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RESEARCH ARTICLE



Biofilm Formation and Antibiotic Resistance of *S. aureus* Strains Isolated from Chronic Traumatic Wounds

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Abstract

Staphylococcal biofilms are the prominent cause of chronic wound infection and antibiotic resistance. It acts as a reservoir for bacteria, making wound healing difficult. Biofilm infections increase the hospital stays and cost to the patients. The current study explores the phenotypic and genotypic detection of S. aureus biofilm from chronic traumatic wounds and their association with antibiotic resistance. A prospective observational study was conducted from April 2020 to March 2021. S. aureus isolates were identified by the MALDI-TOF. Antibiotic susceptibility was determined by VITEK 2. Biofilm production detected by tissue culture plate method and associated *ica* genes were diagnosed through multiplex PCR. Overall, 67 isolates were investigated. The frequency of biofilm production in S. aureus was 73.1%, and most of the isolates were moderate biofilm producers (38.8%). The presence of intracellular adhesion (ica) operon among these isolates was 85.7% and also significantly associated with the strength of biofilm mass formation. Ica A was the predominant biofilm-producing gene (42.9%). Biofilm producing Methicillin-resistant S. aureus were as high as 75%, and multidrug resistant strains were significantly associated with biofilm formation. But frequency of ica genes were noted more in Methicillin sensitive S. aureus (65.2%). High frequency of biofilm in S. aureus of isolates was responsible for the development of chronic non-healing traumatic wounds. Biofilm-producing isolates showed greater multidrugresistance. Phenotypically MRSA expressed more biofilm, but ica operon was documented in MSSA. It emphasized the further need for ica independent pathway exploration for MRSA biofilm synthesis.

Keywords: MRSA, Biofilm, Ica operon, traumatic wound, Multidrug resistance

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INTRODUCTION

Staphylococcus aureus, together with methicillin resistant S. aureus (MRSA), is a predominant pathogen identified in chronic traumatic wound infection. It possesses several virulence factors. Biofilm formation is one of the important virulence factors this bacteria retains and is considered a severe problem, specifically in chronic wound infection. S. aureus attaches to the highly proteinaceous surfaces of wounds and forms multi layered exopolysaccharide matrix surrounding the bacterial cells. It protects the bacteria from adverse environments by shielding them from various external and internal factors. This virulence factor delays the drug penetration, promotes antimicrobial resistance, impair wound healing & increases the chronicity of the wound.¹

S. aureus biofilm production is chiefly regulated by intercellular adhesion operon (*ica* operon).² Several *ica* independent factors also contribute to the manufacturing and maintenance of biofilm. These are biofilm-associated protein (Bap), clumping factor A and B (ClfA and ClfB), fibronectin binding proteins A and B (FnBpA and FnBpB), and etc.³

MRSA shows resistance to various antibiotics and it is inevitable in biofilm-producing strains. Some antibiotics induce biofilm in these MRSA isolates on exposure to sub MIC concentrations.⁴

Traumatic wounds smeared with MRSA biofilm require prolonged antibiotic therapy and repeated debridement, which increase the hospital stay and add over the cost to the patients. Significant progress in the development of remedies against these biofilm infection producing strains is still lacking. Therefore, this study was focused on ascertaining the phenotypic and genotypic characteristics of *S. aureus* biofilm from chronic traumatic wounds and their relation with antibiotic resistance.

MATERIALS AND METHODS

Identification and Antimicrobial Susceptibility testing

A total of 67 strains of *S. aureus* isolated from the chronic traumatic wound infections were analysed for biofilm. Deep wound swabs (48), tissues (11), and pus samples (19) were collected for the analysis from the patients admitted to our tertiary care hospital from March 2020 through March 2021. Biological samples were cultivated on 5% sheep blood agar and MacConkey agar. S. aureus strains identified by an automated mass spectrometry microbial identification system that uses Matrix Assisted Laser Desorption Ionization Time-of-Flight (MALDI-TOF) technology. It examines the patterns of proteins detected directly from intact bacteria. The sample to be analyzed is mixed with another compound, called a matrix to generate charged molecules and to measure their mass-to-charge ratio. Such molecular signatures used for rapid bacterial identification (ID) from isolated colonies. Antibiotic sensitivity testing was carried out by Vitek[®]2 (BioMerieux, Inc, Durham, NC) for the following antibiotics: Cefoxitin, oxacillin, gentamicin, ciprofloxacin, trimethoprim-sulfamethoxazole, erythromycin, doxycycline, clindamycin, vancomycin, linezolid, teicoplanin.

Phenotypic detection of Biofilm

The Tissue culture plate (TCP) method was used for the phenotypic analysis of the biofilm of *S. aureus* strains.⁵

An enriched medium Trypticase soya broth contains pancreatic digest of casein and papaic digest of soyabean meal supplemented with additional 1% Glucose was used for detecting biofilm production in tissue culture plates. The bacterial suspension was added to this medium. After inoculation, the tissue culture plates were incubated at 37°C for 24hours. Each well of the TCP was washed with phosphate-buffered saline of pH 7.2. Microtiter plates with the attached bacteria were fixed by adding methanol into each well of the microtiter plate and kept at room temperature for 20 minutes. The biofilm layer formed by the bacteria in the microtiter plate was stained by using Hucker's 2% crystal violet for 15 minutes at room temperature. The optical density of each stained well was measured at 570nm using a microtiter plate reader (Thermo Scientific, Zürich, Switzerland). Each assay was performed three times, and the results were averaged. S. aureus ATCC 25923 was used as positive control, and three wells with TSB + 1 % glucose alone were kept as a negative control. Interpretation of biofilm production was executed according to the criteria described by Stepanovic et al.⁵ The bacteria were categorised into non-producers, weak, moderate, or strong biofilm producers.

Detection of intracellular adhesion genes (*ica*)

S. aureus ica genes ica A, and ica C were detected by multiplex PCR. Qiagen (Germany) DNA extraction kit was used to extract S. aureus genomic DNA. The amplification cycle consisted of one cycle of denaturation at 95°C for 5 min, followed by 35 cycles of denaturation at 95°C for 1 min, annealing at 55°C for 30 s, and elongation at 72°C for 1 min, with a final extension at 72°C for 5 min. The amplified products were visualized by electrophoresis in an agarose gel stained with ethidium bromide. The primers specific for the ica A, and *ica* C, are listed in Table 1.

Statistical analysis

Descriptive statistics, such as frequencies, and percentages were used. Comparisons between categorical variables were performed using the chisquare test. Univariate logistic regression analysis

Table 2. Association between biofilm production and ica genes

Table 1. Primer sequence of <i>ica</i> genes			<i>lca</i> genes	Strength of biofilm production		
Gene	Primer	Amplified		Strong (5)	Moderate (26)	Weak (18)
Name	sequence	Size	Ica A (%)	4 (80)	10 (38.5)	7(38.9)
ica A	F- TCGTTGATCAAGATGCACCA			p=.00	p=.004	p=.007
	R- CCAACATCGACAACTGCACT	238	Ica C (%)	-	1 (3.8%)	1 (5.6)
ica C	F- TTATTTCGTCGTCCCACCCC		Ica AC (%)	-	10 (38.5)	9 (50)
	R- AGTAAAACATTGGGCGAGGC	199			p=.003	p=.001

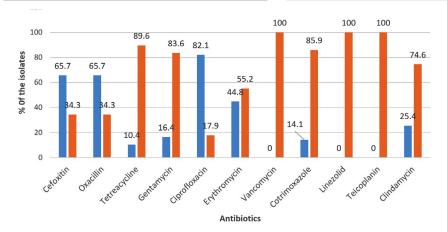
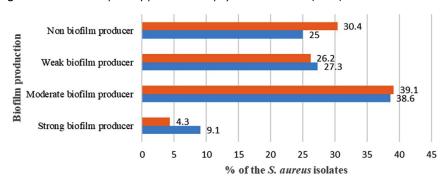


Fig. 1. Antibiotic susceptibility pattern of Staphylococcus aureus (n=67).



MSSA MRSA

Fig. 2. Biofilm formation by MRSA and MSSA strains(%).

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followed by multivariate analysis was performed to analyse the association between biofilm production and *ica* gene carriage. A p-value less than 0.05 was considered statistically significant.

RESULTS

A total of 67 *S. aureus* strains were explored. Among them, MRSA was 65.7% (44/67). Out of 44 MRSA isolates, 15 (34.1%) isolates were found to be multidrug-resistant. Entire *S. aureus* isolates were sensitive to teicoplanin, vancomycin, and linezolid. Other than these drugs, they showed overall high susceptibility to doxycycline (89.6%) followed by cotrimoxazole (85.9%). The least susceptibility was seen for ciprofloxacin (17.9%), and it was also documented more in biofilm-producing isolates. (Fig. 1) (Table 3).

A total of 49 (73.1%) isolates produced the biofilm and 18 (26.9%) isolates were non-biofilm producers. Based on absorbance values at 570nm, 5 (7.5%) out of 67 strains were found to be strong biofilm producers, 26 (38.8%) were moderate, and 18 (26.8%) were weak biofilm producers. Biofilm producing isolates were analysed for carriage of *ica* genes. The presence of the *ica* operon was noted in 85.7% (42/49) of *S. aureus*. The isolates harboured *ica* AC gene was 38.8% (19/49). Only *ica* A and *ica* C genes were present in 42.9% (21/49) and 4% (2/49) of the isolates, respectively. The comparison of the strength of biofilm formation by the isolates with *ica* genes divulged that only *ica* A was significantly associated with weak to strong biofilm production. In contrast, *ica* AC was associated with moderate to weak biofilm production. (Table 2)

Among 67 isolates, 44 (65.7%) isolates were MRSA. Biofilm producing MRSA and MSSA were 75% (33/44) and 69.6% (16/23), respectively. A large number of MRSA (38.6%; 17/44) and MSSA (39.1%, 9/23) produced biofilm at moderate strength (Fig. 2).

The majority of the MSSA (65.2%; 15/23) possessed biofilm forming *ica* genes compared to MRSA (61.4%, 27/44). Most of the MSSA was only *ica* A gene (34.8%; 8/23) positive, whereas MRSA isolates had both *ica* A and C (29.5%; 13/44) (Fig. 3).

 Table 3. Correlation of antibiotic resistance with the biofilm production

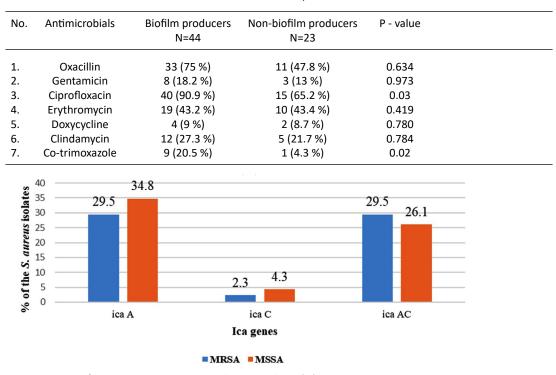


Fig. 3. Carriage of *ica* genes among MRSA and MSSA isolates (%).

Out of 44 MRSA isolates, 15 were MDR MRSA. Among 15 MDR MRSA strains, 10 (66.7%) were biofilm producers, and 5 (33.3%) were non-biofilm producers. All MDR MRSA strains significantly produced the biofilm with a p-value of .020.

DISCUSSION

Chronic wound infections are an important cause of a significant healthcare burden. Delayed wound healing increases hospitalisation due to prolonged treatment and leads to amputation. S. aureus is one of the important microorganisms isolated from these chronic wounds. They express an important virulence factor like biofilm that impairs the healing of chronic wounds. The frequency of biofilm production by S. aureus was 73.13%, and maximum isolates were moderate biofilm producers (38.8%). Only 7.5% were strong biofilm producers. Earlier high occurrence of biofilms was well documented. Malone et al. observed a prevalence of 78.2% biofilm in chronic wounds, while Asati et al. found in 68.9% of burn wounds examined.^{6,7} A study by Piechota et al. also noted moderate biofilm production (48%) by most S. aureus strains isolated from the wound.⁸ The ica ADBC locus mediates this biofilm synthesis of S. aureus strains. The presence of the ica operon was noted in 85.7% of S. aureus. Bimanand L et al. also indicated that ica is positively associated with biofilm production.9 In our study, few strong to moderate biofilm-producing isolates were found to be ica negative. The PIA-independent mechanism of biofilm formation must account for this. Strains with *ica* AC had moderate to weak biofilm, whereas strains possessed only ica A significantly strong biofilm producers. The presence ica locus was also significantly associated with the strength of biofilm mass formation, and there was no significant difference in the distribution of the *ica* genes in strong and weak strains. It is similar to the findings of others.¹⁰

The relationship between biofilm production and resistance to antibiotics was also assessed. The preponderance of MRSA ranges from 13 to 74.0% in different parts of the world.¹¹ In this study, 75% of isolates were MRSA. It was found that resistance levels to antibiotics significantly for ciprofloxacin and co-trimoxazole were more for biofilm-producing S. aureus strains. A similar observation was noted by Bhattacharya et al. in their study also.¹² Biofilm is one of the significant factors in the foreground for the emergence of multidrug resistance S. aureus. MRSA produced more biofilm compare to MSSA. Significantly MDR strains were frequent producers, which is in accordance with the observations obtained by Neopane et al.¹³ Earlier studies conducted by S Jain et al. and Neetu Peedikayil et al. showed a high prevalence of biofilm production among MRSA isolates.^{14,15} Ica genes were found more among MSSA compare to MRSA. This finding of our study is similar to others where authors mentioned PIA plays a significant role in biofilm development of MSSA rather than MRSA.¹⁶ In MRSA, it is mediated by accessory gene regulator (agr) and Staphylococcal accessory regulator (SAR). So ica independent mechanism is essential for MRSA biofilm-producing strains.

CONCLUSION

The current study revealed that the frequency of biofilm-producing MRSA strains in chronic traumatic wound infection is relatively high, and multidrug resistance was more with biofilm-producing strains. Phenotypically most of them produced biofilm at moderate strength. But possession of *ica* operon that encodes the synthesis of biofilm was more observed in MSSA. It highlights that further analysis is required on *ica* independent pathway for MRSA biofilm synthesis. Worrisome increases of multidrug resistance among biofilm-producing isolates also deserve future attention.

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None.

CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

AUTHORS' CONTRIBUTION

BB and PS conceived and designed the experiments. PS and KTA conducted experiments, collected data and prepared first draft of the

manuscript. BB and KTA revised the manuscript and structured the work order. All authors read and approved the final manuscript for publication.

FUNDING

None.

DATA AVAILABILITY

All datasets generated or analyzed during the study are included in the manuscript.

ETHICS STATEMENT

This study was approved by the Institutional Ethics Committee, Kasturba Medical College and Kasturba Hospital, Manipal, Karnataka, India (IEC:189/2020).

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