

Anti-inflammatory Effect of Bioactive Compounds of *Tagetes erecta* (Linn.) Flower Extract

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Today, plant based drugs has taken its great attention in modern pharmaceutical industries for its less cost and side effects. Phytomedicines utilization has exhibited effective treatment in curing many ailments in Human. The present investigation emphasize on the compounds (Flavonoid and salicylic acid) extracted from *Tagetes erecta* Linn. flower sample. *Tagetes erecta* Linn. belong to the Asteraceae family and it is proved to exhibit potent anti-inflammatory effect. Flavonoid showed significant effect than the salicylic acid during the period of study.

Key words: Therapeutic, bioactive compounds, phytomedicine, anti-inflammatory, macrophage, vero cells.

Inflammation in the tissue is known for its complexity and pathophysiological processes¹ conducted by a variety of response actions by leucocytes, macrophages, mast cells etc.² at the point of target site with symptoms of redness, swelling, pain etc.^{3,4}. The introduction of inflammation was started by the Greek Physician, Hippocrates as the beginning of a healing process with edema and erysipelas⁵. A comprehensive report on inflammation was put forward by Aulus Celsus in his *De Medicina* which described four symptoms such as rubor, humor, color and dolor which means redness, swelling, heat and pain, respectively¹. Later, after 100 years, the fifth symptoms was introduced as functiolaesa (impaired function) by Galen of Pergamon⁵. Inflammation can be classified into two types as acute inflammation and chronic inflammation associated with infiltration, activation, proliferation etc., respectively during curing⁶.

God's creation forms a complete storehouse of therapeutics remedies for many diseases⁷.

The plant sources had become a valuable resource for new drug preparation because of its easy availability, low cost and with less side effect^{8,9}. Literature indicate that the plants are the source for therapeutic values and it is old as 4000-5000 B.C and appears in Rigveda (1600-3500 B.C)¹⁰. It was also referred that over 7800 pharmaceutical industries consume 2000 tonnes of herbs annually^{11,12} and they have proved that the phenolic compounds of plants have high anti oxidant properties^{13,14} and it was revealed that over 1.5 million practitioners use herbal therapeutics as preventive medicine or curative applicable medicine¹⁵ either as raw, crude drugs or as formulation of pharmaceuticals forms¹⁶.

Research evidences proved that the berries of *Solanum nigrum* highly effective against inflammation, tuberculosis¹⁷ and highly active for acute and chronic inflammations¹⁸. *Achillea millefolium* L. of Asteraceae family contained three different flavonoids (rutin, aspigenin 7-O-glucoside and luteolin-7-O-glucoside)¹⁹ which inhibited the human neutrophil elastase and proved to be anti-inflammatory during in vitro studies²⁰. The target plant (*Tagetes erecta* Linn.) of this investigation, has been thoroughly

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studied in terms of qualitative analysis of phytochemical²¹, and the constituents were separated by column chromatographic methods and the evidence showed the presence of flavonoids and salicylic acid²². In the present investigation, an attempt has been made to evaluate the anti-inflammatory action and the percentage of toxicity of the separated compounds (Flavonoid and salicylic acid).

MATERIALS AND METHODS

Healthy, disease free plants of *Tagetes erecta* (Linn.) was collected, taxonomically identified and authenticated in the Herbal Science, Plant Anatomy Research Centre, Chennai. The plant parts were segregated separately as stem, leaf, flower and roots. The collected plant parts were washed properly in the tap water and rinsed with distilled water carefully (damaged plant parts were removed). The fresh plant parts were separately air dried in a closed room (25-28°C) for 10-15 days. After assuring the full dryness of the plant parts, they were pulverized to obtain as powder form by using sterile electrical blender. The powdered samples (leaf, stem, flower and root) were stored in air tight containers and protected from sunlight for further investigation.

After various investigation and analysis, it was confirmed that the flower extract of *Tagetes erecta* (Linn.) had higher therapeutic value compounds such as flavonoids and salicylic acid. These compounds were extracted by column chromatography²² and the compounds were separated by Thin Layer Chromatography (TLC) and the purified compounds was authenticated by High Performance Liquid Chromatography (HPLC) with their respective standards. The extracted compounds (Flavonoids and salicylic acid) were subjected to anti-inflammatory analysis with RAW 264.7 macrophage cells and the toxicity study (MTT Assay) was conducted as per standard procedures.

Macrophage scavenging assay

The effect of the column fractions on the phagocytic activity of RAW 264.7 macrophages was studied according to the standard method²³. Fresh heparinised blood from healthy volunteers was used for the isolation of Polymorphonuclear cells (PMNs). PMNs were isolated and suspended

in RPMI-1640 medium supplemented with 10% Fetal Bovine Serum (FBS). From the suspension about 20 µL of cells (1 x 10⁸ cells/ mL) were added to 20 µL of the floral bioactive fraction sample (each isolated compound; flavonoid and salicylic acid) along with 40 µL of RPMI1640. The plates were incubated at 37°C in 5% CO₂ atmosphere. After 24 hours, 20 µL of *Candida albicans* (5 x 10⁷ particles/ mL), 20 µL of Nitroblue tetrazolium (NBT) and 1.5 mg/mL in Phosphate Buffer Solution (PBS) were added and incubated for 10 minutes. The medium was removed and the cells were rinsed with the fresh medium. Then the cells were washed with 200 µL of methanol to remove unreduced NBT. Finally, 120 µL of 2M KOH and 140 µL of DMSO were added to each well and the absorbance was read at 570 nm. The percentage of NBT reduction was calculated by the following formula.

$$\text{NBT reduction} = \frac{\text{OD control} - \text{OD sample}}{\text{OD control}} \times 100$$

Toxicity studyvero Cell Preparation

MTT assay²⁴ is a calorimetric technique which is based on the ability of the live cells to reduce yellow tetrazolium dye to a purple formazan. Vero cells were maintained in DMEM medium supplemented with 10% Fetal Bovine Serum at 37°C in humidified atmosphere with 5% CO₂.

MTT Assay

The vero cells (1.2 x 10⁴ cell/well) were plated in 96 well microtiter plates and was placed undisturbed at 37°C overnight (For cell attachment). Later, the developed cells were incubated with different concentrations (100µg, 200µg, 300µg) of flavonoid and salicylic acid for 24 hours. After incubation, fresh 10 µl of MTT (5mg/ml) was added. After 4 hours, the medium was discarded and 100µl of DMSO was added to dissolve the formazan crystals. Then the absorbance was read at 570nm in a microtitre plate reader. Cyclophosphamide was used as a positive control.

$$\text{Cell viability \%} = (\text{Test OD/control OD}) \times 100$$

$$\text{Cytotoxicity \%} = 100 - \text{viability\%}$$

RESULTS AND DISCUSSION

The effect of isolated bioactive compounds (Flavonoid and salicylic acid) from *Tagetes erecta* Linn. was subjected to macrophage

scavenging assay²³. Various concentrations (50 µg/ml, 100 µg/ml, 150 µg/ml) of flavonoid and salicylic acid were prepared and they were analysed for NBT reduction at 570 nm. Duplicate analysis were made for all the concentrations and the average readings were used for calculation of percentage NBT reduction. The results showed an increase of NBT reduction as the concentration of bioactive compounds increased. The maximum reduction was observed at 150 µg/ml and the minimum reduction was observed at 50 µg/ml with flavonoid sample were 25.26% and 19.6%, respectively. Interestingly, salicylic acid also showed equivalent percentage reduction of NBT during the period of study (Table 1). Macrophages are scavengers which are responsible to remove the body of worn out cells, debris and create a vital immune response. Hot water extract of *Actinidia arguta* stem showed

inhibitory effect against a-glucosidase enzyme with RAW 264.7 cells activated with lipopolysaccharide²⁵.

Toxicity study was conducted in a 96 well microtitre plate with vero cells. After incubation period, the absorbance was observed at 570 nm and the viability percentage was calculated and recorded in the Table 2. Interestingly, the lower concentration of both flavonoid and salicylic acid (50 µg) recorded the maximum viability percentage with 92.59 and 88.81, respectively. Percentage of toxicity was maximum at 150 µg flavonoid and salicylic acid with 18% and 21%, respectively. Cancer cell lines MTT assay proved to have an 30-50% inhibition on the mitochondrial activity²⁶. Evidences also proved that the patients with hematological malignancies showed significant viability with multidrug resistant malignancies²⁷.

Table 1. Percentage NBT reduction by flavonoid and salicylic acid of *Tagetes erecta* (Linn.)

Parameter	Control	Flavonoid (µg/ml)			Salicylic acid (µg/ml)		
		50	100	150	50	100	150
Absorbance at 570 nm	0.927	0.751	0.724	0.698	0.742	0.726	0.684
	0.914	0.749	0.717	0.701	0.738	0.712	0.692
Average absorbance	0.920	0.750	0.720	0.699	0.740	0.719	0.688
% NBT reduction	0	18.52	21.73	24.00	19.61	21.89	25.26

Table 2. Toxicity studies of flavonoid and salicylic acid against vero cells

Parameter	Control	Vero cell line with Flavonoid			Vero cell line with Salicylic Acid		
		50µg	100µg	150µg	50µg	100µg	150µg
% of Viability	100	92.58	86.15	81.81	88.81	83.07	78.74
% of Toxicity	0	7.41	13.84	18.18	11.18	16.92	21.25

CONCLUSION

The present investigation has proved that the bioactive compounds extracted from the target plant has high therapeutic value and the flavonoid compound is found to be more significant than the salicylic acid. The evidences of the present investigation also proved that the flavonoid would be an alternate compound as anti inflammatory active drug in near future.

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