

Disparity in Microbiological Pattern of CAUTI in Precisely Tribal Patients in Relation to Impacting Factors from the Known Pattern in the Medical Intensive Care Unit in a Tribal Tertiary Care Centre

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Abstract

The important risk factor for the development of CAUTI, especially in the intensive care units, is the presence, method and length of Duration of urinary catheterization. The other potential significant risk factors are gender, age, uncontrolled diabetes and long hospital stay. There have been no studies on Tribal patients describing the factors (Demographic as well as Risk factors) which influence the deviation in microbiological pattern of CAUTI in of the MICU, from the patients of other area studied till now. This prospective study was conducted over Tribal patients aged ≥ 18 years who developed features of symptomatic urinary tract infection following an indwelling urinary Foley's catheter more than 48 hours, in the Medical Intensive Care Unit. Geographical and Clinical data were collected. The CAUTI rate in 33 Tribal patients was 19.2 per 1000 device days with an incidence of 17.3% in the MICU. The microbiological trend was *Staphylococcus aureus* 12 (26.0%), *E. coli* 11 (23.9%), *Candida albicans* 9 (19.5%), *Klebsiella pneumoniae* 5 (10.8%), *CONS* 3 (6.5%), *Streptococcus pneumoniae* 3(6.0%), *Pseudomonas aeruginosa* 2 (4.3%) and *Acinetobacter baumannii* 1(2.1%). *Staphylococcus aureus* was the common cause of CAUTI in low and medium socioeconomic tribal patients of more than 20 to 40 years of age, as compared to *E. coli* in Nontribal Patients. *E.coli* was found in the dominated female patients and in age upto 20 years and more than 40 to 60 years old patients and *Klebsiella pneumoniae* in above 60 years of age. High status group with *Acinetobacter baumannii*. *Candida albicans* was associated with use of urinary catheter less than 7 days. Length of ICU stay more than 14 days was associated with *E. coli* and *Staphylococcus aureus* in equally proportionately. *CONS* 2(50%) was found in type-2 Diabetes mellitus and *Staphylococcus aureus* 7 (53.8 %) with Sickle cell anemia in Tribal patients. Our analysis precisely of these Tribal patients, brings several important and unique findings, which will not only aid in the development of some new or update guidelines but also encourage the researcher to do more study, for the prevention of CAUTI in the MICU of Tribal tertiary care centre.

Keywords: Catheter associated urinary tract infection (CAUTI), Centers for Disease Control & prevention (CDC), National Healthcare Safety Network (NHSN), Sickle cell anemia (SCA), Diabetes mellitus (DM), Coagulase negative Staphylococcus (CONS), Device utilization rate (DUR)

INTRODUCTION

Urinary tract infection (UTI) is an infection in any part of the urinary system, including kidney, ureter, bladder, or urethra. Urinary tract infection is the presence of the microorganism in the urine¹. It is a common health care associated infection (HAI) accounting for 30- 50% of HAI and comprising 8% to 21% of all HAI in intensive care units (ICUs)^{2,3}. The incidence of UTIs among hospitalized patients with indwelling catheters is approximately 15%⁴. The Centers for Disease Control and Prevention (CDC) simplified the definition of CA-UTI, the indwelling catheter must be in place for >2 calendar days on the date of event, with day of device placement being Day 1, with at least one of the following clinical features like fever (>38°C), frequency, urgency, suprapubic tenderness, dysuria and a positive urine culture of a bacterium $\geq 10^5$ colony forming unit (CFU) /ml⁵.

Because of frequent use of urinary catheter in the ICU than hospital ward, to calculate intake and output in sick patient, the risk of CAUTI is significantly higher in the ICU. Not only use

of urinary catheter but also duration of use of catheter is a major risk factor for development of CAUTI in the ICU⁶⁻⁸. The other risk factors associated with the cause of CAUTI are female gender, poor nutrition, severity of illness, and immuno compromised status^{8,9}. It is also associated with many complications leading to increase morbidities and mortalities in the ICUs. Even if it is the most preventable health care associated infection (HAI), the management of CAUTI is still a challenge. In CAUTI the incidence of infection is *Escherichia coli* in 21.4%, *Candida spp* in 21.0%, *Enterococcus spp* in 14.9% *Pseudomonas* in 10.0%, *Klebsiella* in 7.7% and remaining part with other organisms^{6,9}.

We know, what are the potential risk factors and pattern of microbiological profile of CAUTI, in the ICU of Rural and Urban area tertiary care centers. But we do not have any knowledge or any recent studies describing the factors and microbiological pattern of CAUTI in specially tribal people. Because of unawareness, lack of health consciousness and living style, make them

more prone for infection leading to more ICU admission, morbidity and mortality. Here we tried to explore the factors (demographic as well as risk factors) responsible for more incidence of CAUTI and also their influence on the microbiological profile of CAUTI, which vary according to all this. So that, preventive strategies should be planned such as antibiotic policy, protocol for using device, health awareness in the ICU to give quality health care and reduce morbidity and mortality in tribal people in the ICU of any hospital in Tribal area.

The aim of our study was to find out the

1. Incidence of Catheter associated urinary tract infections (CAUTI) in precisely, ethnic group of Tribal People in the Medical Intensive Care Unit.
2. The Influencing factors (Demographic as well as risk factors) in people of Tribal, in compared to other area, that influence the variation in microbiological pattern of CAUTI in the Medical Intensive Care Unit (MICU)
3. Any discrepancy between the microbiological pattern of CAUTI in Tribal & Nontribal people of same Medical Intensive Care Unit (MICU) of a tribal tertiary care centre.

MATERIAL AND METHODS

Study Design

This prospective study was conducted in the 20 bedded Medical Intensive Care Unit of SLN Medical College and Hospital, Koraput, from April 2019 to March 2020 with the approval of ethical committee of the institution.

Inclusion criteria

1. MICU patients aged ≥ 18 years old.
2. All MICU patients with transurethral indwelling catheter for > 48 hours.
3. Patients, who are willing to give, an admission urine sample following catheterization for culture and sensitivity to rule out preexisting UTI.
4. Patients having symptoms with microbiological confirmation of pyuria.
5. Patients with risk factors as Diabetes mellitus and Sickle cell anemia.
6. Who are willing and signed the consent form to take part in the study.

Exclusion criteria

1. Patients with pre existing UTI,
2. Presence of signs and symptoms of CAUTI

within 2 calendar days of catheterization.

3. Patients who used antibiotics more than 2 weeks before the time of the study.
4. Risk factors other than DM and SCA.

Study population

The study population was all adult patients, aged ≥ 18 years, admitted to MICU with different complaints with an indwelling urinary Foley's catheter. catheter more than 48 hours during their admission, in a Tribal tertiary care centre. between the study period from April 2019 to March 2020, developed features of symptomatic urinary tract infection following catheterization were included in the study.

Sample Collection

The urine sample was collected aseptically from the sampling port of indwelling urinary catheter with sterile syringe and needle and distal 5 cm of the aseptically removed urinary catheter was cut and sent to microbiology Department for routine microscopic examination and Culture sensitivity test. Infection surveillance and consent form with necessary details were filled up simultaneously. Urine culture showing, more than 10^5 colony-forming units per ml, with one or two micro-organisms isolated was considered as a confirmation of UTI. CAUTI was considered when urine showed Pyuria (more than 10 leucocyte /ml of urine) or more than 3 WBC were seen per HPF in centrifuged urine and organism seen on gram stain. Standard culture methods MacConkey's agar, and cysteine lactose electrolyte deficient (CLED) agar, were used, to identify the microorganism,. Susceptibility of antimicrobials was done by the disk diffusion method on isolates.

Data collection

The demographic and clinical data of patients were collected as follows: age, gender, Socioeconomic status, area, admission date, indication and duration of catheterization, risk factors, co morbidities like presence of Diabetes mellitus, Sickle cell anemia, length of ICU stay, previous antibiotic use, and severity of illness. Detailed investigations of the patients were taken. Culture and sensitivity and antimicrobial susceptibility and resistance pattern of isolates were collected.

Statistical analysis

Microsoft Excel was used for data entry and analyzed with SPSS software version 20.0. For

Table 1. Incidence of CAUTI

Total number of Patients in the MICU studied	190
Total Number of Patient developed CAUTI	46
Incidence of CAUTI in Total	24.2%
Total Number of Tribal Patient developed CAUTI	33
Incidence of CAUTI in Tribal Patients	17.3%
Device-associated infection rate in Tribal Patients	19.2/1000 days

quantitative variable, median and for qualitative variable, frequency (percentage) were used to present the results.

RESULTS

The study was conducted in a 20 bedded medicine intensive care unit, over a period of one year from April 2019 to March 2020 in a Tribal tertiary care centre. Total 190 patients were exposed to indwelling urinary catheter device for a total duration of 1712 device days and treated for an aggregated duration of 2772 days with different complaint in the MICU. The Device utilization rate (DUR) was 0.61. Out of 190 catheterized patients, 46(24.2%) were diagnosed microbiologically as

CAUTI with an incidence of 24.2% and Device-associated infection rate in total was 26.8/1000 days. Where as, the CAUTI rate in 33 Tribal patients was 19.2 per 1000 device days with an incidence of 17.3% .(Table 1).

The type of patients developed CAUTI in our MICU, were Tribals 33 (71.7%) and Nontribals 13 (28.3%). Among these 33 Tribal patients, females were 20 (60.6%) as compared to males 13 (39.4%). Where as in factor, age of tribal patient, 6 (18.1%) were under upto 20 years, 7 (21.2%) in >20-40 years, 15 (45.4%) in >40-60 years and 5 (15.1%) cases in above 60 years old respectively. Depending upon the Socioeconomic status, most of the tribal patients 21 (63.6%) were under low socioeconomic status group than 11 (33.3%) in medium and 1(3.0%) in high status group. Considering the risk factors associated with Tribal patients in the study, Diabetes Mellitus in 4 (12.1%) case, Sickle cell anemia in 13 (39.3%) cases and others in 16(48.4%) were without any risk factors in the study. Length of ICU stay was another risk factor to develop CAUTI in our study, according to which 22(66.6%) patients stayed for 7-14 days, 8 (24.4%) for less than 7 days and 3(9.0%) stayed for more than 14 days. Single organism responsible for CAUTI in tribal people of our study were Bacteria

Table 2. Percentage of CAUTI associated with different Influencing factors in Tribal Patients

Influencing factors in Tribal Patients		No of Patient developed CAUTI. (Total-33)	Percentage(%) of CAUTI
Sex	Female	20	60.6 %
	Male	13	39.4 %
Age	Upto 20 years	6	18.1%
	>20-40 years	15	45.4%
	>40-60 years	7	21.2%
	>60 years	5	15.1%
SocioEconomic status	Low	21	63.6%
	Medium	11	33.3%
	High	1	03.0%
Risk Factors	withType2DM	4	12.1%
	With SCA	13	39.3%
	Without factor	16	48.4%
Duration of Catheterisation	< 7 days	8	24.4%
	7 – 14 days	22	66.6%
Length of ICU stay	>14 days	3	9.0%
	<14 days	14	42.4%
(Single organism)	>14 days	19	57.5%
	Bacteria	28	84.8%
	Fungal	5	15.1%

Table 3. Spectrum of Pathogens according to Type of Patients in the MICU

Pathogens in CAUTI Type of Pathogens	Total (n=46)	Tribal Patient (33 =71.7%) Bacteria(28) / Fungal(5)	Socioeconomic status of Tribal Patient		
			Low	Medium	High
CONS	3 (6.5%)	2(6.0%)	2(9.5%)	0(00%)	0(00%)
<i>Staphylococcus aureus</i>	12(26.0%)	10(30.3%)	6(28.5%)	4(36.3%)	0(00%)
<i>Streptococcus pneumoniae</i>	3 (6.5%)	2(6.0%)	0(00%)	2(18.1%)	0(00%)
<i>E. coli</i>	11 (23.9%)	8(24.2%)	5(23.8%)	3(27.2%)	0(00%)
<i>Klebsiella pneumoniae</i>	5 (10.8%)	3(9.0%)	2(9.5%)	1(9.0%)	0(00%)
<i>Pseudomonas aeruginosa</i>	2 (4.3%)	2(6.0%)	1(4.7%)	1(9.0%)	0(00%)
<i>Acinetobacter baumannii</i>	1 (2.1%)	1(3.0%)	0(00%)	0(00%)	1(100%)
<i>Candida albicans</i>	9 (19.6%)	5(15.1%)	5(23.8%)	0(00%)	0(00%)

Table 4. Distribution of Organism according to the Sex & Age of the Tribal patients

Type of Organism	Sex of patients (n=%)		Age of Patients (years) (n=%)			
	Female (20(60.6%))	Male (13(39.4%))	<20yrs (6(18.1%))	20-40 yrs (15(45.4%))	>40-60 (7(21.2%))	>60 (5=15.1%)
CONS	1(5)	1(7.6)	0(00)	2(13.3)	0(00)	0(00)
<i>Staphylococcus aureus</i>	4(20)	6(38.4)	1(16.6)	6(40)	2(28.5)	1(20)
<i>Streptococcus pneumoniae</i>	2(20)	0(00)	0(00)	1(6.6)	1(14.2)	0(00)
<i>E. coli</i>	6(30)	2(15.3)	3(50)	1(6.6)	3(42.8)	1(20)
<i>Klebsiella pneumoniae</i>	1(5)	2(15.3)	0(00)	1(6.6)	0(00)	2(40)
<i>Pseudomonas aeruginosa</i>	2(10)	0(00)	2(33.3)	0(00)	0(00)	0(00)
<i>Acinetobacter baumannii</i>	0(00)	1(7.6)	0(00)	0(00)	1(14.2)	0(00)
<i>Candida albicans</i>	3(15)	2(15.3)	0(00)	4(26.6)	0(00)	1(20)

28(84.8%) and Fungal 5(15.1%).(Table 2)

In our study, CAUTI in Tribal patients was affected by the Gram positive cocci 14(50%) and Gram negative bacilli 14 (50%) in equal proportion and the remaining pathogens were the fungal *Candida albicans* 5(55.5%). Over a period of one year, the Bacterial microbiological pattern of CAUTI in Tribal patients, were *Staphylococcus aureus* 10 (30.3%) gram positive cocci followed by *CONS* 2(6.0%) and *Streptococcus Pneumoniae* 2(6.0%). Whereas in gram negative bacilli, *E.coli* 8 (24.2%) were the most common pathogen followed by *Klebsiella pneumoniae* 3 (9.0%), *Pseudomonas aeruginosa* 2 (6.0%) and *Acinetobacter baumannii* 1(3.0%). *Candida albicans* was the only common fungal pathogen accounting in 5(55.5%) cases. The microbiological trend in the Low socioeconomic status group of Tribal patients were *Staphylococcus aureus* 6 (28.5%), *E.coli* 5(23.8%), *Candida albicans* 5(23.8%), *CONS* 2 (9.5%) and *Klebsiella*

pneumoniae in 2 (9.5%) cases, which was almost same in Medium socioeconomic status except *Candida albicans* and *CONS* which were totally not identified. The only organism detected in High socioeconomic status group was *Acinetobacter baumannii* 1 (100%) in case.(Table 3)

In this study, most affected patients in gender wise were Females, where *E coli* 6 (30%) the most common organism followed by *Staphylococcus aureus* 4(20%), *Candida albicans* 3(15%) and in male *Staphylococcus aureus* 6 (38.4%) followed by *Klebsiella pneumoniae* 2 (15.3%) and *Candida albicans* 2(15.3%) . Patients under 20 to 40 years of age, were most commonly affected by *Staphylococcus aureus* 6(40%) and in 2 (28.5%) cases in more than 40 to 60 years. *Candida albicans* 4 (26.6%) was the second pathogen found predominantly only in age group 20 to 40 years but in case of more than 40 to 60 years of age group, it was *E.coli* 3(42.8%). The pathogens recovered

Table 5. Spectrum of Pathogens according to Duration of Catheterization & Length of ICU stays.

Type of Organism	Duration of Catheterisation (Days)			Length of stays in the MICU (Days)	
	<7	7-14	>14	<14	>14
	(8=24.2%)	(22=66.6%)	(3= 9.0%)	(14=42.4%)	(19 = 57.5 %)
CONS	0(00%)	2(9%)	0(00%)	2(14.2%)	0(00%)
<i>Staphylococcus aureus</i>	1(12.5%)	9(40.9%)	0(00%)	5(35.7%)	5(26.3%)
<i>Streptococcus pneumoniae</i>	2(25%)	0(00%)	0(00%)	2(14.2%)	0(00%)
<i>E. coli</i>	1(12.5%)	7(31.8%)	0(00%)	3(21.4%)	5(26.3%)
<i>Klebsiella pneumoniae</i>	1(12.5%)	2(9%)	0(00%)	1(7.1%)	2(10.5%)
<i>Pseudomonas aeruginosa</i>	0(00%)	0(00%)	2(66.6%)	0(00%)	2(10.5%)
<i>Acinetobacter baumannii</i>	0(00%)	0(00%)	1(33.3%)	0(00%)	1(5.2%)
<i>Candida albicans</i>	3(37.5%)	2(9%)	0(00%)	1(7.1%)	4(21.0%)

Table 6. Distribution of Pathogens according to associated co morbidities as risk factor in Tribal patient

Organism in CAUTI	Types of Organism	Total Tribal Patients (n=33)				
		Type-2DM Tribal Patients(n=4)		SCD Tribal Patient (n=13)		Other Tribal Patients (n=16)
		Type of Infection		Type of Infection		Type of Infection
		Single infection(4)	Mixed infection(4)	Single infection(13)	Mixed infection(6)	(Single)
Bacterial	CONS	2(50%)		0 (00%)		0 (00%)
	<i>Staphylococcus aureus</i>	1 (25%)		7 (53.8 %)		2 (12.5%)
	<i>Streptococcus pneumoniae</i>	0 (00%)	1(25%)	2 (15.3%)		0 (00%)
	<i>E. coli</i>	1 (25%)		2 (15.3%)	1(16.6%)	5(31.2%)
	<i>Klebsiella pneumoniae</i>	0 (00%)	1(25%)	1 (7.6%)	1(16.6%)	2 (12.5%)
	<i>Pseudomonas aeruginosa</i>	0 (00%)	1(25%)	0 (00%)	1(16.6%)	2 (12.5%)
	<i>Acinetobacter baumannii</i>	0 (00%)		0 (00%)		1 (6.2%)
Fungal	<i>Candida albicans</i>	0 (00%)	1(25%)	1 (7.6%)	3(50%)	4 (25%)

in the age group below 20years was *E. coli* 3 (50%) predominantly. In our study, a significant association was found of *Klebsiella pneumoniae* 2 (40%) with the age group above 60 years.(Table 4)

According to the duration of catheterization in our study,more isolates were identified between7 to 14 days. These isolates were *Staphylococcus aureus* 9 (40.9%), *E.coli* 7(31.8%), *Candida albicans* 2(9.0%). But in less than 7 days , the isolates were *Candida albicans* 3 (37.5%) predominantly followed by *Streptococcus pneumoniae* 2 (25%). *Pseudomonas aeruginosa*

2 (66.6%) was the most common isolate with *Acinetobacter baumannii* in 1 (33.3%) case, were found in catheterization more than 14 days. Among the 33 tribal patient with CAUTI, 14 (42.4%) were stayed for a duration of less than 14 days, where the isolates were *Staphylococcus aureus* 5(35.7%), *E.coli* 3(21.4%), *Streptococcus pneumoniae* 2 (14.2%). In case of,length of stay for more than 14 days, the potential isolates identified were *E.coli* and *Staphylococcus aureus*, in equal proportion in 5 (26.3%) cases followed by *Candida albicans* 4 (21.0%), (Table 5)

In our study, we not only identified single

but also mixed infections due to more than one organism in tribal patients associated with Type-2 Diabetes mellitus and Sickle cell anemia in our MICU. *CONS* 2 (50%) was the most common single infection found in Tribal patient with Diabetes mellitus, Where as in patients with Sickle cell anemia, *Staphylococcus aureus* 7 (53.8 %) was the most common pathogen as single infection preceding *Streptococcus pneumoniae* and *E.coli*, each in 2 (15.3%) cases. (Table 6)

DISCUSSION

Urinary tract infections (UTIs) are the most common type of healthcare-associated infection reported to the National Healthcare Safety Network (NHSN). Among UTIs acquired in the hospital, approximately 75% are associated with a urinary catheter. The Incidence of CAUTI in our study was 24.2%, which was less than the findings of 29.55% in one study by Sawsan et al.¹⁰. In their study they considered patients from both Ward and ICU, so their incidence was high because of large sample size as compared to our study in MICU only.

The case fatality in CAUTI is three times higher in patient with bacteremia than non bacteremic patients¹¹. According to the 2006 to 2007 statistics from the NHSN, the most frequent pathogens associated with CAUTI were *E. coli* (21.4%), *Candida spp.* (21.0%), *Enterococcus spp.* (14.9%), *P. aeruginosa* (10.0%), *K. pneumoniae* (7.7%), and *Enterobacter spp.* (4.1%)¹². This microbiological trend was different in our study, where *Staphylococcus aureus* 12 (26.0%) was first followed by *E. coli* 11 (23.9%), *Candida albicans* 9 (19.5%), *Klebsiella pneumoniae* 5 (10.8%), *CONS* 3 (6.5%), *Streptococcus pneumoniae* 3 (6.0%), *Pseudomonas aeruginosa* 2 (4.3%) and *Acinetobacter baumannii* 1 (2.1%) in order of frequency. We did not identified any *Enterococcus spp* or *Enterobacter spp* in our study. *Acinetobacter baumannii*, a gram negative isolate was recovered in our study, which was not in NHSN statistics list. One study conducted in India by S Pramodhini et al.¹³ where they found 70% of isolates were *E. coli*. Where as, in our study, *Staphylococcus aureus* was more common than *E coli*, may be due to association of co morbidities DM, SCA in Tribal patient.

The potential significant risk factors other

than urinary catheterization are gender, age, uncontrolled diabetes and long hospital stay^{14,15}. D. M. Livermore et al.¹⁶ conducted a study over antibiotic resistance of pathogen in different location, where they found that prevalence of pathogens and their features may vary with time and geographical area. In our study, the common causative organism in group were Gram positive cocci 14 (50%) and Gram negative bacilli 14 (50%) in equal proportion and the remaining were 5 (55.5%) fungal in patient of tribal area.

In one study by Muhammad D.H. et al.¹⁷ where they found that female gender is a common risk factor for CAUTI in Intensive care units¹⁷. This is similar to our study. *E coli* 6 (30%) was the most common organism in female Tribal patients followed by *Staphylococcus aureus* 4 (20%), *Candida albicans* 3 (15%) and *Pseudomonas aeruginosa* 2 (10%), which was near to the findings observed in their major female group, in the year 2018 studied by Govinda Maharajan et al as *Escherichia coli* 56.9% (37/65) followed by *Klebsiella pneumoniae* 10 (15%). In Both the study, *E. coli* was the common pathogen isolated in CAUTI in the ICU.

Muhammad D H et al.¹⁷ also observed in their study that, CAUTI caused by *E. coli*, was higher in patients of reproductive age (21–30 years) group, irrespective of catheterization and a higher percentage of *P. aeruginosa* was also found in catheterized patients of the same age group. But in our study, it was observed in tribal patients below 20 years of age, may be due to a lack of sufficient knowledge of hygiene practices. Similar trend was observed for *E. coli* in tribal patients of age group above 40 to 60 years, where as *Klebsiella pneumoniae* was recovered in patients of age group above 60 years. In both the groups, the variation in pathogens, may be due to the association of co morbidity Diabetes mellitus. The highest proportion of *Staphylococcus aureus* was found in the age group 20 to 40 years followed by *Candida albicans*. This observational finding may be due to association of SCA and sexually active reproductive age.

Education, income, marital status, are all components of socioeconomic status and connected to overall health and well-being. Lower income was significantly associated with higher risk of developing moderate/severe Lower Urinary

Tract infection. This was reflected in our study as Low socioeconomic status group 21 (63.6%) were most affected than medium 11 (33.3%) and high group, where the isolates in frequency were, *Staphylococcus aureus* 6 (28.5%), *E. coli* 5 (23.8%), *Candida albicans* 5 (23.8%), *CONS* 2 (9.5%) and *Klebsiella pneumoniae* 2 (9.5%). We were expected, *E. coli* and *Candida* as the major pathogen in low socio economic group because of unawareness of hygiene practices and life style but came after *Staphylococcus aureus* in order of frequency and in equal proportion. The only organism detected in High socioeconomic status group was *Acinetobacter baumannii* in 1 (100%) case.

Duration of Catheterization is an important risk factor for CAUTI because, the duration of time should be sufficient for the biofilm of the pathogen to form on the surface of the catheter and the drainage system to developed CAUTI¹⁸. In our study, the risk of CAUTI was three times more, in patients used catheter 7 to 14 days, than less than 7 days. This finding is similar to a study conducted by Anggreiny Anggi et al.¹⁹. *Candida albicans* was the most frequent pathogen detected in Tribal patients with less than 7 days of duration of catheterization. The most higher risk group using catheter 7 to 14 days were associated with common pathogen *Staphylococcus aureus* followed by *E. coli*, that may be due to the infection prone Sickle cell anemic young Tribal patients.

Length of ICU stay is associated with increased risk of CAUTI because in the presence of catheter for long time will inoculate organisms into the bladder and promote colonization by providing a surface for bacterial adhesions and causing mucosal irritation leading to CAUTI. Talaat M et al.²⁰ found in their study that prolonged hospital stay had significant higher risk to develop CAUTI. The Tribal patients Who stayed in MICU for less than 14 days were more commonly affected with *Staphylococcus aureus* 5 (35.7%) followed by *E. coli* 3 (21.4%), *CONS* 2 (14.2%). But CAUTI was more in Patients staying for more than 14 Days in MICU, where the pathogen were *E. coli* 5 (26.3%) and *Staphylococcus aureus* 5 (26.3%) in equally proportionately detected followed by *Candida albicans*.

Platt et al.²¹ in their study, documented, presence of diabetes as a risk factor for CAUTI due

to two possibilities : an increased prevalence of perineal colonization by potential pathogens and an increased ability of the urine of some patients with diabetes to support microbial growth²⁰. In our study, *CONS* 2 (50%) was the pathogen responsible for, CAUTI in Tribal patient with Diabetes mellitus and *Staphylococcus aureus* 7 (53.8%) was the pathogen in Tribal patient with Sickle cell anemia followed by *Streptococcus pneumoniae* 2 (15.3%) and *E. coli* 2 (15.3%). The pathogens detected in Tribal patients without any risk factors were *E. coli* 5 (31.2%) followed by *Candida albicans* in 4 (25%) cases.

CONCLUSION

From the present study, We reached in a conclusion that, mainly three common pathogens *Staphylococcus aureus*, *E. coli* and *Candida albicans* were identified in Tribal patients with CAUTI, depending on the factors influencing them. Our analysis precisely of this population, brings several important and unique findings, which will aid in the development of some new or update guidelines for the prevention of CAUTI in the ICU. With the knowledge of antibiotic resistance pattern of these pathogens, new antibiotic policy will be developed to reduce empirically use of antibiotics, their by reduce length of ICU stay, morbidity and mortality in these Tribal patients in the ICU of Tribal tertiary care centre.

Recommendation

More surveillance study on CAUTI over these Tribal patients with large sample size over a long time period was recommended to reach a solid guideline with antibiotic policy in MICU of Tribal tertiary care centre.

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CONFLICT OF INTEREST

All authors declares that there is no conflict of interest.

AUTHORS' CONTRIBUTION

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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DATA AVAILABILITY

All data generated or analyzed during this study are included in the manuscript.

ETHICS STATEMENT

Data from patients obtained after proper consent.

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