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RESEARCH ARTICLE



Evaluating of Phage as Bio-control Agent in Enumeration of Food Borne Pathogenic *Pseudomonas aeruginosa*

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Abstract

Phage acts as a bio-controlling agent to overcome chemical supplement in the treatment food pathogens. Bacterial pathogens mainly cause food borne diseases; these are harmful to human health and also threat to nutritional economy. Due to aggregating in the multidrug resistance among the pathogens, the conventional methods for food safety are drawn in the use of chemicals and causes toxicity. In our present study, the *P. aeruginosa* isolates were determined from food samples on specific Cetrimide agar and a specific phage was isolated against the strain. The microbial enumeration growth was carried out on meat samples. The preservative activity was performed on banana samples. The present phage has indicated a prominent agent in enumeration of microbial growth against meat and mutton samples. It also showed a quality preservative for storage in banana samples. The potential advantage of using phage is their specificity and ability to multiply; hence, it can be used in food safety and provide a natural alternative to conventional synthetic preservatives used in food industries. The phage has ability in decreasing the growth microbes in food samples and long storage as preservative in fruits.

Keywords: Bacteriophages, Biocontrol, Preservatives, Pseudomonas aeruginosa, Food safety

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INTRODUCTION

Food safety is an individual concerns because of threatening human health caused by variety of foodborne pathogens. In general, these foodborne pathogens can be prevented by using chemical and natural food preservative (Jaewoo *et al.*, 2016). Consumers distaste the use of chemical preservatives in their food, as they have been associated with public health risk alarm. The scenarios increase the anxiety that chemically synthesized substance should be separated from the food and accept the "natural" means of preservatives. Since there are different ways of using natural preservatives, the utmost approach widely acceptable to use bio-control agents (McIntryre *et al.*, 2007, Kalkan *et al.*, 2011).

Pseudomonas species inhabit a wide variety of biological niches because they quickly acclimatize for diverse environmental conditions. The main sources of Pseudomonas species are soil and water whereas, P. aeruginosa, P. plecoglossicida are present in the animals and P. syringae species represent in the plants. The significant appliance of antibiotic forced on multidrug resistant bacteria, especially Pseudomonas. Consequently, pathogenic bacteria have become into obstinate entity. P. aeruginosa is one of the most pathogen in contamination in mutton and chicken samples. The prevalence of food contamination in the food stalls is due to lack of knowledge at one hand and nut negligence of food handlers is on other hand. (Ankita et al., 2012).

Bio-control agents are the biological factors which are used against different pathogens and saprophyte. Twort 1915 and d'Herelle 1917 have discovered the bacteriophage and proposed these can be used as bio-control agent. Unfortunately, today the studies and application of bacteriophage revived due increase in antibiotic resistance and can be an alternative as a biocontrol factor as a phage therapy (Hagens *et al.*, 2007).

Bacteriophages are present as biological entities in nature and is predicated as potential therapeutic agents. In modern years overprescription of antibiotic are associated in the development of drug resistance known to be 'super-bugs' have decorated the need for alternative approaches to combat infectious diseases (Brussow *et al.*, 2002). Subsequently, a lot of research undergone from past two decades on phages and it was aimed phage can be used to eliminate undesirable bacteria. Phages are omni present and are habitually consumed through absorption of water and food (Esteban *et al.*, 2008). Due to current purpose, they are presumed to be safe and its adverse effects have not yet been reported. Due to its inherent specific property the phages are used as an excellent tool for food safety functions. (Healy *et al.*, 2010; Mahony *et al.*, 2011).

Overview of bacteriophages acts on pathogenic without affecting beneficial bacteria and host organism. It has especially showed efficacy against *Pseudomonas* species (Jaewoo *et al.*, 2016). Phages are used against disease causing *P. aeruginosa*, and it can be powerful tool in eliminating the infection. The use of phage or phage products is a novel method implemented in food production and it is an option for the food industry as biological controlling agent or to remove the unwanted pathogens, enhancing the safety of especially fresh food products (Novik *et al.*, 2015).

In the middle of the 20th century, the first reported on isolation of bacteriophages against for the specific Pseudomonas genus and currently there are 137 completely sequenced Pseudomonas phage genomes are available in the biological databases. P. aeruginosa is an opportunistic, hospital-acquired and well as foodborne pathogenic, large fractions of the phage application revisions and genome sequencing projects have been focused on the bacterium (Diana et al., 2015). Many Pseudomonas phages are belong to the order Caudovirales with three prominent families (Ceyssens et al., 2010). Lytic phages are mainly categorized in *Myoviridae* family with a long contractile tail, and the Podoviride carries a short tail, temperate phage belong to Siphoviridae, indicating the possibility to undergo lytic or lysogenic interactions with their host (Latino et al., 2014).

Therefore, general features and various food applications of phages for biocontrol of foodborne pathogens would be the using specific virulent bacteriophages for *P. aeruginosa* to reduce the bacterial load in foods of animal origin and plant origin emerges as alternative method.

MATERIALS AND METHODS Collection of Meat samples

Fresh sliced meat samples (chicken and mutton) were collected from local market in and around Bagalkot district, Karnataka, India. Each sample was wrapped separately in sterile polyethylene bags, transferred into the ice box, and transported as quickly as possible to the laboratory.

Culture preparation

Pseudomonas aeruginosa strains were isolated from food samples in the Department of Biotechnology, Basaveshwar Engineering College, Bagalkot. Strains were isolated in cetrimide specific agar media and incubated for 24 hours at 37°C, to determine cell concentration. Inoculum size used for experimental were ~10² to10⁵ CFU/g.

Preparation of Bacteriophages

Pseudomonas specific bacteriophage was isolated from standard enrichment procedure; raw sewage sample was collected from a municipal sewage treatment system. *Pseudomonas* Strains were inoculated 1:100 in 200ml of BHI and kept in incubator shaker at 37°C for 240 rpm. When an OD reaches 0.1 measured at 600 nm; stock phages were inoculated with 10⁷ plaque forming unit (PFU/g).

Application of bio-control agent for sliced meat samples (chicken and mutton)

Sliced meat samples were inoculated by the activated selected culture of *Pseudomonas aeruginosa* (10⁵CFU/g) and Bacteriophage treated in (10⁷PFU/g) and divided into four equal portions/ groups, respectively. Un-inoculated meat sample served as control (untreated). Each treatment was packed in sterile aluminum foil and incubated in different conditions; 37°C, 15-18°C, 4°C and -20°C and then were examined by microbiologically.

Physiological / Morphological characterization

Sliced meat samples were observed for changes like texture, odour and colour changes; were observed during incubation and recorded. **Microbiological analyses**

Sliced meat samples were thoroughly homogenized in 0.9% saline and serially diluted up to ratio of 10⁷. The sample was inoculated in agar plates with homogenate by spreading 0.1ml on each plate with sterile bent glass. Plates were incubated for 18-24 hrs at 37°C.

Bio-control agent for food born *Pseudomonas* aeruginosa using Banana Materials

Fresh raw bananas were collected from local field in and around Bagalkot district, Karnataka, India. The collected sample was transferred into sterile polyethylene bags and transported to the laboratory.

Preparation of solution

i) Solution of Sodium alginate (3%,w/v), ii) Starch solution (4%,w/v), iii) Gelatin solution (3%, w/v) were primed by addition of required salt concentration and followed by heating at 90°C, stirred until the salt complete dissolves, iv) Glycerol solution (3%,w/v) was prepared by addition glycerol in distilled water and autoclaved. v) Fresh Aloe gel (AG; 100%). The gel was sterilized at 70°C for 45 min. Then the gel was immediately cooled at room temperature. To facilitate coating the gel was thickened using 1% gelling agent. The prepared gel finally applied to coat fresh fruits with brushing.

Sample Preparation

The bananas without any signs of fungal decay or any mechanical damage were selected and pre-sterilized with sodium hydrochloride solution by incubating for 4 min, and then dried by natural convection at 25°C prior to coat. The coating process was carried out with brushing, and application of following solution, Sodium alginate, Starch, Gelatin, Glycerol and Aloe vera gel matrixes. Coated fruits were dried in a clean tray with placing sterile filter paper on the tray and stored at room temperature at dried place for 21 days.

Physiological / Morphological characterization

Bananas were observed for morphological

Table 1. A. Showing physiological and morphologicalcharacterization of sliced meat sample

Days	Texture	Odour	Colour
0 day 1 day 2 day 3 day 4 day	Fresh Slimy Sticky Sticky Sticky	Light/fresh Sour Rotten egg(slightly) Rotten egg Very bad (stinky rotten egg/ ammonia)	Bright red Red Brown Dark grey Black

changes like texture; odour and colour changes were observed during incubation and recorded.

RESULTS

Bio-control agent for food born *Pseudomonas aeruginosa* using sliced meat sample Preparation of Bacteriophages

Pseudomonas specific bacteriophage was used as per the meat sample weight and based on that required doses were used for the application of meat samples.

Physiological / Morphological characterization

Sliced meat samples were observed for changes like texture, odour and colour changes in different conditions 37°C, 15-18°C, 4°C and -20°C for 4 days and each day changes were observed

and recorded in Table 1 and morphological changes visualized and analyzed with proper parameter of treated sample. In the initial day of incubation, the sample resembles a fresh as shown in the Fig. 1.A.

On 4th day of period, the sample looks completely spoiled both control and *Pseudomonas* treated samples whereas bacteriophage treated sample look like slightly spoiled as Fig. 1.B. In Fig. 1.C, the mutton meat samples are fresh and no sign of spoilage at first day of incubation and Fig. 1.D, indicate the 4th day of incubation and looks like completely spoiled (sticky) both control and *Pseudomonas* treated samples whereas bacteriophage treated sample appearance similar slightly sour. All the meat samples were observed

Table 1.B. Showing number colony count after treated with bacteriophage against *P. aeruginosa* Strain on chicken samples on a completion of 4th incubation at various temperatures

SI. No	Initial day of count			Incubation on 4 th day at 37°C			Incubation on 4 th day at 15-30°C			Incubation on 4 th day at 4°C				cubation on day at -20°C		
	10 ³	10 ⁴	10 ⁵	10 ³	10 ⁴	10 ⁵	10 ³	10 ⁴	10 ⁵	10 ³	10 ⁴	10 ⁵	10 ³	104	10 ⁵	
Control <i>P. aeruginosa</i> PA Strain and Phage	188 197 182	139 155 137	69 75 67	3982	3313 3115 1097	3076	925 860 643	876 793 573	801 582 519	525 610 503	487 579 423	446 515 403	350 345 295	258 298 216	185 210 158	

Table.1.C. Showing number colony count after treated with bacteriophage against *P. aeruginosa* Strain on mutton samples on at completion of 4th incubation at various temperatures

Sl. No	Ini	tial day count	of		bation ay at 37			bation y at 15			ubatio day at			cubatio day at ·	
	10 ³	10 ⁴	10 ⁵	10 ³	104	10 ⁵	10 ³	10 ⁴	10 ⁵	10 ³	10 ⁴	10 ⁵	10 ³	10 ⁴	10 ⁵
Control <i>P. aeruginosa</i> PA Strain and Phage	375 427 418	308 398 389	369		4982	4736	2400	2320	2218	1650	1523		787 800 550	717 735 510	685 670 465

Days	Appearance/ Colour	Texture	Odour	Taste
0 day 5 day	Greenish Yellow	Hard to break Too firm/not soft	No smell No smell	Starchy Chalky
9 day	Brown spots	Soft but firm	Sweet/pleasant	Nice & sweet
14 day 19 day	Lots of brown spots Any green or yellow areas	Soft but firm Yields to pressure	Appealing No smell	Easy to chew Starchy
21 day	Completely black	Mushier the better	Sweet/pleasant/ appealing	delicious

for their texture, odour and colour change at completion of four days and recorded.

Physiological / Morphological changes in meat sample

Microbiological analyses

Sliced meat samples were subjected for the microbiological analyses by SPC (Standard Plate Count); in the present study the control chicken sample showed 1.8×10^5 , 0.139×10^6 and 0.69x10⁷ microbial growth, respectively. The treated sample showed increase microbial population as 1.97x10⁵, 1.55x10⁶, 0.75x10⁷, and treated with phage as showed in the decrease in the growth of microbial 1.82x10⁵, 1.37x10⁶, and 0.67x10⁷ respectively as demonstrated in the Table 1.B and Fig. 2.1 initial day of incubation.

The development of microbial population on fourth day of incubation at 37°C as indicated

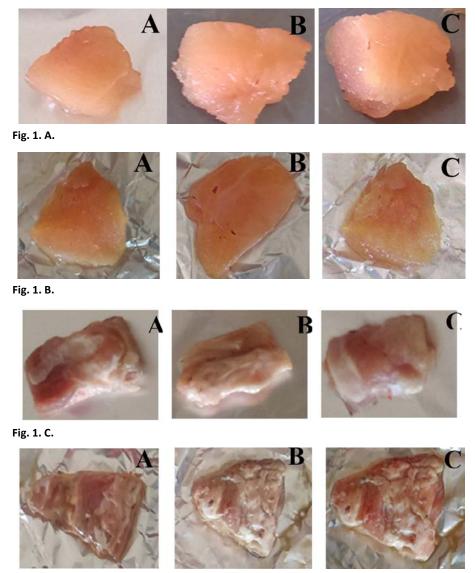


Fig. 1. D.

Fig.1. A 0th of chiken meat sample, B. 4th day of chiken meat sample, C. 0th day of Mutton meat sample, 4th day of Mutton meat sample. Note: A. Control, B. Treated with culture and C. Treated with phage

the with 31.98×10^5 , 33.13×10^6 , $10.97, \times 10^7$, $39.82 \times 10^5, 31.15 \times 10^6, 30.76 \times 10^7$, 19.12×10^5 , 10.03×10^6 , 10.03×10^7 individually with control,

treated and phage test as appeared in the Table 1.c, Fig. 2.2. At incubation of temperature 15-30°C after culmination of the fourth day the treated with

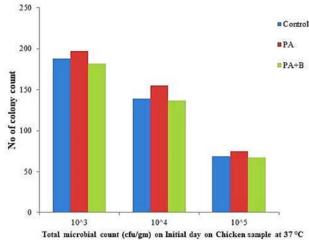
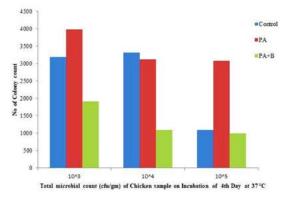


Fig. 2.1. Total Microbial count of chicken meat sample treated with strain and phage on Initial day





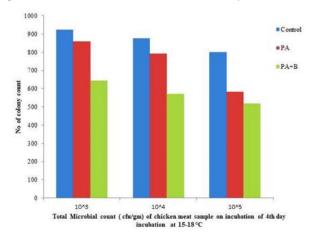
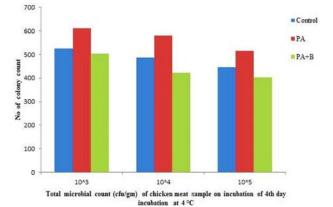
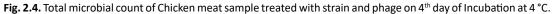


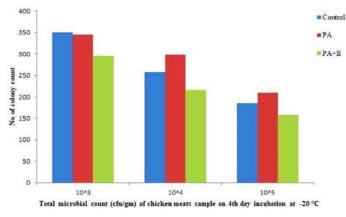
Fig. 2.3. Total microbial count of Chicken meat sample treated with strain and phage on 4^{th} day of Incubation at 15-18 °C.

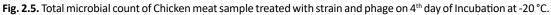
phage as indicated the 6.43x10⁵,5.73x10⁶,5.19x10⁷ as contrasted and strain and control individually as appeared in the Table 1.B, Fig. 2.3.

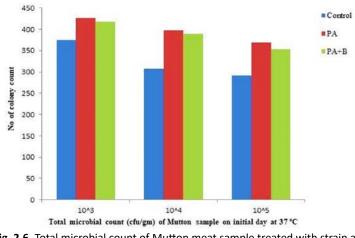
The elimination was observed at incubation temperature of 4°C and 20°C with microbial population 5.03×10^5 , 4.23×10^6 , 4.03×10^7













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and 2.95x10⁵, 2.16x10⁶, 1.58x10⁷ respectively, compared with control and treated with culture as shown in the Table1. B, Fig. 2.4 and Fig. 2.5.

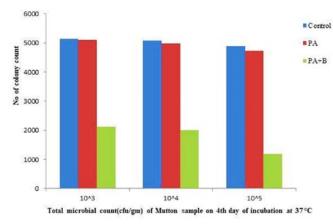
In case of the mutton sample the microbial observed as 3.75×10^5 , 3.08×10^6 , and 2.91×10^7 on incubation of the initial day. The treated with culture has shown 4.27×10^5 , 3.98×10^6 , 3.69×10^7 and treated with phage as showed population of microbial growth as 4.18×10^5 , 3.89×10^6 , 3.53×10^7 respectively, as mentioned in the Table 1.C & Fig. 2.6.

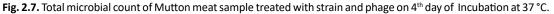
The growth of microbial population on 4^{th} day incubation at 37° C as showed the with 51.47×10^5 , 50.85×10^6 , 48.96×10^7 , 50.98×10^5 , 49.82×10^6 , 47.36×10^7 , 21.15×10^5 , 20.03×10^6 , 11.93×10^7 respectively with control, treated and phage sample as shown in the Table 1.C & Fig. 2.7. At incubation $15-30^{\circ}$ C after completion of the 4th day the treated with phage as showed the 21.69×10^5 , 21×10^6 , 19.95×10^7 as compared with strain and control respectively as shown in the Table 1.C & Fig. 2.8.

The elimination was observed at incubation of 4°C and 20°C with microbial population of 13.87x10⁵, 12.76x106, 11.60x10⁷ and 5.50x10⁵, 5.10x10⁶, 4.65x10⁷ respectively; compared with control and treated with culture as shown in the Table 1.D, Fig. 2.9 and Fig. 2.10. **Physiological / Morphological characterization Banana**

Physiological / Morphological characterization

Fresh bananas were selected based on





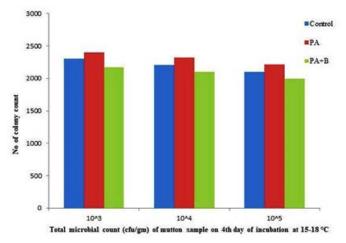
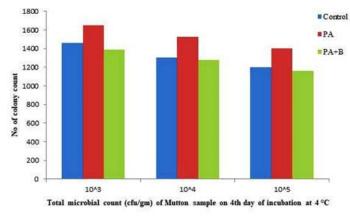


Fig. 2.8. Total microbial count of Mutton meat sample treated with strain and phage on 4th day of Incubation at 15-18 °C

requirement and different preservatives are applied to the banana and observed for physiological and morphological changes were recorded as shown in Table 1.D, and changes of textures were shown in the Fig. 3.1 - 3.6 respectively up to incubation for 21 days. After peeling the bananas with its texture and morphology as shown in the Fig. 3.7 and Table 1.D.

DISCUSSION

In the present work we tried that our phage has showed elimination of foodborne *P. aeruginosa* infection and can be act as a biocontrol agent to overcome of the chemical synthesized agents. Phage therapy has effective intervention in controlling the foodborne pathogens in animals and plants before they enter in to the processing and product stage, even it has showed it can acts against different foodborne pathogens belongs to



genera like P. aeruginosa, S. aureus, Salmonella, E. coli, Listeria, and Klebsiella (Lawrence et al., 2011; Hagens et al., 2010). These pathogens will come in contact during the food harvesting, slaughtering, processing, packaging and storage. Over the year the use antibiotic has been restricted due to risk of antibiotic resistant bacteria may invade in the human food chain and because adverse effects may lead to human antimicrobial treatment. The negative impact already knows of using physical methods on reduction of microbial load in raw foods and it implies on organoleptic properties of the products and reduces in their acceptability (Chibeu 2013). Thus, there is need in developing a novel strategies to eliminate or to reduce the bacterial pathogen load in foods and satisfying the consumer demand, with minimal use of low concentration of chemical preservatives. (Garcia et al., 2008).

Fig. 2.9. Total microbial count of mutton meat sample treated with strain and phage on 4th day of Incubation at 4 °C

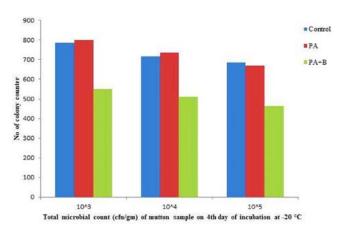


Fig. 2.10. Total microbial count of Mutton meat sample treated with strain and phage on 4th day of incubation at -20 °C

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Bacteriophage acts a natural antimicrobial to reduce the bacterial pathogens in foods, food processing environments and a controlling agent. Phages can be used in postharvest intervention by applying on the surface of the foods, to improve food safety of the products. It also eliminates or reduces contamination with foodborne bacterial pathogens and makes the food to safe for the consumers. (Kok-Gan Chan et al., 2014). Phage as biocontrol mediators in controlling *C. jejuni* contamination on the surface of the meat and in turn it has reduced the infection within 24 hours. In combination with phage and chemical agents (i.e., dichloroisocyanurate, peroxyacetic acid,

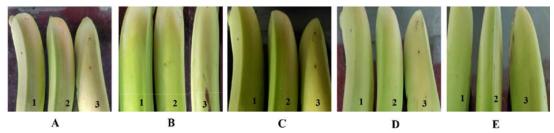


Fig.. 3.1. 0th day of banana sample treated with different treatment A. Sodium alginate B. Starch C. Aloe vera D. Gelatin E. Glycerol

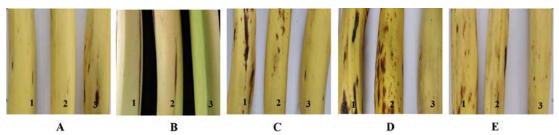


Fig. 3.2. 5th day of banana sample treated with different treatment A. Sodium alginate B. Starch C. Aloe vera D. Gelatin E. Glycerol

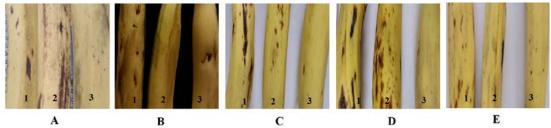


Fig. 3.3. 9th day of banana sample treated with different treatment A. Sodium alginate B. Starch C. Aloe vera D. Gelatin E. Glycerol

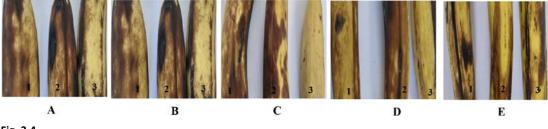


Fig. 3.4.

lactic acid) as shown in reducing the caused by *S. enteritidis* on chicken skin. (Hungaro et al., 2013). Thus, both results conclude that bacteriophages can be used a 'bio-sanitizers'. Similarly, it can be used to control the bacterial infection caused by *Pseudomonas* species pathogen in poultry carcasses in industrial setting (Lorraine et al., 2014).

In present work *P. aeruginosa* specific bacteriophages were used as bio-controlling agent, applied as bio-control agents on the surface of foods (meat and banana), to eliminate or reduce the contamination of foods (meat and banana) and food product. It has shown there is reduction in the bacterial load within 24 hours of incubation. Use of Bacteriophage mixture for meat samples with different conditions 37°C, 15-18°C, 4°C and -20°C incubation has reduced the bacterial load of P. aeruginosa in meat. Similar bacteriophage mixture is also applied to the banana samples along with different chemical agents (Sodium alginate, Starch, Gelatin, Glycerol, and Aloe Vera gel matrixes) and showed the reduction in the P. aeruginosa population in banana. Application implicate that bacteriophage can be used as alternative bio-sanitizers. For the improvement of food staple from bacterial, antibacterial method available now due to their extremely specificity against the particular bacterial bacteriophages and furthermore delicate of lytic bacteriophages in the improvement of food protection, since bacteriophages are available as universal in the

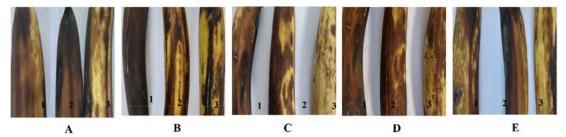
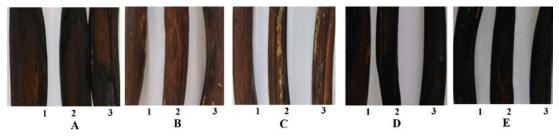
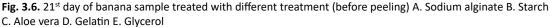


Fig. 3.5. 19th day of banana sample treated with different treatment A. Sodium alginate B. Starch C. Aloe vera D. Gelatin E. Glycerol





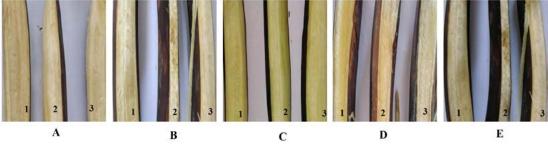


Fig. 3.7. After peeling Physiological / Morphological characterization of banana was observed and noted.A. Sodium alginate B. Starch C. Aloe vera D. Gelatin E. Glycerol

environment demonstrating that human are exposed to them in daily basis (Skurnik et al., 2007).

Sodium alginate is a chemical preservative made of polysaccharide which is applied as edible coating materials on food. It maintains quality and shelf life of fresh products and also in the food industries (Mancin and Mchugh, 2000). It is extracted from the seaweed, the structure is made up of polymer of d-mannuronic acid (M) and l-gulucoronic acid (G) and it is salt of alginic acid in nature (Sime, 1990). It is available as a natural polymer and has the sole ability to bind multivalent cations; it inherent the gelling property. (Vennat et al., 1998).

Starch is known to be storage polysaccharide, it forms coherent, relatively strong, free-standing films in divergence to amylopectin films which are brittle and noncontinuous (Zobel, 1998). Transparent, carries very low oxygen permeability in dry condition when it's mixed with water- butanol solution to form the gelatinized amylase to cast oil impermeable films (Wolff et al., 1995). Presumably, films cast from ethanol- water dispersions of dimethyl sulfoxide pre-treated high amylase (71%) starch retained low oxygen permeability even at high RH (Mark et al., 1990).

Gelatin commonly present in nature as constituent of skin, bone, and connective tissue and is obtained from hydrolysis of fibrous insoluble protein and collagen. It consists of high amino acids like glycine, proline and hydroxyproline. Gelatin also has a mixture of single and double unfolded chains of hydrophilic character (Dhall et al., 2013). The application of gelatin in pharmaceutical and food industries it is used as microencapsulation of ingredients and manufacture of tablet and capsule coatings. Like other edible films, gelatin coatings have shown potential as carriers of antioxidants (Muhammad et al., 2013).

Glycerol is chemically sugar alcohol. Food graded glycerol is used as a humectant (wetting agent), thickener, solvent, or sweetener to dairy product (cream), canned goods, confections, fondant, processed fruits, jams, energy bars and other foods. The glycerol which is extracted from the sources of animal or vegetable oil, corn syrup, petroleum is also used in a food product is usually not revealed on the food labels. Aloe vera due to its moisturizing effect, anti-bacterial and anti-fungal properties it used as novel edible coating to extend the shelf life of fruits and vegetables. It has revealed that it prevents the loss of moisture, firmness, rate of respiration, maturation, oxidative browning and less proliferation of microorganisms. (Sonu et al., 2016).

Numerous bacteriophages exist on the fresh, fermented foodstuff, fresh poultry, meat and raw vegetables that have not been processed extensively. These boosts that generally human will consume enormous amounts of phage in day to day and therefore phages can be consumed as it is safe. (Carlton et al., 2005). Numerous experiments resulted that it is safe and can used as a bio-control agent. Even they reported that using high or low concentration phage dosage results any adverse effects. The current proofs suggest that the intake of phage with food is safe and it can be used as an additive for bio-preservation of foods (Kang et al., 2013). In present work application of bacteriophages directly on food surface without any damage to the foodstuff, animals and humans, it can be used as bio-preservatives for preserving the foods without any side effects.

The conclusion of the study, bacteriophages recognized has potential biotherapeutic agents. Bacteriophage therapy and phage-based detection system have an emphasis on demand due to increase in antibiotic treatment and for rapid detection of the pathogens in food. The bacterial pathogen receptor knowledge and colonization factors provide to target the bacteria to treat with phage. Phage analysis will give in identification of phage lacking integration machinery, which will facilitate safe and effective use of phages as bio control agents. The present research emphasis the recent advances in the research of phages that target food pathogens and promote their use in bio sanitation.

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CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

AUTHORS' CONTRIBUTION

All authors list have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

FUNDING

None.

DATA AVAILABILITY

All datasets generated or analyzed during this study are included in the manuscript.

ETHICS STATEMENTS

Not applicable.

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