 was then used for statistical analysis to compare the OD values between *Pseudomonas aeruginosa* that had not been exposed to *Candida* and those that had. *Pseudomonas aeruginosa* and *Candida* are found to interact synergistically if there is an increase in OD, and antagonistic interaction is discovered if there is a decrease in OD. In comparison to the group that was not exposed to *Candida*, *Pseudomonas aeruginosa* exposed to *Candida albicans*, *Candida krusei*, *Candida parapsilosis*, *Candida glabrata*, and *Candida tropicalis* showed an increase in the OD value of biofilm. *Pseudomonas aeruginosa* and *Candida albicans*, *Candida glabrata*, *Candida krusei*, *Candida parapsilosis*, and *Candida tropicalis* interact synergistically.

**Keywords:** *Pseudomonas aeruginosa*, *Candida albicans*, *Candida glabrata*, *Candida krusei*, *Candida parapsilosis*, *Candida tropicalis*, Biofilm, Polymicrobial

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## INTRODUCTION

Treatment for polymicrobial infections is challenging because the pathogens interactions during infection and how these interactions impact drug efficacy are poorly understood.<sup>1</sup> Two opportunistic pathogens that are commonly found in burn wounds and the lungs of patients with cystic fibrosis (CF) and those on mechanical ventilation are *Candida albicans* and *Pseudomonas aeruginosa*.<sup>2</sup> Fungi and bacteria coexist in a variety of settings, most notably in biofilms, where linked species communicate with one another via distinct signaling pathways. Infections caused by mixed-species biofilms are significantly more difficult to treat than single-species infections, necessitating complex multi-drug treatment strategies.<sup>3</sup>

One of the key virulence factors in the pathophysiology of an infection with *Pseudomonas aeruginosa* is the production of biofilm. These pathogens can adhere to a variety of surfaces thanks to biofilms, which shield them from the immune system and different environmental factors. Antibiotic resistance is common as a result of these species interactions.<sup>4</sup> The majority of fungus-related infections in humans are caused by species of *Candida*. The most frequent causes of drug-resistant opportunistic infections like *Candida albicans*, *Candida glabrata*, *Candida tropicalis*, *Candida parapsilosis*, and *Candida krusei*, which pose a risk to international public health, are the members of this genus.<sup>5</sup>

Biofilm formation can determine the state of bacterial persistence in addition to contributing to antibiotic resistance. Biofilm formation is affected by inter-kingdom coinfection, either in an antagonistic or synergistic way.<sup>6</sup> During an infection, the interactions among bacteria, fungi, and the immune system can enhance or suppress virulence mechanisms and impact the course of the disease. *Pseudomonas aeruginosa* and *Candida albicans* are bacteria and fungi that cause multibacterial infections in many parts of the body, including mucosal tissues like the lungs. *Pseudomonas aeruginosa* and *Candida albicans* interact *in vitro* in a two-way manner that is primarily antagonistic. Their interactions *in vivo* remain largely unclear, particularly with regard to the host's reaction to mid-level infections.<sup>7</sup>

Two opportunistic pathogens, *Pseudomonas aeruginosa* and *Candida albicans*, are frequently isolated together through infection, particularly in mucosal tissues like the lungs. This pair of microorganisms is a great example of how little is known about interkingdom interactions, especially in the context of co-infection. According to some studies, bacteria in biofilms can have minimum inhibitory concentrations (MICs) that are 10–10,000 times greater than those of planktonic cells. Therefore, research on the interaction of biofilm formation is crucial, particularly with regard to polymicrobial species.<sup>8</sup>

Clinically relevant species like *Candida albicans* and *Pseudomonas aeruginosa* may interact microbiologically to produce virulence factors that could endanger the host. Using a variety of quorum sensing molecules and phenazines, some of which can be induced in the presence of quorum *Pseudomonas aeruginosa* inhibits the growth of *Candida albicans* mycelium when grown *in vitro*. The discovery that genotypes can differ in their interactions for example, *Pseudomonas aeruginosa* interacts differently with fungal cells of different morphologies and species when they compete for nutrients and that the environment can affect these interactions led to an increase in the complexity of interactions.<sup>9</sup> Psl biofilms were primarily induced on lung cell surfaces by *Pseudomonas aeruginosa* and *Candida albicans* in mice that had acute pneumonia. *Pseudomonas aeruginosa* does not produce a biofilm as large as this one.<sup>10</sup>

The majority of research has been done to examine the interactions between *Pseudomonas aeruginosa* and *Candida albicans*; however, little is known about the interactions between *Pseudomonas aeruginosa* and other *Candida* species. A study showed that there are mutually suppressive interactions between *Pseudomonas aeruginosa* and five non-*albicans* *Candida* species, they are: *Candida glabrata*, *C. tropicalis*, *C. parapsilosis*, *C. dubliniensis* and *Candida krusei* in an *in vitro* double biofilm model.<sup>11</sup>

## MATERIALS AND METHODS

Six isolates of *Pseudomonas aeruginosa*, six isolates of *Candida albicans*, six isolates of

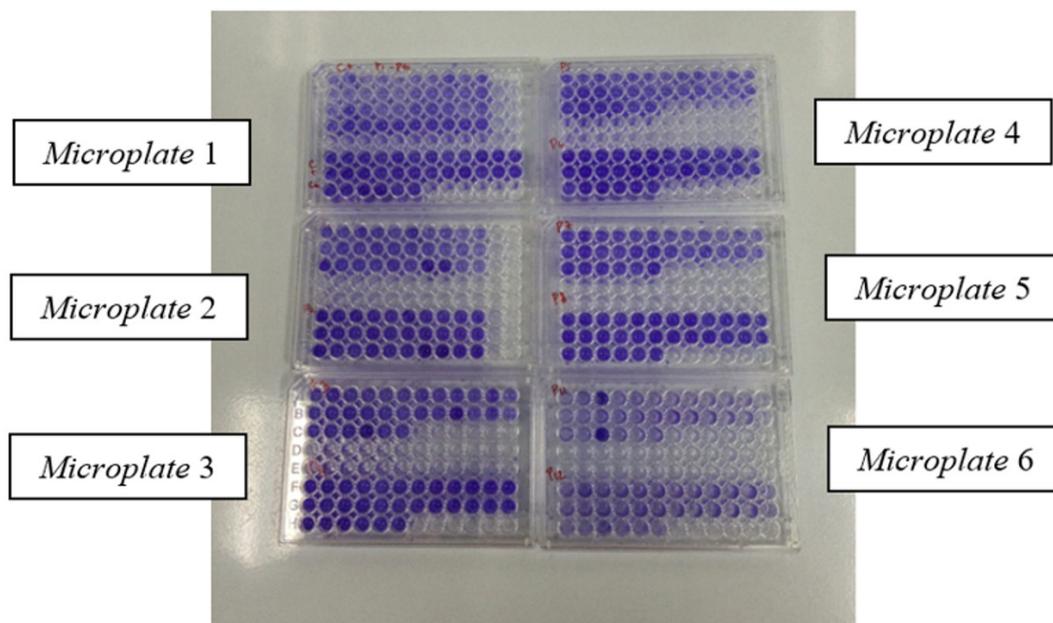
*Candida krusei*, six isolates of *Candida parapsilosis*, six isolates of *Candida glabrata*, and six isolates of *Candida tropicalis* that formed the biofilm were obtained from the Clinical Microbiology laboratory at RSUD Dr. Soetomo Surabaya, Indonesia. This was an experimental study. Consecutive sampling was used to gather research samples in order to meet the target number of samples required. The creation of biofilms can be tested using a variety of techniques. The three most effective techniques for identifying biofilm are the Tube Method (TM), Congo Red Agar, and Tissue Culture Plate (TCP).<sup>12</sup> The gold standard for measuring biofilm formation was used in this study: isolates of *Pseudomonas aeruginosa*, *Candida albicans*, *Candida glabrata*, *Candida krusei*, *Candida parapsilosis*, and *Candida tropicalis* were subcultured and incubated at 35°C for 24 hours. This procedure is known as the Tissue Culture Plate (TCP) method. In BHI+5% sucrose media, 0.5 McFarland was then suspended and added to a microtiter plate (Figure 1).<sup>13</sup>

Next, each isolate of *Pseudomonas aeruginosa* was exposed to each isolate of *Candida albicans*, *Candida glabrata*, *Candida krusei*, *Candida parapsilosis*, and *Candida tropicalis* in order to determine the polymicrobial interactions that took place. Following a 24-hour incubation

period, the medium was extracted, followed by three PBS washes, methanol fixation, and crystal violet staining. Using an ELISA reader, the density of the biofilm that had formed was determined. *Pseudomonas aeruginosa* and *Candida albicans*, *Candida glabrata*, *Candida krusei*, *Candida parapsilosis*, and *Candida tropicalis* interact polymicrobially. The optical density results from the ELISA reader produced 216 data, which were processed with SPSS 26.0 to compare with *Pseudomonas aeruginosa* without exposure (Figure 2). An antagonistic relationship results from a decrease in optical density, whereas a synergistic interaction arises from an increase in optical density.

## RESULTS

Six isolates of *Pseudomonas aeruginosa* were obtained and coded as Pa 1, Pa 2, Pa 3, Pa 4, Pa 5, and Pa 6 after the optical density measurement was completed. These isolates formed biofilms with the categories of 5 strong biofilm formation and 1 moderate biofilm formation. Six *Candida albicans* isolates were identified and coded as Ca1, Ca2, Ca3, Ca4, Ca5, and Ca6 with the strong biofilm formation category; correspondingly, six



**Figure 1.** The microplate which was used to measure Optical Density by using the TCP method

**Table 1.** The categories of isolate sample from the measurement of optical density

No.	Isolate codes	Isolate names	OD	Categories
1.	Pa 1	<i>Pseudomonas aeruginosa</i>	0.279	Strong biofilm formation
2.	Pa 2	<i>Pseudomonas aeruginosa</i>		Strong biofilm formation
3.	Pa 3	<i>Pseudomonas aeruginosa</i>	0.485	Strong biofilm formation
4.	Pa 4	<i>Pseudomonas aeruginosa</i>	0.255	Strong biofilm formation
5.	Pa 5	<i>Pseudomonas aeruginosa</i>	0.25	Strong biofilm formation
6.	Pa 6	<i>Pseudomonas aeruginosa</i>	0.271	Moderate biofilm formation
7.	Ca 1	<i>Candida albicans</i>	0.213	Strong biofilm formation
8.	Ca 2	<i>Candida albicans</i>	0.52	Strong biofilm formation
9.	Ca 3	<i>Candida albicans</i>	0.793	Strong biofilm formation
10.	Ca 4	<i>Candida albicans</i>	0.677	Strong biofilm formation
11.	Ca 5	<i>Candida albicans</i>	0.468	Strong biofilm formation
12.	Ca 6	<i>Candida albicans</i>	0.542	Strong biofilm formation
13.	Cg 1	<i>Candida glabrata</i>	0.415	Strong biofilm formation
14.	Cg 2	<i>Candida glabrata</i>	0.886	Strong biofilm formation
15.	Cg 3	<i>Candida glabrata</i>	0.942	Strong biofilm formation
16.	Cg 4	<i>Candida glabrata</i>	0.655	Strong biofilm formation
17.	Cg 5	<i>Candida glabrata</i>	0.452	Strong biofilm formation
18.	Cg 6	<i>Candida glabrata</i>	0.758	Strong biofilm formation
19.	Ck 1	<i>Candida krusei</i>	0.825	Strong biofilm formation
20.	Ck 2	<i>Candida krusei</i>	0.492	Strong biofilm formation
21.	Ck 3	<i>Candida krusei</i>	0.524	Strong biofilm formation
22.	Ck 4	<i>Candida krusei</i>	1.952	Strong biofilm formation
23.	Ck 5	<i>Candida krusei</i>	1.696	Strong biofilm formation
24.	Ck 6	<i>Candida krusei</i>	0.356	Strong biofilm formation
25.	Cp 1	<i>Candida parapsilosis</i>	0.422	Strong biofilm formation
26.	Cp 2	<i>Candida parapsilosis</i>	0.971	Strong biofilm formation
27.	Cp 3	<i>Candida parapsilosis</i>	1.318	Strong biofilm formation
28.	Cp 4	<i>Candida parapsilosis</i>	0.725	Strong biofilm formation
29.	Cp 5	<i>Candida parapsilosis</i>	0.52	Strong biofilm formation
30.	Cp 6	<i>Candida parapsilosis</i>	0.707	Strong biofilm formation
31.	Ct 1	<i>Candida tropicalis</i>	1.005	Strong biofilm formation
32.	Ct 2	<i>Candida tropicalis</i>	0.589	Strong biofilm formation
33.	Ct 3	<i>Candida tropicalis</i>	0.67	Strong biofilm formation
34.	Ct 4	<i>Candida tropicalis</i>	0.694	Strong biofilm formation
35.	Ct 5	<i>Candida tropicalis</i>	1.368	Strong biofilm formation
36.	Ct 6	<i>Candida tropicalis</i>	0.637	Strong biofilm formation
			0.533	

*Candida glabrata* isolates that formed biofilms were identified and coded as Cg1, Cg2, Cg3, Cg4, Cg5, and Cg with the strong biofilm formation category. The following six isolates were found to be forming biofilms: six isolates of *Candida krusei* were found and coded as Ck 1, Ck 2, Ck 3, Ck 4, Ck 5, and Ck 6 with the category of strong biofilm formation; six isolates of *Candida parapsilosis* were found and coded as Cp 1, Cp 2, Cp 3, Cp 4, Cp 5 and Cp 6 with the category of strong biofilm formation; and six isolates of *Candida tropicalis* were found and coded as Ct 1, Ct2, Ct 3, Ct 4, Ct

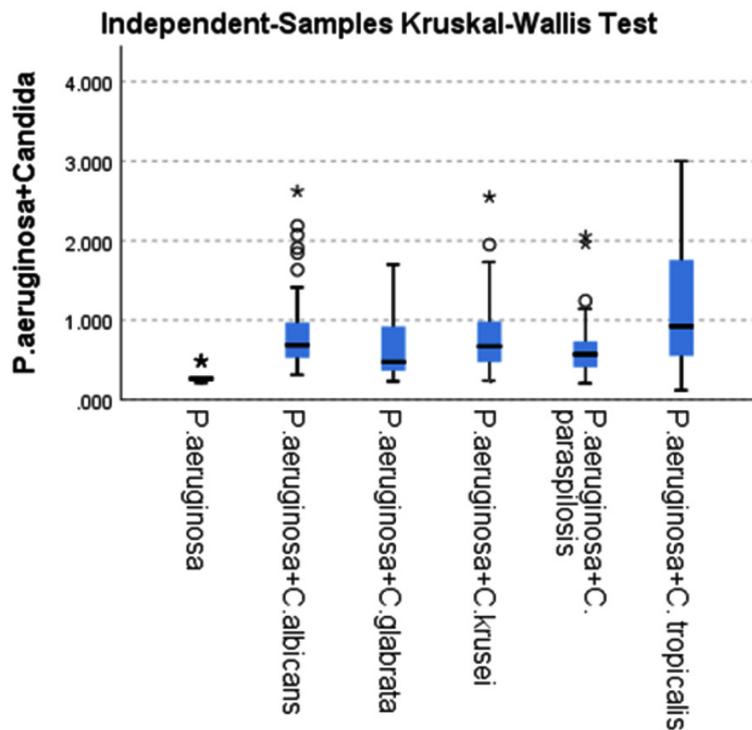
5, and Ct 6 with the category of strong biofilm formation (Table 1).

The categorization of biofilm formation was obtained based on the formula:

1.  $OD_{\text{isolate}} \leq \text{Optical Density cutoff value (ODC)}$  (0) no biofilm forming,
2.  $ODC < OD_{\text{isolate}} \leq 2 \times ODC$  (+ or 1) weak biofilm forming,
3.  $2 \times ODC < OD_{\text{isolate}} \leq 4 \times ODC$  (++) or 2) moderate biofilm forming,
4.  $4 \times ODC < OD_{\text{isolate}}$  (+++) or 3) high/strong biofilm forming<sup>10</sup>

**Table 2.** The difference of the optical density of single *P. aeruginosa* and with the exposure to Candida

	OD single <i>Pseudomonas aeruginosa</i>	<i>Pseudomonas aeruginosa</i> + Candida	Interpretation	Nature of Interaction
<i>C. albicans</i>	0,292	0,915	Increased	Synergistic
<i>C. glabrata</i>	0,292	0,636	Increased	Synergistic
<i>C. krusei</i>	0,292	0,829	Increased	Synergistic
<i>C. parapsilosis</i>	0,292	0,664	Increased	Synergistic
<i>C. tropicalis</i>	0,292	1,167	Increased	Synergistic



**Figure 2.** The distribution of the optical density differences of *Pseudomonas aeruginosa* without exposure and with exposure to Candida

The computation results indicate that the average negative control (O<sub>av</sub>) = 0.043 with a Standard Deviation of 0.005, where ODC was the average negative control/Optical density average value (O<sub>av</sub>)+3x Standard Deviation (SD) measured at 595 nm.<sup>13</sup> ODC= O<sub>av</sub>+SD=0.043+(3x0.005) = 0.058= 0.06 was calculated using this formula.

Based on the categorization in this study, it can be interpreted that:

1. No biofilm forming: OD<0,06
2. weak biofilm forming: OD= 0,06 - 0,12

3. moderate biofilm forming: OD= 0,12 - 0,24
4. strong biofilm forming: OD > 0,24

The SPSS 26.0 Kruskal Wallis test application was used to process the data after the OD of the biofilm result was obtained. Next, the following OD comparison was obtained between *Pseudomonas aeruginosa* in the absence of exposure and in the presence of *Candida albicans*, *Candida glabrata*, *Candida krusei*, *Candida parapsilosis*, and *Candida tropicalis*:

*Pseudomonas aeruginosa* and *Candida*

*tropicalis* had the highest interaction value (145.25), followed by *Pseudomonas aeruginosa* and *Candida albicans* (135.90), *Pseudomonas aeruginosa* and *Candida krusei* (127.35), *Pseudomonas aeruginosa* and *Candida parapsilosis* (107.40), and *Pseudomonas aeruginosa* and *Candida glabrata* (102.28). These three combinations were determined using Post hoc tests (Table 2).

## DISCUSSION

Out of the 36 isolates in this study, 35 showed strong biofilm formation, and 1 showed moderate biofilm formation. It demonstrates that the formation of biofilms is a crucial virulence factor<sup>14</sup> for both *Pseudomonas aeruginosa* and the species of *Candida*. Because of biofilms, these infections can adhere to a variety of surfaces, shielding them from the host immune system and various environmental factors such as dehydration and violence, as well as natural killer cells, phagocytes, complement, and ROS-mediated damage. These interspecies interactions are typically more resistant to antimicrobial agents than other microorganisms.<sup>8</sup>

Together, the fungi and bacteria can be found in a range of settings, but biofilms are particularly common. In these structures, the attached species communicate with one another via a variety of signaling pathways. Due to the formation of biofilms, interspecies interactions can influence drug intolerance, virulence factors, and the outcome of polymicrobial infections.<sup>15</sup> *Pseudomonas aeruginosa* caused pneumonia may be predisposed to by *Candida albicans* colonization, according to a clinical study done on ventilated patients.<sup>1</sup>

According to this study, *Pseudomonas aeruginosa* exposed to *Candida albicans*, *Candida glabrata*, *Candida krusei*, *Candida parapsilosis*, and *Candida tropicalis* showed an increase in OD. One significant effect of these phenotypic modifications is modified antibiotic tolerance. Antimicrobial concentrations needed to destroy biofilms are many times greater than those needed to treat planktonic bacterial infections, which are more common. As a result, for biofilm-associated infections, microbiological indices of antimicrobial susceptibility like minimal inhibitory concentration (MIC) that direct the

selection of treatment for common infections are unreliable. Furthermore, the patient's symptoms are frequently exacerbated by an inflammatory response, as the immune system is unable to effectively eradicate the infection. Lastly, live bacteria in the form of persistence or small colony variants can also be found within the biofilm structure. Consequently, biofilm-related infections are thought to be challenging to treat. In certain cases, such as infections related to catheters, patients' biofilms can be effectively treated by removing the infected foreign body; however, this is not always the case, necessitating prolonged use of high doses of antibiotics and frequent surgery.<sup>15</sup>

In this study, it was found that there was a difference in OD between *Pseudomonas aeruginosa* and the OD of *Pseudomonas aeruginosa* with exposure to *Candida albicans*, where there was an increase in OD which indicated a synergistic interaction. *Candida albicans* produces ethanol due to the induction by Phenazine from *Pseudomonas aeruginosa* and the ethanol which stimulates adhesion and biofilm formation of *Pseudomonas aeruginosa*. There is a positive feedback mechanism where *Candida albicans* ethanol production can increase 5-methylphenazine-1-carboxylic acid (5-MPCA) production in *Pseudomonas aeruginosa* and increase biofilm formation. Then, 5-MPCA stimulates ethanol production in *Candida albicans*.<sup>16</sup>

Similar findings were also found in a study conducted in 2021 by Kasetty et al., which showed that *Pseudomonas aeruginosa* biofilms containing *Candida albicans* had higher OD levels than *Pseudomonas aeruginosa* biofilms alone.<sup>14</sup> It also bore similarities to Phuengmaung's research from 2022, which discovered that prominent interkingdom biofilms with more severe infections were induced by *Pseudomonas* and *Candida* in the lungs of patients suffering from cystic fibrosis and ventilation-associated pneumonia (VAP). Compared to *Pseudomonas* and single *Candida*,<sup>9</sup> the biofilm production between *Pseudomonas* added with *Candida* was more increased. However, this is not the same as the results of research by Fourie et al. in 2019, which showed a decrease in OD indicating an antagonistic interaction.<sup>8</sup>

*Pseudomonas aeruginosa* and *Candida albicans* both produce more biofilms than a single *Pseudomonas aeruginosa*, most likely as a

result of their distinct biofilm properties and the significance of multiple genes for *Pseudomonas* biofilm production, especially for biofilms from the polysaccharide synthesis locus (Psl) as opposed to the alginate-mediated pathway. *Pseudomonas* virulence factors that were significant were the genes (alginate, psl, and pel) that produce the pseudomonas biofilm. Alginate was a negatively charged acetylated polymer that was used to increase reactive oxygen species in host cells and inhibit phagocytosis. It contained nonrepetitive b-1,4-linked L -guluronic and D -mannuronic acids. Psl is a neutral branched pentasaccharide that mediates attachment to lung epithelial cells, promoting pro-inflammatory responses and host cell damage. It has a 1:1:3 ratio of D-glucose, D-rhamnose, and D-mannose. Pel, on the other hand, was a positively charged polysaccharide that stabilized the biofilm structure by acetylating one to four glycosidic branches from N-acetyl galactosamine and N-acetylglucosamine. We can therefore conclude that the psl gene plays a role in the increase in OD in mixed biofilms.<sup>10</sup>

A number of publications have demonstrated that *Pseudomonas aeruginosa* and *Candida albicans* interact antagonistically. One such publication, by Fourie et al., demonstrates that quorum sensing molecules and phenazines mediate antagonistic interactions between *Pseudomonas aeruginosa* and *Candida albicans*. However, the presence of biofilm heterogeneity between *in vitro* and *in vivo* studies can lead to different results.<sup>9</sup>

Additional research demonstrates that interactions between the fungus *Candida albicans* and the bacteria *Pseudomonas aeruginosa* led to more severe infections in the human host. *Pseudomonas aeruginosa's* production of biofilms is linked to more challenging-to-treat infections. *Pseudomonas aeruginosa* is stimulated by ethanol to colonize respiratory tract cells and plastic surfaces. The fungus also produces ethanol, which modifies the toxic spectrum of *Pseudomonas aeruginosa's* phenazine, which is linked to worsening lung function in cystic fibrosis patients.<sup>8</sup> A positive feedback loop between *Candida albicans* and *Pseudomonas aeruginosa* occurs as a result of phenazine's interaction with *Candida albicans* to promote ethanol production, which exacerbates the disease. When exposed to

low concentrations of *Candida albicans*, phenazine increased the production of fermentation products like ethanol by three to five times. However, at high concentrations, phenazine is toxic to *Candida albicans*.<sup>17</sup>

In this investigation, it was discovered that *Pseudomonas aeruginosa's* OD differed from that of the bacteria when exposed to *Candida glabrata*, with the latter exhibiting an increase in OD that suggested a synergistic interaction. One of the typical flora commonly found in the gastrointestinal tract, vagina, and oral cavity is *Candida glabrata*, an organism that is widely distributed. But it can also be harmful and lead to severe infections, which are more likely to happen in patients with compromised immune systems.<sup>18</sup> One of *Candida glabrata's* worrisome virulence factors is its capacity to form biofilms.<sup>19</sup> These days, the relationship between *Pseudomonas aeruginosa* and *Candida glabrata* in biofilm formation is still largely unexplored in polymicrobial research. Only two published studies have indicated that *Pseudomonas aeruginosa* and *Candida glabrata* have an antagonistic interaction. These studies also demonstrate a decrease in the OD of the mixture of *Pseudomonas aeruginosa* and *Candida glabrata* when compared to the OD of *Pseudomonas aeruginosa* alone.<sup>9,20</sup>

Phenazines are among the molecules produced by *Pseudomonas* that induce ethanol from *Candida*. *Candida glabrata* also produces ethanol, and this ethanol can help *Pseudomonas* through the psl operon facilitate its extracellular matrix as a positive feedback to adapt to the microenvironment and increase the formation of biofilm.<sup>17</sup> As a result, when *Pseudomonas aeruginosa* is exposed with *Candida glabrata*, the amount of OD increases. It has been demonstrated by a study that, in contrast to the other three species, *C. glabrata* can form biofilms in low glucose concentrations and under unfavorable nutritional conditions. This is most likely because *C. glabrata* can acclimate to these circumstances and selectively colonize certain human tissues.<sup>21</sup>

The results of this study showed that *Pseudomonas aeruginosa* and those exposed to *Candida krusei* differed in their OD values, with the latter showing an increase in OD that suggested a synergistic interaction. One of *Candida krusei's* virulence factors is its capacity to form biofilms.<sup>22</sup>

*Pseudomonas aeruginosa* can stimulate *Candida krusei*'s ethanol production, which thickens *Pseudomonas aeruginosa*'s extracellular matrix and raises OD. This mechanism is similar to that of *Candida albicans* and *Candida glabrata*.<sup>17</sup>

Interactions between various species alter the host response, the effectiveness of antibiotics, the pathogenesis and virulence of the bacteria, and generally make infections worse and make them more resistant to traditional treatment.<sup>23</sup> Polymicrobial research on the role of *Candida krusei* and *Pseudomonas aeruginosa* in biofilm formation is still lacking at this time. Only one published study, which demonstrated a drop in the optical density (OD) of the mixture of *Pseudomonas aeruginosa* and *Candida krusei* relative to the OD of single *Pseudomonas aeruginosa*, suggested that there was an antagonistic interaction between the two species.<sup>8</sup>

Similar to other *Candida*, *Pseudomonas aeruginosa* can stimulate ethanol production in *Candida parapsilosis* which causes thickening of the extracellular matrix in *Pseudomonas aeruginosa*<sup>15</sup> so that it causes an increase in OD. In this study, it was found that there was a difference in OD between *Pseudomonas aeruginosa* and the OD of *Pseudomonas aeruginosa* exposed to *Candida parapsilosis*, in which there was an increase in OD indicating a synergistic interaction.

*Candida parapsilosis* forms thinner, less complex biofilms than *Candida albicans*. On implanted plastic medical devices, however, *C. parapsilosis* biofilms continue to be a major source of infection.<sup>24</sup> Polymicrobial research on the role of *Candida parapsilosis* and *Pseudomonas aeruginosa* in biofilm formation is still lacking. The antagonistic interaction between *Pseudomonas aeruginosa* and *Candida parapsilosis*, indicated by a decrease in the optical density (OD) of the mixture of *Pseudomonas aeruginosa* and *Candida parapsilosis* relative to the OD of single *Pseudomonas aeruginosa*, has only been reported in two published studies.<sup>9,20</sup>

The results of this investigation showed that *Pseudomonas aeruginosa* and those exposed to *Candida tropicalis* differed in terms of their OD, with the former showing an increase in OD that suggested a synergistic interaction. Like other *Candida*, *Pseudomonas aeruginosa* can induce *Candida tropicalis* to produce ethanol, which

thickens *Pseudomonas aeruginosa*'s extracellular matrix and raises the organism's optical density (OD).<sup>17</sup> In most studies, *Candida tropicalis* outperforms *Candida albicans* in its ability to produce biofilm.<sup>25</sup>

In a previous investigation of the antagonistic relationship between *Candida tropicalis* and *Pseudomonas aeruginosa*, Wahyuning et al.<sup>26</sup> discovered that *Pseudomonas aeruginosa* inhibited the formation of biofilms in *Candida tropicalis*. *Pseudomonas aeruginosa* and *Candida tropicalis* biofilm former isolates were also used in this investigation. Because the strain used in this study is capable of killing *C. tropicalis* hyphae and biofilms, which are caused by phenazine compounds that compromise the integrity of cell walls, antagonistic relationships arise in *P. aeruginosa* mixed species. This work, however, is in line with earlier *in vitro* biofilm studies that demonstrated *P. aeruginosa* can inhibit the growth of *Candida* biofilms that are not *albicans*, such as *C. tropicalis*.

This is due to the fact that Gram negative bacteria contain N-acyl homoserine lactone (AHL) and that these two microbes have the ability to release quorum sensing molecules. In the meantime, AHL in *P. aeruginosa* can be decreased *in vitro* to prevent *Candida spp.* biofilms.<sup>25</sup> Comparable to studies by Fourie et al. and Bandara et al. that reported an antagonistic interaction between *Pseudomonas aeruginosa* and *Candida tropicalis* and demonstrated a drop in the optical density (OD) of a mixture of the two species relative to the OD of *Pseudomonas aeruginosa* alone.<sup>9,20</sup> *Pseudomonas aeruginosa* and *Candida spp.* both form biofilms, according to a study by Bandara. Each isolate used in the study was the ATCC strain, which can result in various interactions between *Pseudomonas aeruginosa* and *Candida spp.*<sup>20</sup>

## CONCLUSION

*Pseudomonas aeruginosa* exposed to *Candida albicans*, *Candida glabrata*, *Candida krusei*, *Candida parapsilosis*, and *Candida tropicalis* showed an increase in the OD value of the biofilm compared to the group that was not exposed to *Candida*. This suggests that *Pseudomonas aeruginosa* and *Candida albicans*, *Candida*

*glabrata*, *Candida krusei*, *Candida parapsilosis*, and *Candida tropicalis* work synergistically.

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#### CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

#### AUTHORS' CONTRIBUTION

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

#### FUNDING

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#### DATA AVAILABILITY

All datasets generated or analyzed during this study are included in the manuscript.

#### ETHICS STATEMENT

This study was approved by the Health Research Ethics Committee at Dr. Soetomo Regional General Hospital Surabaya number 1344/LOE/301.4.2/VI/2023.

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