

Assessment of the Toxicological Potentials of Cassava Processed products in Nigerian market

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The presence of fungi metabolite of toxin-producing strains of *Aspergillus flavus* collectively termed' aflatoxins in some garri and cassava flour samples was investigated using paper chromatography and iodine vapour for detection. All the samples screened were found to contain at least one aflatoxin. Garri samples collected from Ochanja market in Onitsha and Ogbete market in Enugu contained a maximum of three aflatoxins namely B₁, B₂, and G₁. While, other samples collected from some other market contain a maximum of two aflatoxin.

Keywords: Food chemicals, contaminants of staple foods.

The presence of toxic substances in some staple food was discovered first in Britain when many turkeys died after consuming meal contaminated with aflatoxin from Brazil¹. Investigation revealed that the metabolites consist of four major fractions collectively known as aflatoxin^{1,2}.

Aflatoxins are the best known mycotoxin and are group of acutely toxic and highly carcinogenic mold metabolites produced by strains of fungi known as *Aspergillus flavus*. The toxins have closely similar structures and form a unique group of highly oxygenated naturally occurring heterocyclic compounds³. These substances are not only toxic to large number of species but their mixtures is carcinogenic⁴. *A. flavus* which are the cause of this toxin are distributed everywhere and every foodstuff is potentially susceptible to contamination under favourable condition⁵.

The normal and natural food constituent is the greatest and widest variety of good chemical consumed by man toxicologically. In fact no single plant used as food has been absolutely characterized chemically⁶. One of the commonest foods, potato has been found to contain about 150

distinct chemical substances including nitrates, tannin, alkaloids, oxalic acid to mention a few and over hundred other substances of unknown significances⁷. Few of specific chemical substances in some Nigerian staple food have been evaluated toxicologically and based on current standard of safety evaluation some of these chemical could be toxic when tested with experimented animals⁸. Toxicity of a substance may be defined as its intrinsic capacity to produce injury when tested^{5,8}. The hazard of substance is its capacity to produce injury under the circumstance of exposure. However, in spite of numerous toxic substances consumed daily in our food, there is no immediate evidence that there is hazard. This is because these toxins are in low concentration and the amount-effect relationship of these toxin also depend on time of exposure. Thus, if environmental condition is held constant, the toxic effect is the result of the interaction between three factors: the organism, concentration of toxin and time⁹.

The genesis of harmful or potentially harmful chemical substance in food substance called food contaminants or toxicant may be traced to two principal sources. The natural and synthetic contaminant. The natural contaminants are those

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substances which occur as normal components of natural food products, typical examples are cyanogenic glycosides and phytochemical trypsin inhibitors, lathyragens and goitrogens^{7,9}. Also included in this group are the mycotoxins and non-microbiological toxicants such as mercury, lead, cadmium, etc¹⁰. Contaminants such as agricultural pesticides, fertilizers, food additives such as saccharin, nitrates, make up the synthetic or man-made contaminants. Other synthetic toxicants arise from chemicals produced during food processing, packaging, inadvertent or accidental contamination and environmental pollution.

The increasing demand on staple food in Nigeria has created the need for processing, storage and market expansion of these food industry. It has therefore become necessary to investigate the toxicological chemical load of these food items, with a view to determining its potential effects on public health in the Nigerian environment.

MATERIAL AND METHODS

Garri samples were collected from five markets in the following towns: Enugu, Onitsha, Awka, Asaba and Owerri as can be seen in Fig. 1 showing the map of study area. Similarly, cassava flour sample was collected only in Onitsha market and examined.

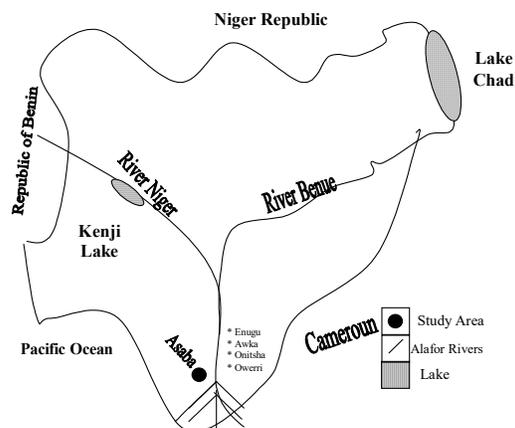


Fig 1. Map of Nigeria showing study area

Aflatoxins in the garri and cassava flour samples were extracted by using the procedures adopted by Verster¹². 10g of each sample was placed in a separatory funnel, a mixture of acetone, hexane and water in the proportion of 27ml, 22ml and 1ml respectively was prepared and left for about 5 minutes for proper mixing. The Azeotropic mixture of acetone-hexane-water was added to the sample in the funnel, and the mixture was corked and shaken intermittently after which it was left for 12 hours. The extract was collected and concentrated by allowing the solvent to evaporate.

The extracted aflatoxins were detected by means of chromatography. Two chromatographic tanks containing hexane and iodine crystal were set up differently. The on the chromatography paper marks were made at the 2cm and 12cm respectively. The concentrated extract was spotted on the chromatography paper at the 1cm mark before it was inserted into the chromatographic tank containing hexane. The tank was covered immediately to avoid loss of the solvent. The solvent was observed while it moved up the paper until it reached the 12cm mark before the paper was brought out and allowed to dry up a little, then it was finally inserted in the tank containing iodine crystal.

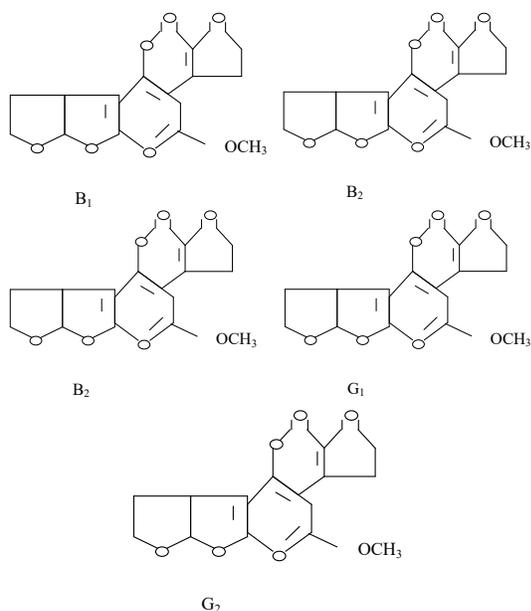


Fig. 2. Various forms of aflatoxins

The iodine tank was covered, then the various spots available were identified. The respective Rf values were calculated and recorded.

RESULTS AND DISCUSSION

In this study, aflatoxins were detected in Garri and Cassava flour using paper chromatography. The Rf values of the detected aflatoxin were recorded in Table 1. Table 2 showed number of aflatoxins in a particular garri and cassava flour sample. The Rf values were validated

using standard aflatoxins. The comparison between the calculated Rf values were in consonance with those of the standard value which suggested the presence of aflatoxins B₁ and B₂ and G₁ in the samples. Garri samples collected from Ochanja market in Onitsha and Ogbate market Enugu, contained a maximum of three aflatoxins while others contained a maximum of two aflatoxins.

The problem of food contamination in Nigerian food may be traced to three principal sources namely. Processing, storage and

Table 1. The Rf values of detected aflatoxins

Market location	Rf values of garri samples				
	A	B	C	D	E
Ogbonogo market Asaba	0.47	0.47	0.70	0.50	0.48
	0.19	0.18	0.48	0.60	
Eke Awka market	0.80	0.48	0.71	0.52	0.48
	0.18	0.17	0.19	0.19	0.20
Ochanja market Onitsha	0.70	0.17	0.72	0.80	0.72
	0.46	0.46			
	0.17	0.18			
Old market Owerri	0.17	0.72	0.18	0.79	0.18
				0.50	
Ogbete market Enugu	0.49	0.19	0.71	0.18	0.72
			0.48		0.49
					0.18
		Rf values of Cassava samples			
Ochanja market Onitsha	0.47	0.48	0.47	0.18	0.18
				0.18	
Rf values for the standard aflatoxins					
B ₁ = 0.70;		B ₂ = 0.48;		G ₁ = 0.16; G ₂ = 0.10	

Table 2. Rf values of Aflaxotin from Garii and Cassava flour samples

Market location	Rf values of garri samples				
	A	B	C	D	E
Ogbonogo market Asaba	2	2	2	1	1
Eke Awka market	2	2	2	2	2
Ochanja market Onitsha	3	3	1	1	1
Old market Owerri	1	1	1	2	1
Ogbete market Enugu	1	1	2	1	3
	Rf values of Cassava samples				
Ochanja market Onitsha	1	1	2	1	1
Rf values for the standard aflatoxins					
B ₁ = 0.70;		B ₂ = 0.48;		G ₁ = 0.16; G ₂ = 0.10	

marketing. Similarly moisture is the single most important parameter for controlling toxigenic moulds¹³. It is therefore very important that moisture content of food billed for storage should be reduced to such a minimum safe value as to prevent the growth of moulds. The storage of food in Nigeria is poor usually in poorly ventilated lock-up stores that create humid atmosphere favourable for fungi growth.

Food like garri are usually marketed using open basins in most Nigerian markets. This means that in a humid atmosphere or if such food product is hygroscopic, it will pick up moisture from the atmosphere and create the environment for the growth of moulds and thus room for contamination. Since the discovery of aflatoxin in 1961, considerable progress has been made both from structure and biochemical aspects in the areas of its acute toxicity and carcinogenicity¹⁴.

CONCLUSION

Aflatoxins B₁, B₂ and G₁ have been detected in samples of garri and cassava flour from our markets. The presence of this toxic substances may be as a result of processing, preservation and marketing.

Humid environment catalyse the growth of mycotoxins. Even though this investigation was carried out during the dry season, it is still believed that sometimes the presence of sugar from incompletely fermented cassava should lead to the growth of fungi and hence increase the toxic load of the food sample.

In Nigeria, the Food and Drug Law focus to a fault mainly on manufactured good neglecting the staple agricultural foods. This attitude has led to the proliferation of mycotoxin and other food contaminants in our markets. It is therefore necessary that the government though the food and drug law enforcement agencies should review its attitude in this direction and fashion out systems of checks and balances such as food inspection, testing and standardization.

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