






Development of Multiplex-PCR Method to Detect Three Bacterial Species in Food and their Use in Food Inspection

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Abstract

Food contains several microorganisms that may cause illnesses and food poisoning in humans. Small numbers of microorganism contamination could result in rapid spoilage of food. The Centres for Disease Control and Prevention (CDC), USA estimates that 76 million people are affected by foodborne illnesses each year in the USA. *Salmonella* infections alone account for one billion dollars yearly in direct and indirect medical costs and more than 5,000 deaths. In Sudan, diarrhoeal disease was reported as the second major disease during the years from 2003 to 2007 (Annual health statistical report of the Federal Ministry of Health, Sudan). We aimed to develop a rapid molecular procedure for the detection of *Escherichia coli*, *Shigella dysentery*, and *salmonella Typhi* in food so as to minimize the public health hazard of food contamination. We used the Multiplex PCR method as rapid methods were tested for identification of *Enterobacteriaceae* species *Escherichia coli* as an indicator organism for food contamination and two strains of *Enterobacteriaceae* that causes food borne illness (namely *Shigella dysentery* and *salmonella Typhi*). The Multiplex PCR was performed to detect *E. coli* using *Mdh* primer pair, *Salmonella Typhi* using *IpaB* primer pair, and *Shigella dysentery* using *IpaH1* primer pair. The sensitivity to detect *E. coli*, *Salmonella Typhi*, and *Shigella dysentery* in contaminated food in the concentration of the infective and the over infective doses were 100%, 96.3%, and 88.9% respectively for the three bacteria strains. There was no significant difference in the detection of the bacteria after incubation for 8 hours, 24 hours, or even without incubation period. There were no differences in the result of the samples that were contaminated artificially in laboratory and those obtained from the market. The Multiplex PCR method for identification of *E. coli*, *Salmonella Typhi* and *Shigella dysentery* was developed as a model for detection and risk assessment of the three bacteria in one program, and it is suitable for routine analysis.

Keywords: Bacterial Species, Food Inspection, Multiplex-PCR

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INTRODUCTION

Foodborne illness is one of the major global public health problems.¹ Food gets contaminated via soil, water, sewage, and air as well as by contact with other plants and animals. Additional contamination of foods occurs during any time of production and preparation of food.² Laboratory protocols are a vital tool in case investigation. *Enterobacteriaceae* is one of the important groups of foodborne pathogens.³ *Enterobacteriaceae* is Gram-negative facultative anaerobic *bacillus*, which ferment glucose to be acidic under anaerobic conditions, often with gas production. They are non-spore formers, short rods in shape, motile by peritrichous flagella or non-motile.⁴ *Enterobacteriaceae* may cause infectious diseases.⁵ The most important members of the *Enterobacteriaceae* family are *Escherichia coli*, *Shigella*, and *Salmonella*.

In Sudan, several studies isolated *Enterobacteriaceae*; *E. coli* among other species were isolated by Hussein⁶ from fresh meat samples; Abd ElRahman⁷ isolated *E. coli* from 17% of minced meat samples; Mohamed⁸ found that 6% of meat samples were *E. coli* beneficial; Ahmed⁹ and Ahmed⁹ identified *E. coli* in ready to eat beef burger in Khartoum State and found that the total coliform bacteria observed in 48.8% of samples and 9.3% of them were positive for *E. coli*. Warsama et al.¹¹ isolated *E. coli* in 11.1% of food samples, and *Salmonella Typhi* in 11.1% of them. Moreover, Hassan¹¹ identified *E. coli* among other species of bacteria from restaurant food, food handlers and food utensils in Khartoum State, Sudan. CDC Bulletin¹² confirmed the presence of *Salmonella* in Australia and there was an epidemiological link with other travelers from other countries (including Sudan). Mustafa and Abdallah¹³ identified *E. coli* and *Salmonella* spp. in 6.6%, and 5% respectively from Street-Vended *Um-Jingir* (traditional food) in Khartoum State, Sudan.¹⁴

Rapid Methods of *Enterobacteriaceae* Identification

The latest technology assists in detection and identification of microorganisms promptly with convenient use of the procedure, with high sensitivity rates and more accurate than the conventional techniques. Most of the methods used to detect specific pathogens in foods require

some growth in an enrichment medium before analysis. Some rapid methods can be done in a few minutes to a few hours, so they yield results more quickly than traditional methods. However, in food analysis, rapid methods still lack sufficient sensitivity and specificity for direct testing; hence, foods still need to be culturally enriched before analysis. Although enrichment is a limitation in terms of technique speed, it provides essential benefits, such as diluting the effects of inhibitors, allowing the differentiation of viable from non-viable cells, and allowing for the repair of cell stress or injury that may have resulted during food processing.¹⁵

Several studies were achieved at a global level to improve the detection of food microorganisms aimed to ensure the quality and safety of food.¹⁶ Overviews of rapid methods for the detection of bacteria were done^{17,18}; and Wang et al.¹⁹ These overviews include the progress and application of impedimetric biosensors for the detection of foodborne pathogenic bacteria, particularly the new specific bio-recognition elements such as bacteriophage, the use of nano-materials, and micro-fluidics techniques. Abubakar et al.¹⁹ wrote a review on the public health and cost-effectiveness of rapid diagnostic tests for the detection and identification of bacterial intestinal pathogens in food.

Conventional polymerase chain reaction (PCR)

Polymerase Chain Reaction (PCR) is an in vitro method for amplification of targeted nucleic acid fragment (DNA) using a heating source (thermocycler), and a pair of primers, a template (thermostable DNA polymerase) and dNTPs.²⁰ It has been used extensively since 1985 to rapidly detect, characterize, and identify a variety of organisms by detecting the presence of target gene fragments. PCR is a widely used tool in molecular biology to identify nucleic acid sequences.^{21,22}

In this study, we aimed to develop a rapid method (multiplex PCR) for the detection of food contaminated with (*E. Coli*, *Salmonella Typhi*, and *Shigella dysentery*), so as to minimize the public health hazard of food contamination.

MATERIALS AND METHODS

Bacterial strains

The bacterial strains used throughout this study were reference strains bacteria from

the American Type Culture Collection (ATCC), Japan Collection of Microorganism (JCM), Korean Collection for Type Culture (KCTC), National Health Lab, Federal Ministry of Health, Sudan (NHL) as shown in Table (1).

All bacterial cells were cultured and then lyophilized until they were used.

DNA extraction

DNA extraction was carried out according to the boiling cells method.

Table 1. Bacterial Strains used in this study

No.	Bacterial strain	Code
1	<i>Escherichia coli</i>	ATCC 25922
6	<i>Salmonella Typhi</i>	ATCC 122235
10	<i>Shigella dysentery</i>	NHL

Table 2. Primer sequences of species

Bacterial species	Primer	Sequence (5'-3')	Size (bp)	Reference
<i>E. coli</i>	<i>Mdh</i>	F: ACTGAAAGCCAAACAGCCAAG R: CGTTCTGTTCAAATGCGCTCAGG	392	24
	EC	F: ATCACCGTGGTGACGCATGTCGC R: CACCACGATGCCATGTTTCATCTGC	486	25
<i>Salmonella spp.*</i>	<i>IpaB</i>	F: GGACTTTTTAAAAGCGGCGG R: GCCTCTCCCAGAGCCGTCTGG	314	24
	<i>invA</i>	F: GTG AAA TTA TCG CCA CGT TCG GGC AA R: TCA TCG CAC CGT CAA AGG AAC C	284	26 27
<i>Shigella spp.*</i>	<i>IpaH</i>	F: CCTTGACCGCCTTTCCGATAC R: CAGCCACCCTCTGAGAGTACTC	600	24
	<i>IpaH2</i>	F: CGCAATACCTCCGGATTCC R: biotin-TCCGACAGGCACTGAGTT	65	23

* spp= species.

Table 3. The samples of contaminated food

Food	No. of samples
Yogurt	2
Milk	4
Egg	4
Bread	2
Meat	2
Chicken	2
Fish	2
Beef burger	2
Sausage	2
Tomato	2
Carrot	3
Total samples	27

Primers

A total of six sets of primers were chosen: two sets of primers for each strain of three bacteria as mentioned in (Table 2).

PCR protocol

Amplification of target DNA sequences was performed in a 20 µl reaction mixture in clean, sterile 0.2 ml polypropylene microcentrifuge tubes. The reaction mixture (per tube) consisted of 9.2 µl ddH₂O, 2.5 µl 10x PCR Tris-acetate EDTA Buffer³³ (100 mm Tris-HCl, 500 mm KCl, 15 mm MgCl₂, pH 8.3), 1.0 µl dNTP mixture, 1.0 µl forward primer, 1.0 µl reverse primer, 0.3 µl Taq polymerase (5U), and 5 µl DNA template as shown in Table (3). The reaction mixture was placed in a thermocycler under the following conditions: Initial temperature at 95°C for 5 minutes, followed by 35 cycles of:

(denaturation at 94°C for 1 min, primer annealing at 59°C for 1min, and extension at 72°C for 1min), an additional step at 5 min at 72°C for primer extension was added at the end of the reaction, then hold at 4°C. DNA amplicons were analyzed by gel electrophoresis. The gel used in all experiments was 1.5%. Agarose electrophoresis was performed on Thermo EC gel trays. Gels were stained with ethidium bromide (Fisher Biotech, BP1302-10). DNA amplicons and DNA markers were visualized by a UV transilluminator. Images of DNA amplicon bands were captured using a photo documentation digital camera.^{23,24}

Identification of contaminated samples using PCR technique

Twenty-seven food samples were purchased from the retail market at Khartoum

Locality, Sudan, and contaminated by serial dilution of bacterial strains as shown in (Table 3).

25 grams of each sample were placed into a stomacher sterile bag with 225 ml buffer peptone

Table 4. Bacterial inocula used in spiking food portions, expressed as log10 of colony-forming units

Bacteria	Over infectious dose	Infectious dose	Less than the infectious dose	Reference
<i>E. coli</i>	10 ⁷	10 ⁵	103	28
<i>Salmonella Typhi</i>	10 ⁷	10 ⁵	103	28-30
<i>Shigella dysentery</i>	10 ³	10	<10	28, 29

Table 5. PCR detection of *E. coli* in various artificially contaminated foods with different dilutions of *E. coli*

Type of food	Less than infectious doze			Infectious doze			Over infectious doze		
	No	+ve	%	No	+ve	%	No	+ve	%
Yogurt	2	1	50	2	2	100	2	2	100
Milk	4	4	100	4	4	100	4	4	100
Egg	4	3	75	4	4	100	4	4	100
Bread	2	2	100	2	2	100	2	2	100
Meat	2	2	100	2	2	100	2	2	100
Chicken	2	2	100	2	2	100	2	2	100
Fish	2	2	100	2	2	100	2	2	100
Beef burger	2	2	100	2	2	100	2	2	100
Sausage	2	2	100	2	2	100	2	2	100
Tomato	2	2	100	2	2	100	2	2	100
Carrot	3	2	66.7	3	3	100	3	3	100
Total	27	24	88.9	27	27	100	27	27	100

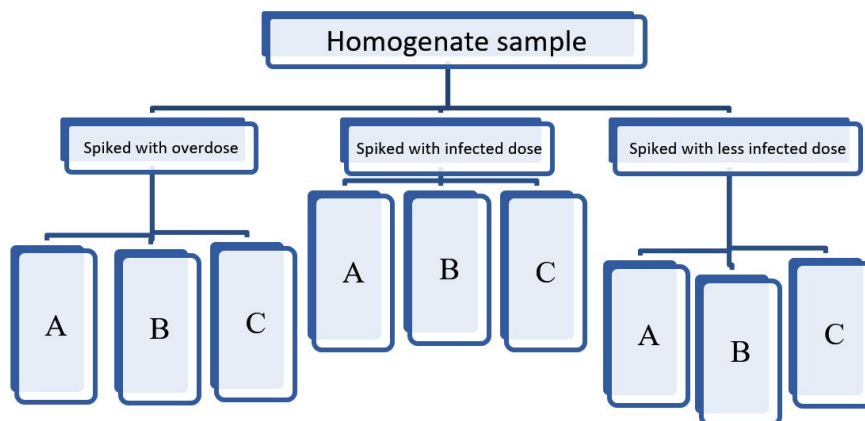


Fig. 1. DNA extraction from the contaminated food samples

A - Extract DNA directly without incubation period.

B- Extract DNA after incubated at 37°C for 8 hrs.

C- Extract DNA after incubated at 37°C for 24 hrs.

water, and samples were blended at 230 rpm for 2 min using a Stomacher (Stomacher 400, Seward, and Norfolk, UK).

Strains and dilution

Three dilutions were done for each bacterial strain. The sample from the market was:

1. Contaminated with over infectious dose of three bacteria.
2. Contaminated with the infectious dose of three bacteria.
3. Contaminated with less than the infectious dose of three bacteria.

Bacterial inocula used in spiking food portions (over-infectious, infectious dose and less

than infectious dose as log10of colony-forming units as showing in Table (4).

Isolation of DNA from contaminated samples

From each contaminated food sample there was three DNA Extraction. The DNA extraction from the contaminated food samples is shown in (Figure 1). These three DNA extractions were:

1. from contaminated food sample directly without incubation period.
2. from contaminated food sample after incubating at 37°C for 8 hours.
3. from contaminated food sample after incubating at 37°C for 24 hrs.

Table 6. PCR result of different kinds of food contaminated with a different dilution of *Salmonella Typhi*

Type of food	Less than infectious doze			Infectious doze			Over infectious doze		
	No	+ve	%	No	+ve	%	No	+ve	%
Yogurt	2	2	100	2	1	50	2	2	100
Milk	4	4	100	4	4	100	4	4	100
Egg	4	4	100	4	4	100	4	4	100
Bread	2	2	100	2	2	100	2	2	100
Meat	2	2	100	2	2	100	2	2	100
Chicken	2	2	100	2	2	100	2	2	100
Fish	2	2	100	2	2	100	2	2	100
Beef burger	2	2	100	2	2	100	2	2	100
Sausage	2	2	100	2	2	100	2	2	100
Tomatoes	2	1	50	2	2	100	2	2	100
Carrots	3	2	66.7	3	3	100	3	2	66.7
Total	27	25	92.6	27	26	96.3	27	26	96.3

Table 7. PCR result of different kinds of food contaminated with a different dilution of *Shigella dysentery*

Type of food	Less than infectious doze			Infectious doze			Over infectious doze		
	No	+ve	%	No	+ve	%	No	+ve	%
Yogurt	2	1	50	2	2	100	2	1	50
Milk	4	3	75	4	4	100	4	4	100
Egg	4	3	75	4	3	75	4	3	75
Bread	2	2	100	2	2	100	2	2	100
Meat	2	2	100	2	2	100	2	2	100
Chicken	2	2	100	2	1	50	2	2	100
Fish	2	1	50	2	2	100	2	1	50
Beef burger	2	2	100	2	2	100	2	2	100
Sausage	2	1	50	2	2	100	2	2	100
Tomato	2	1	50	2	2	100	2	2	100
Carrot	3	2	66.7	3	2	66.7	3	3	100
Total	27	20	74.1	27	24	88.9	27	24	88.9

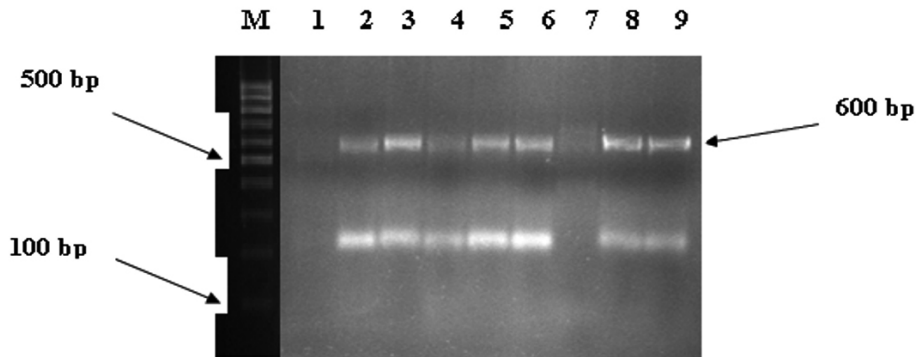


Fig. 2. Positive *Shigella dysenteriae* IpaH gene result.

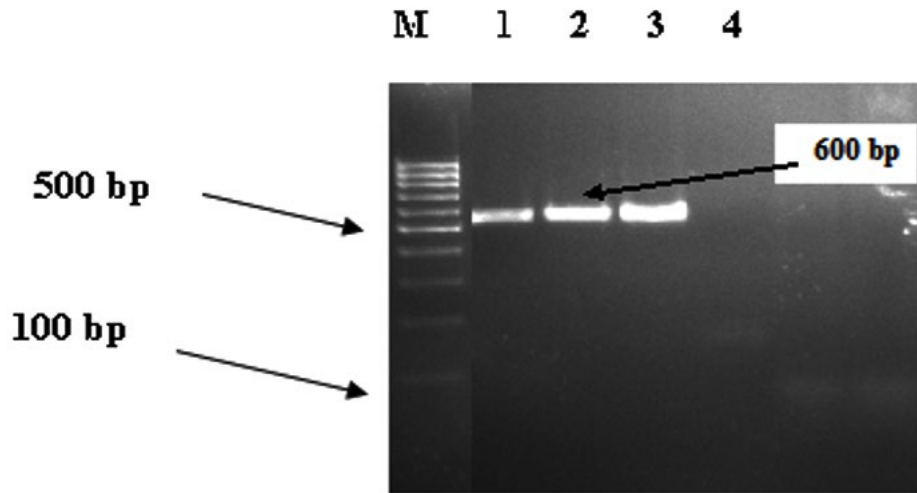


Fig. 3. Negative *Shigella dysenteriae* IpaH gene result.

Table 8. PCR result of *E. coli* for contaminated foods after different incubation periods

Type of food	Directly tested without incubation			Tested after 8 hrs Incubation			Tests of overnight culture		
	No	+ve	%	No	+ve	%	No	+ve	%
Yogurt	2	2	100	2	2	100	2	2	100
Milk	4	4	100	4	4	100	4	4	100
Egg	4	4	10	4	4	100	4	3	75
Bread	2	2	100	2	2	100	2	2	100
Meat	2	2	100	2	2	100	2	2	100
Chicken	2	2	100	2	2	100	2	2	100
Fish	2	2	100	2	2	100	2	2	100
Beef burger	2	2	100	2	2	100	2	2	100
Sausage	2	2	100	2	2	100	2	2	100
Tomato	2	2	100	2	2	100	2	2	100
Carrot	3	2	66.7	3	3	100	3	2	66.7
Total	27	26	96.3	27	27	100	27	25	92.3

So each contaminated sample has nine DNA extractions for PCR:

RESULTS

Bacterial DNA was detectable at different infection concentration levels (less infected, infected, and over infected). The three bacterial species *E. coli*, *Salmonella Typhi*, and *Shigella dysentery* were highly detectable at contaminated concentration levels tested as shown in Tables (5, 6 and 7).

E. coli was identified in all the contaminated samples tested except for yogurt and eggs in which the percentage of positive

samples were 50% and 75% respectively as shown in Table (5).

Salmonella Typhi was identified efficiently, in high percentages even in concentrations of less than infectious dose. The detection level reaches 100% for all types of food tested except for tomatoes and carrots in which, *Salmonella* had been detected in 50% and 66.7 % of samples respectively. In yogurt, the detection level decreased to 50% of samples at the infectious dose concentration. However, yogurt showed a 100% detection level in less infectious and over the infectious concentrations. The overall detection level is 96.3% (Table 6).

Table 9. PCR of *Salmonella Typhi* for contaminated foods after different incubation periods

Type of food	Directly tested without incubation			Tested after 8 hrs Incubation			Tests of overnight culture		
	No	+ve	%	No	+ve	%	No	+ve	%
Yogurt	2	2	100	2	2	100	2	1	50
Milk	4	4	100	4	4	100	4	4	100
Egg	4	4	100	4	4	100	4	4	100
Bread	2	2	100	2	2	100	2	2	100
Meat	2	2	100	2	2	100	2	2	100
Chicken	2	2	100	2	2	100	2	2	100
Fish	2	2	100	2	2	100	2	2	100
Beef burger	2	2	100	2	2	100	2	2	100
Sausage	2	2	100	2	2	100	2	2	100
Tomato	2	1	50	2	1	50	2	1	50
Carrot	3	3	66.7	3	3	100	3	2	66.7
Total	27	26	96.6	27	26	96.3	27	24	88.9

Table 10. PCR of *Shigella dysentery* for contaminated foods after different incubation periods

Type of food	Directly tested without incubation			Tested after 8 hrs Incubation			Tests of overnight culture		
	No	+ve	%	No	+ve	%	No	+ve	%
Yogurt	2	1	50	2	2	100	2	1	50
Milk	4	4	100	4	4	100	4	3	75
Egg	4	3	75	4	3	75	4	4	100
Bread	2	2	100	2	2	100	2	2	100
Meat	2	2	100	2	2	100	2	2	100
Chicken	2	2	100	2	2	100	2	2	100
Fish	2	1	50	2	2	100	2	1	50
Beef burger	2	2	100	2	2	100	2	2	100
Sausage	2	2	100	2	2	100	2	2	100
Tomato	2	2	100	2	2	100	2	1	50
Carrot	3	2	66.7	3	2	66.7	3	2	66.7
Total	27	23	85.2	27	25	92.6	27	22	77.8

Shigella dysentery was identified in less percentage at all dilutions compared to *Salmonella Typhi* except in bread, meat, chicken, and beef burger samples. At infectious and over infectious dozes the percentage was raised to 88.9% (Table 7).

We obtained 1.5% Agarose gel electrophoresis of PCR products from DNA extracted from pure bacteria. Lanes M, molecular size markers (100 bp ladder); lane 1 negative

control; lane 7 negative result; and lanes 2,3,4,5,8, and 9 positive *Shigella dysentery IpaH* gene result (Fig. 2).

Different incubation periods

DNA from the three bacterial species was detectable by the multiplex PCR in all food samples after the different incubation periods. The results of contaminated food at different incubation periods are illustrated in Tables (8, 9 and 10). Bacterial DNA was detectable at three

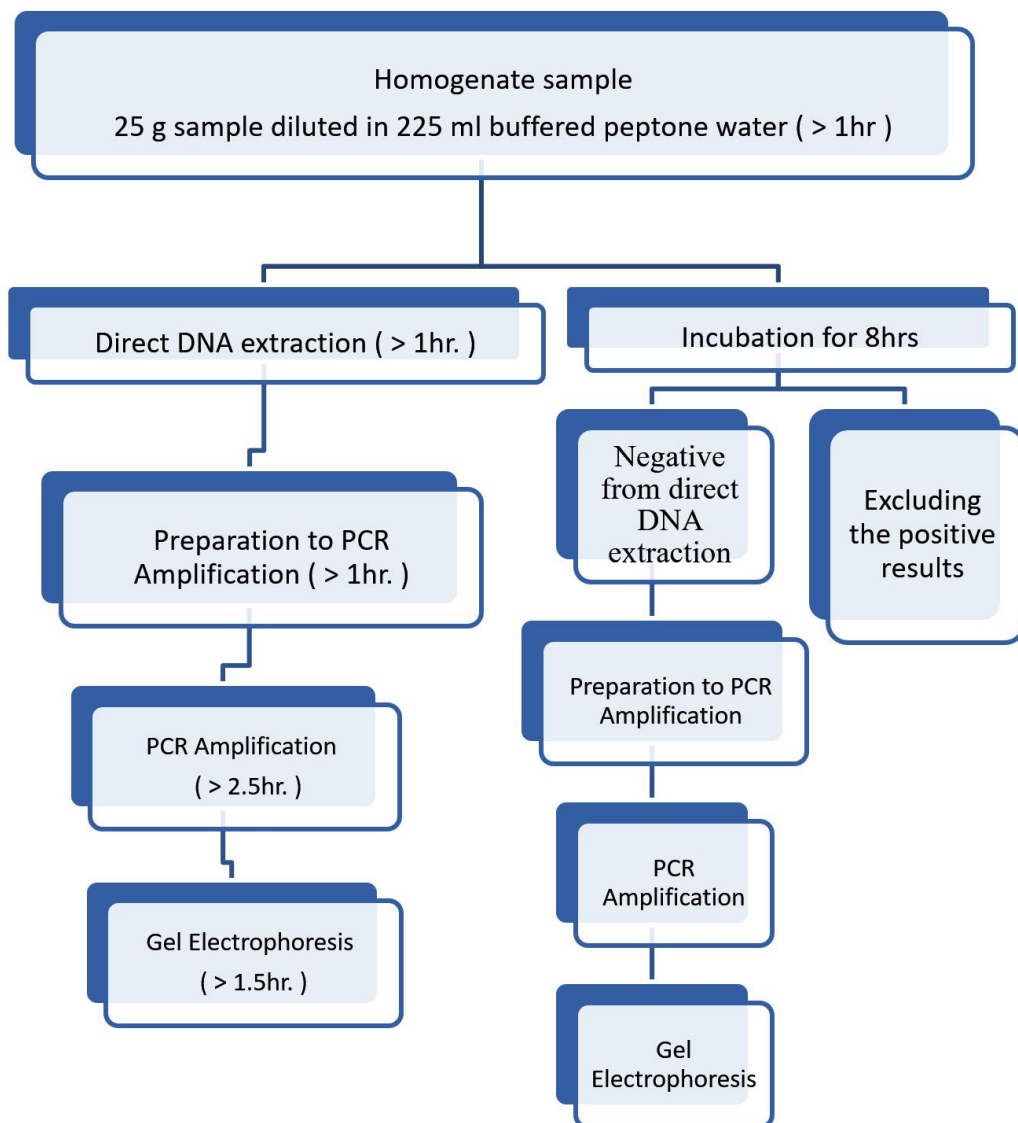


Fig. 4. Developed Multiplex PCR method for identification of *E. coli*, *Salmonella Typhi*, and *Shigella dysentery* used in this study.

different incubation periods for all the food tested. Vegetables and yogurt showed a less degree of detection.

Examples of PCR amplification products from detectable DNA of contaminated food were shown in (Tables 9 and 10).

We obtained 1.5% Agarose gel electrophoresis of PCR products from DNA

extracted from contaminated food samples. Lanes M, molecular size markers (100 bp ladder); lanes 1, 2, 3 positive result; and lane 4, negative *Shigella dysentery IpaH* gene result as shown in (Fig. 3).

The developed multiplex PCR method for identification of *E. coli*, *Salmonella Typhi*, and *Shigella dysentery* used in this study is showed in (Figure 4). The comparison between

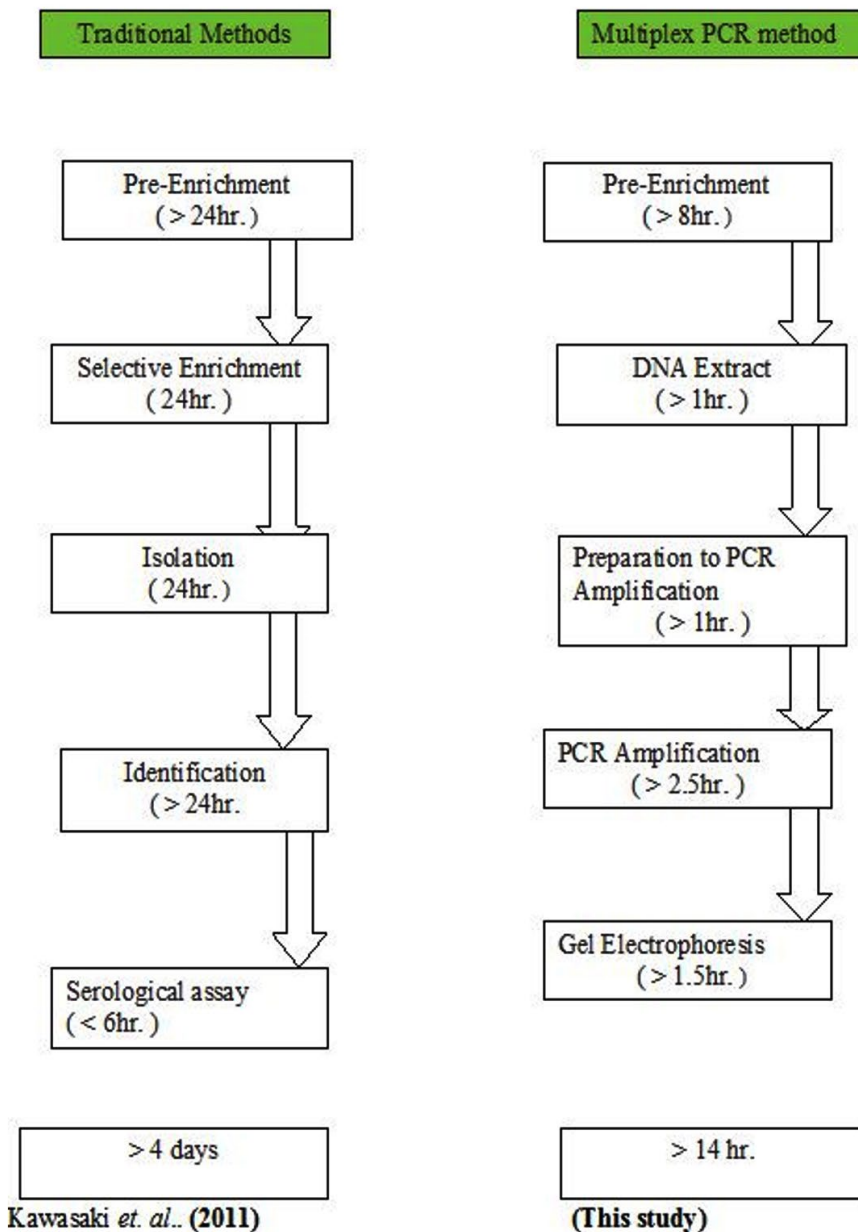


Fig. 5. Comparison between traditional and current Multiplex PCR methods for identification of species used in this study.

traditional and current Multiplex PCR methods for identification of species used in this study is showed in (Figure 5).

DISCUSSION

This study is aimed to facilitate rapid, accurate detection in reasonable efforts and costs that are attainable. A rapid multiplex PCR method was performed to detect *Escherichia coli*, *Salmonella Typhi*, and *Shigella dysentery* strains contaminating food. Two sets of primers for each bacterium were chosen. Of the six sets of PCR primers, the Mdh primer pair for *Escherichia coli*, IpaB primer pair for *Salmonella Typhi*, and IpaH1 primer pair for *Shigella dysentery* were the best primers sets. Many multiplex PCR studies were done before to detect the foodborne pathogens in food, Lun et al.²⁶ identified six common foodborne pathogens. Detection of *Escherichia coli* O157:H7 using multiplex PCR was developed by Apirak et al.³¹ The suitability of a PCR procedure was evaluated as a means of detecting *Salmonella* species by Pathmanathan et al.³² Fukushima et al. established a new phylogenetic tree for the classification of *Salmonella*, *Shigella*, and *Escherichia coli* using the PCR method.³² In this study, the sensitivity to detect *E. coli*, *Salmonella Typhi*, and *Shigella dysentery* in contaminated food in the concentration of the infective and the over infective doses were 100%, 96.3%, and 88.9% respectively for the three bacteria. The sensitivity of the methods was 100% in a beef burger, meat, and bread samples, and then it decreased in other types of foods. In the less than the infectious dose concentration, the sensitivity of *E. coli* was about 88.9%. In such dose concentrations, the sensitivity of the methods was less effective in some types of foodstuff like yogurt (pH \leq 4.4) which showed a lower sensitivity of 50% and a sensitivity of 75% for the eggs (pH approximately 8).³⁴ This may be due to large variation in the pH of these types of food that may affect the PCR optimization conditions and exceed the capacity of the buffer used.

The multiplex PCR for the specific detection of *Salmonella Typhi* is showed a sensitivity of (92.6%) and there was no variation in sensitivity between the different contaminated foods. Nevertheless, a lower sensitivity was recorded in yogurt. The sensitivity of the detection of *Shigella dysentery* in less infected doses was equivalent

to 66.7%. Such low sensitivity may attribute to the fewest number of cells in such infectious dose which is only 10 cells.³⁵ Determination of an optimum sampling time for bacterial inspection is a crucial factor for food safety. Tests carried out in the laboratory for contaminated samples showed no significant difference in detection of bacteria after incubation for 8 hours, 24 hours, or even without incubation period. Therefore, the most suitable, reliable, and sensitive result for all three bacteria was obtained without incubation period or after 8 hours of incubation. By the multiplex PCR method used in this study not only the time will decrease to less than 15 hours, but also the assessment of the microbiological quality of food, water, and medications will happen rapidly, resulting in increased safety.

CONCLUSION

A multiplex PCR technique as a rapid method; was performed using Mdh primer pair to detect *Escherichia coli*, IpaB primer pair to detect *Salmonella Typhi*, and IpaH1 primer pair to detect *Shigella dysentery*. The sensitivity of the mPCR was very high, even in concentrations of less infected doses. The three bacterium species were all detected (100%) in the limit of infected and over infected doses. The most suitable, reliable, and sensitive result for all three bacteria can obtain without incubation period or after 8 hours of incubation.

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None.

CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

AUTHORS' CONTRIBUTION

EBHA, MOE, and NME performed the experiments. EBHA, MOE, NME, THS, AMA, AAO, and MSA analyzed the data. EBHA, MOE, NME, THS, AMA, AAO, and MSA wrote the manuscript. All authors read and approved the final manuscript for publication.

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None.

DATA AVAILABILITY

All datasets generated or analyzed during this study are included in the manuscript.

ETHICS STATEMENT

This article does not contain any studies with human participants or animals performed by any of the authors.

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