

A Proteomics Approach to Identify Possible Biomarkers of Early and Late Stages of *E. coli*-induced Urinary Tract Infections

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Abstract

As one of the most common bacterial infections globally, urinary tract infections (UTI)s affect the bladder and kidneys of many the bladders and kidneys of many. Along with gram-negative bacteria, *Escherichia coli* (*E. coli*) causes nearly 40 % of nosocomial UTIs, 25% of recurrent infections, and between 80 to 90% of community-acquired infections. Proteomics, commonly used to study changes in protein expression of organisms, can be used to explore candidate biomarkers useful for the diagnosis of pathological conditions. Here, protein profiles of samples from patients diagnosed with *E. coli*-induced UTI were compared to identify distinctive proteins. Extracted proteins from bacteria from patients' urine samples were separated into excisable spots using 2D-gel electrophoresis. The gels were then analyzed using Progenesis SameSpot software to select uniquely expressed protein spots, excised, and analyzed by LC/MS. The results were then compared against a database of known proteins. We identified two proteins, outer membrane protein A (OmpA) and RNA polymerase-binding transcription factor (DksA), involved in the survival of *E. coli* in the harsh environment of the host. We suggest their use as a part of a battery of possible biomarkers proteins for *E. coli*-induced UTI, and suggest that their overexpression is possibly associated with the stage of infection, early or late.

Keywords: 2D gel electrophoresis, *Escherichia coli*, UTI, OmpA, DksA

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INTRODUCTION

As one of the most common global bacterial infections, urinary tract infections (UTI)s affect predominantly the bladder and kidneys of many¹. Annually, more than seven million people from around the globe are diagnosed with UTI infections, of which one million people visit the emergency room due to UTI complications. Globally, UTIs put much economic pressure on national health institutions and so must be combatted². In fact, by 2003, the cost of treating UTI in adult women reached nearly \$2 billion annually in the US alone, which includes doctor visits, prescription of antibiotics, and hospitalization³. This number continued to grow and was estimated to be around \$2.8 billion due to 400,000 UTI-related hospitalizations by 2011⁴. Generally, women are more likely to be infected with symptomatic UTIs, where one in three will develop at least a UTI once in her lifetime, due to several factors including but not limited to their age and their sexual activity. In addition, female anatomy and low level of estrogen, particularly post menopause, might increase susceptibility to symptomatic UTIs in females⁵. Moreover, symptomatic UTIs can be more common in individuals with congenital defects of the urinary tract^{6,7}, individuals with urinary obstruction⁸, and in patients hospitalized for long time⁵. Behaviors like using birth control such as condoms or spermicidal sprays might be a cofactor in symptomatic UTIs⁹. On the other hand, asymptomatic UTIs are found in geriatric patients, diabetic patients, spinal cord injury patients, and at a high incidence in catheterized patients and individuals with poor hygiene habits⁹⁻¹². Asymptomatic infections occur at high frequency in patient with asymptomatic bacteriuria (ABU), which is mainly caused by *Escherichia coli* (*E. coli*). However, ABU infections may protect patients from virulent *E. coli*-induce UTIs and is suggested to reduce the risk of recurrent infections¹⁰. In addition, ABU causing strains are unable to express virulence determinants especially surface exposed adhesion molecules¹³. Therefore, some types of ABU causing strains such as 83972 can be used as prophylactic treatment¹⁰.

While gram-negative bacteria are a major cause of UTIs, *E. coli* is the causative agent of agent of 25% of recurrent UTIs, nearly 40%

of nosocomial UTIs, and between 80 to 90% of community-acquired UTIs^{2,14}. Based on the site of infection, *E. coli* can be classified into intestinal and extraintestinal pathogenic bacteria with several strains that can act as uropathogenic *E. coli* (UPEC). Inside the host, UPEC becomes an opportunistic intracellular pathogen by releasing virulence factors to establish intracellular bacterial communities that aid in colonizing the urinary tract causing cystitis and pyelonephritis. In response to UPEC colonization, the host's immunity system is activated and produces cytokines, causing neutrophil influx, and the exfoliation of infected bladder epithelial cells¹⁵. UPEC starts to adapt and grow in the new environment by releasing some of its virulence factors coded for by genes of iron acquisition systems, adhesions, and secreted toxins; these genes that are often encoded within regions known as pathogenicity islands¹⁶. Consequently, UPEC binds to new cells and replicate within endosome-like structures of the cells from where can cause recurrent UTIs¹⁷. A study conducted to showcase genomic differences between ABU strains, UPEC strains (536 and CFT073), and non-pathogenic laboratory strains (MG 1655 (k-12) and Nissle 1917) revealed that differences in virulence genes are due to point mutations, DNA rearrangements, and DNA deletions. The study showed that residual ABU strains were found to have no virulence determinants and were unrelated to UPEC¹⁸. Nonetheless, what is of importance is the fact that the same strain isolated from different sites could exhibit alternate virulence factors. For instance, Hly virulence factors were found in many *E. coli* isolates from women with cystitis and only in a few fecal isolates, and the PapC gene and adhesion genes were found in 41 out of 42 urine isolates but only in 10 fecal ones¹⁹. Such studies specifically confirm the differences in proteomic profiles of *E. coli* isolates taken from urinary tract and those isolated from feces. Smith and colleagues showed proteomic diversities in proteomic profiles among 34 clinical *E. coli* isolates taken from UTI cases. The researchers employed 2D gel electrophoresis (2DGE), chromatography and mass spectrometry for protein identification and revealed that every patient has his own unique proteome or bacterial population different from the other patient. What is more interesting, researchers found that the

proteome of *E. coli* isolated from a patient with a three-months apart recurrent infection were indistinguishable, and so suggesting that recurrent infection might be caused by the same bacterial population. Similar to other research, they found differences in proteomes of *E. coli* isolates from urinary tract versus those isolated from feces¹⁴.

Proteomics analysis is commonly used to study the differences between virulent and avirulent strains of the same organism. However, it might be challenging as bacterial expressed protein profiles change depending on their growth conditions¹⁴. The importance of proteomics lies in its ability to detect post translational modifications of proteins, while the genomics has ability to predict the synthesized proteins²⁰. Similar work using sequential passaging was used to trigger adaptation and alteration of the proteomic profile of *E. coli* isolated from several patients led to the identification of survival-associated proteins at higher expression, and hence factors aiding in the recurrence of UTI²¹. Here, the protein profiles of samples from patients diagnosed with *E. coli*-induced UTI were compared to identify new proteins and add to a database of distinctive ones to be explored in future studies and suggest a fingerprint to rapidly diagnose UTI.

MATERIALS AND METHODS

E. coli Isolates

Secondary use of seven anonymous de-identified samples from cases of symptomatic *E. coli* induced UTIs, originally obtained for medical laboratory testing and not intended for this project, were collected from the Aberdeen Royal Infirmary; ethical committee approval was not necessary. The samples were numbered according to their collection (7, 14, 15, 18, 272, 274, and 277). Samples were streaked for single-colony isolation on MacConkey agar plates and aerobically incubated at 37°C overnight. Isolates suspected to be *E. coli* were selected and were checked by matrix assisted laser desorption/ionization time-of-flight (MALDI-TOF) biotyper (Bruker Daltonics, Germany) following the manufacturer's protocols to confirm presence of *E. coli*.

Microorganism Profiling using MALDI Biotyper

Identification of bacterial isolates were done as previously described with slight modifications²². Briefly, washed *E. coli* isolates

from Colombian agar, fixed in 70% formic acid and acetonitrile, were spread onto a steel MALDI target plate and let to dry. 1 µL of 1% α-cyano-4-hydrocinnamic acid (HCCA) matrix (Bruker, Bremen-Germany) suspension in organic solvent (2.5% trifluoroacetic acid and 50% acetonitrile) was overlaid on dry bacterial pellets and left to dry at room temperature. The processed bacterial isolates were tested and analyzed using Bruker Daltonik MALDI-TOF Biotyper (Bruker Daltonik, Germany).

Protein Extraction

Briefly, single colonies were spread on Colombian agar and aerobically incubated overnight at 37 °C. The bacteria was collected from the plate and rinsed in 1 ml of phosphate buffered saline solution (PBS) in microcentrifuge tubes. Next, the tubes were spun down for 5 minutes at 11,000 RPM to discard the supernatant. The pellets were then washed three times in 1 mL of PBS before the final resuspension in 1 mL of the same solution. To determine the accurate mass of bacteria, a 1:50 dilution was prepared using 100 µL of the final bacterial suspension and the optical density (OD) was measured at 600 nm using a spectrophotometer. The remainder of the original bacterial suspension was recentrifuged at 13,000 RPM for 5 minutes, supernatants was completely removed, and pellets were resuspended in 2DGE lysis buffer (Bio-Rad, Germany) at a concentration of 100 µL for every 0.1 OD₆₀₀. Next, suspensions were placed in ice for 10 minutes, sonicated 3 times at 20-seconds intervals using the Sonic Dismembrator FB-505 (Fisher Scientific, USA), and spun down for 5 minutes at 13,000 RPM. Finally, the supernatants containing bacterial lysate were replaced in newly labelled microcentrifuge tubes and stored at -80°C for later analysis.

Bacterial Proteins Analysis using 2DGE

Two-dimensional gel electrophoresis was carried out following the manufacturer protocol. Briefly, for isoelectric focusing, phase one of the procedure, 125 µL of the lysate was placed in a reswelling tray. Next, 7 cm of immobilized pH gradient dehydrated IPG strips (pH range 4-7, GE Healthcare) were placed into the lysate protein samples. A pH range of 4-7 provided adequate resolution as previously published²³. The strips were overlaid with Dry Strip Cover Fluid (GE Healthcare, Sweden) and left covered overnight

to rehydrate. Then, the now rehydrated IPG strips were electrophoresed in the Multiphor II electrophoresis system (GE Healthcare, Sweden), with the basic ends placed toward the cathode. Two filter wick strips cut to 11 cm were moistened in MilliQ water and placed over the edges of the IPG strips. The electrophoresis protocol was as follows: 1 minute at 200 V, 90 minutes at 3,500 V, then finally 65 minutes at 3500 V; the current was set at 200 Amperes, and the power was set at 5 Watts. Following electrophoresis, strips were removed, blotted then stored at -20°C. Next, the second dimension gel electrophoresis and phase two of the procedure was carried out following the manufacturer protocol. Briefly, after warming up at room temperature, the IPG gel strips were equilibrated with 10 mg/mL dithiothreitol (DTT) in IPG equilibration buffer 34 g of ammonium sulphate, 4 mL of phosphoric acid, 68 mL of methanol in 100 mL of water for 30 minutes while softly rocking side-to-side, then in 25 mg/mL iodoacetamide buffer for 30 minutes while softly rocking side-to-side. Next, IPG gel strips were washed in MilliQ water then in electrophoresis running buffer. The strips were then placed in the designated trough in the Invitrogen precast gels cassette (Bio-Rad, Germany), assembled in the SE250 electrophoresis units (GE Healthcare, Sweden), and electrophoresed for one hour at 75 V then for 2.5 hours at 150 V. Once the run was complete, gels were removed from their plastic casting and fixed while softly rocking side-to-side overnight in a fixative solution (2% mL phosphoric acid and 50% ethanol in MilliQ water). Gels were then washed three times for 30 minutes in MilliQ water then stained while softly shaking with 0.5 g of Coomassie brilliant blue G250 stain in equilibration buffer (Bio-Rad, Germany) for up to 4 days. Finally, after washing gels three times in MilliQ water, the gels were scanned using ImageScanner III (GE Healthcare) to generate 16-bit, 600 dpi, image files for analysis.

Protein Profiles Comparative Analysis

For comparative analysis between samples, the gels scans were analyzed by Progenesis SameSpots software, version 4 (Nonlinear Dynamics, UK). In brief, to eliminate random errors due to loading variation, the software selects a reference gel amongst all

sample gels based on a least-significant difference (LSD) post hoc ANOVA analysis of the images at a significance limit of 0.05, hence identifying only statistically unique spots. The Same-Spots software internal algorithms normalize the averages of spot intensities against the selected reference as ratios. To identify large variation possibly caused by genuine up- and down-regulation of proteins are calculated on a log scale above or below a zero average. Each unique spot is then given a number identifiable by the Progenesis SameSpot software. Two protein spots were selected based on their peculiarity or prominent change, and ease of excision from the gel.

Protein Spots Analysis by LC-MS/MS

Protein spots labeled by Progenesis SameSpots software to be unique were selected to be identified using LC-MS/MS. Spots were excised based on clarity and ease of excision to avoid contamination from the stained gel, placed in a labelled microcentrifuge tubes and reduced for 20 minutes at 60°C with DTT, S-alkylated for 10 minutes at 25°C with iodoacetamide, and finally digested for 8 hours at 37°C with trypsin. The treated sample was then dried by rotary evaporation, redissolved in 0.1% formic acid, then transferred to a 96-well sealed plate for LC-MS/MS analysis. Finally, using the Mascot program, LC results were analyzed and a score list of best matched proteins is generated based on a non-probabilistic basis for ranking.

RESULTS

Bacterial Strains

The bacterial strains of isolates from the seven samples were verified by MALDI-TOF biotyper then classified using BDMBCR to be one of three strains associated with UTIs (Table 1).

Protein Identification

Protein samples extracted from the bacterial cultures isolated from the seven UTI samples were analyzed by 2DGE and Progenesis SameSpots software. The excised spots were then analyzed using LC-MS/MS and the Mascot program to identify the protein. The software aligns the selected images for side-by-side comparison of spots common to all samples (Fig. 1 and 2, Panel B). The program also generated a 3D montage from the selected spots of interest from the

Table 1. Bacterial strains identified by Bruker Daltonik Biotyper

Sample	Bacteria	Strain	Score
7	<i>Escherichia coli</i>	<i>Escherichia coli</i> DH5alpha BRL	2.294
15	<i>Escherichia coli</i>	<i>Escherichia coli</i> DH5alpha BRL	2.174
18	<i>Escherichia coli</i>	<i>Escherichia coli</i> DH5alpha BRL	2.145
14	<i>Escherichia coli</i>	<i>Escherichia coli</i> MB11464_1 CHB	2.123
274	<i>Escherichia coli</i>	<i>Escherichia coli</i> MB11464_1 CHB	2.288
277	<i>Escherichia coli</i>	<i>Escherichia coli</i> MB11464_1 CHB	2.131
272	<i>Escherichia coli</i>	<i>Escherichia coli</i> B421 UFL	2.019

different gels representing the samples for better visualization of the intensity of the stain, and so the relative amount of expressed protein (Figure 1 and Figure 2, Panel C).

Spot number 1128 was highly prominent in all samples except in samples 7 and 14 and was excised from sample number 18 (Figure 1). Spot number 1438 was very weakly observed in samples number 18 and 274, weakly observed in samples 7 and 272, and highly prominent in sample number 15 and accordingly was excised from it (Figure 2). For spot 1128 from sample number 18, the most significant hit by LC-MS/MS with a Mascot score of 198 was identified as outer membrane protein A (OmpA). As for spot 1438 from sample number 15, the most significant hit by LC-MS/MS

with a Mascot score of 737 was identified as RNA polymerase-binding transcription factor DksA.

DISCUSSION

UTIs are the most common bacterial infection affecting the young and old and should be readily treated to avoid serious complications. Currently, the diagnosis of UTIs is dependent on patient reporting of symptoms and laboratory testing, however the identification of the bacterial agent causing it can be lengthy²⁴. Hence, the search for biomarkers to quickly identify bacterial agent causing illnesses is one of the hallmarks of medical technology and advancement in early diagnosis and treatment. In this study, we aimed to identify key proteins that could be a part of a

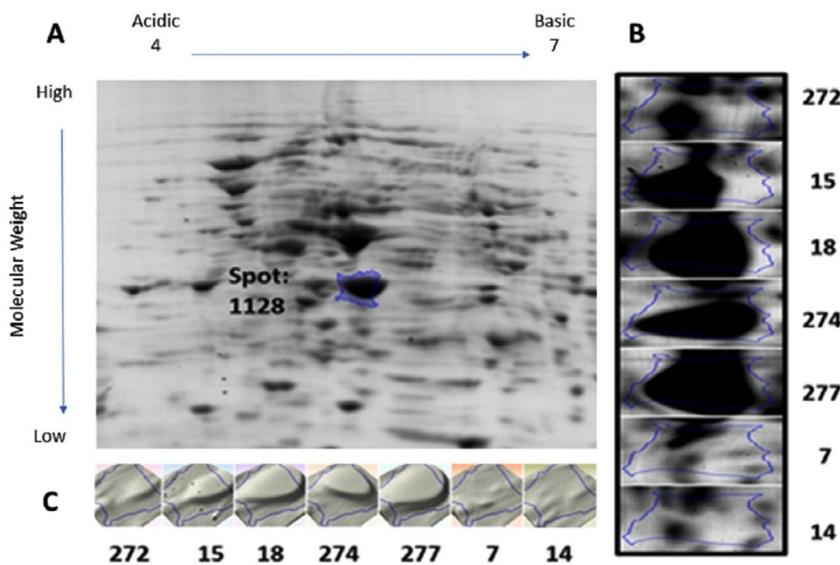


Fig. 1. 2D gel electrophoresis of gel from sample 18 (A). Comparison of spot 1128, identified as OmpA, in all samples (B). 3D montage to visualize the amount of protein in each gel at the same spot (C).

signature panel battery of proteins suggested to be used as biomarkers in the fast diagnosis of *E. coli*-induced UTI. Samples were collected at random from seven patients diagnosed with symptomatic *E. coli*-induced UTIs. The samples were also treated equally under the same conditions to control environmentally driven changes in the protein profile. Nonetheless, much variability in the expressed proteins profile was observed, even among samples identified as the same strain of *E. coli* (Table 1) and could be attributed to the interaction between the bacteria and the immune system of its host. Furthermore, changes in protein profiles of bacteria may be due to longer incubation in the host and recurrent infections¹⁴.

We identified two proteins, outer membrane protein (OmpA) and RNA polymerase-binding transcription factor DksA, taken from two unique spots using LC-MS/MS. Outer membrane proteins (OMPs) are common in gram-negative bacteria and is the major protein of *E. coli* outer membrane. It is comprised of 3 different domains, a peptidoglycan binding domain, a transmembrane beta-barrel, and a hydrophilic extracellular domain²⁵. OmpA is involved in passive and active transport, catalysis, pathogenesis, and signal transduction in gram-negative proteins²⁶.

With a beta-barrel structure, critical for outer membrane stability, OmpA also acts as a channel for passive diffusion²⁵. While Omp proteins are generally involved in adaptation, OmpA, along with other Omp proteins are involved in antibiotic resistance such as tetracycline²⁷. Recent work identified several polymorphisms patterns in extraintestinal pathogenic *E. coli* including UPEC in the OmpA gene resulting in different protein sequences and thus virulence and response to the host's defense²⁸. There are several pathways that OmpA, like few other virulence factors, can interact with the host to evade the immune response and grow even in human serum²⁹. For instance, OmpA inhibits the classical pathway of complement activation in *E. coli* K1 via binding to C4 binding protein (C4BP) to prevent complement-mediated killing³⁰. Furthermore, when OmpA interacts with polymorphonuclear leukocytes, it downregulates several protein-components of NADPH oxidase, a key enzyme responsible for producing the reactive oxygen species important in killing foreign microbes³¹. Also, OmpA was shown to suppress inflammation and cytokines response by repressing the expression of TNF- α and IL-1 β amongst others³². Finally, OmpA has been shown that it aids in the adherence of

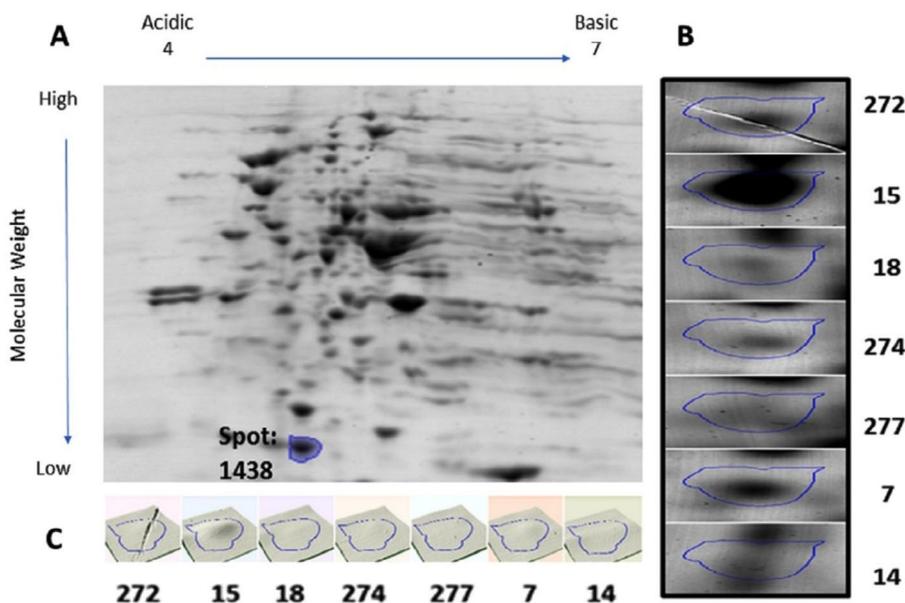


Fig. 2. 2D gel electrophoresis of gel from sample 15 (A). Comparison of spot 1438, identified as DksA, in all samples (B). 3D montage to visualize the amount of protein in each gel at the same spot (C).

Acinetobacter baumannii to epithelial cells and biofilm formation³³. Likewise, OmpA was shown to be necessary for epithelial cell invasion and the first intracellular replication in the *E. coli*-induced UTI mouse model³⁴. It is no surprise that Smith et al. dubbed OmpA the “molecular Swiss army knife” of the cell³⁵. Here, we show that OmpA was highly upregulated in five of the seven samples tested in this study, such upregulation is a result of adaptation or survivor mechanism to combat the host’s immune system. However, the variability of the expression amongst the samples needs further investigation. Although such variability could be due to several factors, one of which is the stage of the infection, we hypothesize that samples showing the upregulated OmpA was at a peaking stage of the infection as opposed to the samples with no OmpA expression that could be at a starting stage of it.

Our investigation also identified a second possible candidate that could be part of a protein battery to identify and stage *E. coli*-induced UTIs, the RNA polymerase-binding transcription factor, DksA. This protein directly binds to RNA polymerase (RNAP) and alters transcription, regulation of a number of amino acid biosynthesis, and their rRNA expression³⁶. Binding of DksA to RNAP interferes with RNAP and DNA interaction, inhibits initiation complexes formation, and amplifies the effects of NTP and guanosine-3', 5'-bis(diphosphate) (ppGpp) on rRNA transcription³⁷. Although DksA is involved in many processes in *E. coli*, it is worthy to mention that it plays a role in the rigorous metabolic response to environmental stressors such as those inflicted by the host immune system^{38,39}. Along with ppGpp, DksA is a key element in the stringent response that represses rapid growth genes, activates survival genes, and synthesizes amino acids⁴⁰. In fact, when DksA is either deleted or overexpressed, its pleiotropic nature caused defects in gene expression, cell division, and amino acid biosynthesis amongst other factors considered virulent³⁷.

Taking it all, our research showed that both OmpA and DksA were strongly upregulated in only one sample, number 15, as opposed to other samples that exhibited the upregulation of OmpA and only a slight upregulation of DksA, if any. Again, we hypothesize that while OmpA plays a role in the early stages of infection leading to its peak such as

adhering to epithelial cells, resisting compliments in the serum, and combating PMNs, DksA plays a role in a harsher environment requiring growth reduction and metabolism reprogramming, necessary for survival in a later ending stage of the infection. Furthermore, this suggests that OmpA could be associated with acute cases, while DksA could be associated with chronic ones. Unfortunately, since the samples were from a bank of secondary-use samples not originally intended for this preliminary investigation, no information can be retrieved regarding the individual cases to be related to such suggestions. Therefore, we recommend that our findings should only be considered as a pilot study requiring further correlation with patient history and confirmation with larger sample size. We suggest that combined with our recently published work that identified four protein candidates specific to *E. coli*, ASPA ECOLI, ATPB_ECOBW, DCEB ECOLI, and DPS ECOL6 21, the two proteins identified here can also be candidate to stage the infection, early or late.

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CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

AUTHORS' CONTRIBUTION

AS completed the experimental work and wrote the initial manuscript, GA provided the tested concept and reviewed the manuscript, AM supervised the work, reviewed and edited the manuscript.

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DATA AVAILABILITY

All datasets generated or analyzed during this study are included in the manuscript.

ETHICS STATEMENT

Not applicable.

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