

A Retrospective Analysis of Influence of Environmental/Air Temperature and Relative Humidity on SARS-CoV-2 Outbreak

Md. Arifur Rahman^{1,5†} , Md. Golzar Hossain^{1,7†} , Atul Chandra Singha^{3,8†},
Md. Sayeedul Islam⁴ and Md Ariful Islam^{2,6*} 

¹Division of Virology, Department of Microbiology and Immunology, Graduate School of Medicine, Osaka University, Japan. ²Graduate School of Pharmaceutical Sciences, Osaka University, Japan. ³Division of Bioengineering and Bioinformatics, Graduate School of Information Science and Technology, Hokkaido University, Japan. ⁴Department of Biological Sciences, Graduate School of Science, Osaka University, Japan. ⁵Department of Microbiology, Noakhali Science and Technology University, Noakhali, Bangladesh. ⁶Department of Pharmacy, Noakhali Science and Technology University, Noakhali, Bangladesh. ⁷Department of Microbiology and Hygiene, Bangladesh Agricultural University, Mymensingh, Bangladesh. ⁸Department of statistics, Begum Rokeya University, Rangpur, Bangladesh.

Abstract

Coronaviruses are a family of viruses causing mild to severe upper respiratory tract syndrome. Recent pandemic threat caused by SARS-CoV-2 first appeared in Wuhan, China in December 2019. Whether the COVID-19 might be affected by warming global temperatures like some of previous pandemic flues. Therefore, the current study aims to analyze the effect of temperature and relative humidity (RH) on the spreading of the SARS-CoV-2 infection. The confirmed cases of COVID-19 in 31 different provinces in China and 274 provinces and/or countries were obtained from an online database. The real time temperature and humidity of the respective regions were taken from another online weather reporting data source. Spearman [R(s)] rank correlation was performed to identify the relationship between the variables (e.g., temperature, number of confirmed cases etc.). The overall spreading of SARS-CoV-2 in relations to temperature was inversely correlated. Among 29 of 31 provinces of China the overall correlation coefficient of the relationship between temperature and viral spread was negative [-R(s)] where in 15 provinces the correlation was at significant level ($p < 0.05$). Furthermore, there was a significant negative relationship observed between the SARS-CoV-2 spreading and air temperature throughout the 274 provinces and/or countries of the world. However, there was no significant co-relationship between humidity and COVID-19 spreading either in China or among countries and/or various regions of the world. The SARS-CoV-2 infection seems to be spread in a wide range of temperature throughout the world. Thus, several factors including temperature, may influence the SARS-CoV-2 spreading. As a results, relatively elevated air temperature could not completely prevent viral spread but it might be one of the important detrimental factors for SARS-CoV-2 rapid spread.

Keywords: SARS-CoV-2, COVID-19, Infectivity, Temperature and Humidity

*Correspondence: arifnixon@yahoo.com

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† These authors contributed equally to this work

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INTRODUCTION

Coronavirus disease 2019 (COVID-19) caused by SARS-CoV-2 (Severe acute respiratory syndrome coronavirus-2) became a pandemic threat and serious public health emergency of international concern in the winter of 2019-20¹. Though COVID-19 was reported for the first time on December 31, 2019 in Wuhan, China, the disease has spread very rapidly throughout the world due to its extremely high contagiousness^{2,3}. The clinical symptoms of COVID-19 are mild to high fever, cough, fatigue, dyspnea, headache, and diarrhea, which depend on the age and condition of the infected patients^{3,4}. However, the number of confirmed cases of COVID-19 is increasing worldwide due to human to human transmission, lack of vaccine, and antiviral drugs against SARS-CoV-2^{2,3}.

SARS-CoV-2 is a positive sense single stranded RNA virus under the betacoronavirus genus and coronaviridae family. It is an enveloped virus containing ~30.0 kb genome⁵. This viral genome is similar to bat coronaviruses⁶. The variation of nucleotide sequences is not enough to name it as different species from SARS coronavirus⁷. Envelope viruses are relatively sensitive to heat, detergent, and desiccation compared to non-enveloped viruses^{8,9}. However, the overall temperature susceptibility of influenza virus increases (it can withstand 60-65°C) once it inhabits into a droplet¹⁰. It has been reported that the viruses causing pandemic threat, e.g. SARS, MERS, H1N1 influenza, spread through 'droplet transmission' and/or 'airborne transmission'¹¹⁻¹³. In a laboratory experimental model, the transmission of respiratory droplets among guinea pigs affected by temperature and relative humidity revealed the shaping influenza seasonality¹⁴.

Moreover, a number of studies reported that environmental conditions including temperature and humidity are considered influencing contributors to the infectivity of viral infections^{15,16}. The survivability of viruses in environments such as the air and the surfaces of the animate/inanimate objects is correlated with the temperature, humidity, and pH¹⁷. On the other hand, a recent report demonstrated that SARS-CoV-2 is primarily transmitted through respiratory droplets from the coughs and sneezes of infected patients¹⁸. The survivability of enveloped viruses in

droplets depends on temperature and humidity¹⁹. Therefore, the persistence of respiratory droplets in the air may play a potential role in the high risk of infectivity of SARS-CoV-2.

Variations of regional temperature and humidity may prevent the outbreak of SARS coronavirus infection worldwide²⁰. The temperature and humidity were around 4-10°C and ~50-72%, respectively during the outbreak of SARS-CoV-2 in Wuhan. As of April 12, 2020, almost all of the countries throughout the world with wide range of temperature and humidity have been affected with SARS-CoV-2. Previous studies on several strains of coronavirus showed the direct influence of air temperature, relative humidity, or change in pH on coronavirus survivability, transmission, and infections^{21,20,22,23}. Though hundreds of scientific articles have been published on COVID-19 and/or SARS-CoV-2, there is no report on the effect of regional daily temperature and humidity on SARS-CoV-2 infection, recovery, and mortality rate. Thus, whether the local air temperature and relative humidity affect the spread of SARS-CoV-2 infection worldwide outbreak remains to be investigated. In the present study, we performed a retrospective analysis on the effect of daily temperatures and relative humidity on the infection of SARS-CoV-2 by collecting information of different infected regions/countries from online databases between January 31 and April 12, 2020. The report will help the scientific community to know or better perceive the in-depth and real impact of temperature and humidity on the global threat affected by SARS-CoV-2.

METHODS

Study design and Data collection

The current analysis assessed a retrospective population level study by using online data repositories for the 2019 Novel Coronavirus Visual Dashboard operated by Johns Hopkins University's Center for Systems Science and Engineering (JHU CSSE; <https://github.com/CSSEGISandData/COVID-19>). This online system has been providing real-time coverage of the COVID-19 outbreak all over the world including different provinces in China. To get appropriate temperature data of China, we have chosen the median temperature of each day (6:00 AM to

0:00 PM), the typical time when most people can be infected due to their movement. We excluded the temperature and humidity between 00:00 AM and 6:00 AM of the day because of sleeping time and/or less movement of people. In addition, we determined the average humidity using the above mentioned time range. We also obtained data of 274 provinces and/or countries from the same data sources. Here, we obtained only the median temperature and humidity of every provinces

and/or countries of the respective analyzed time period. The databases have obtained data from a number of sources referenced in their website. These are publicly available online data without identification of infected patients directly obtained from public health authorities or by state media or WHO reports. Therefore, patient consent or ethics approval is not required. To collect the temperature in Fahrenheit (F) and relative humidity (RH), we chose an online weather portal

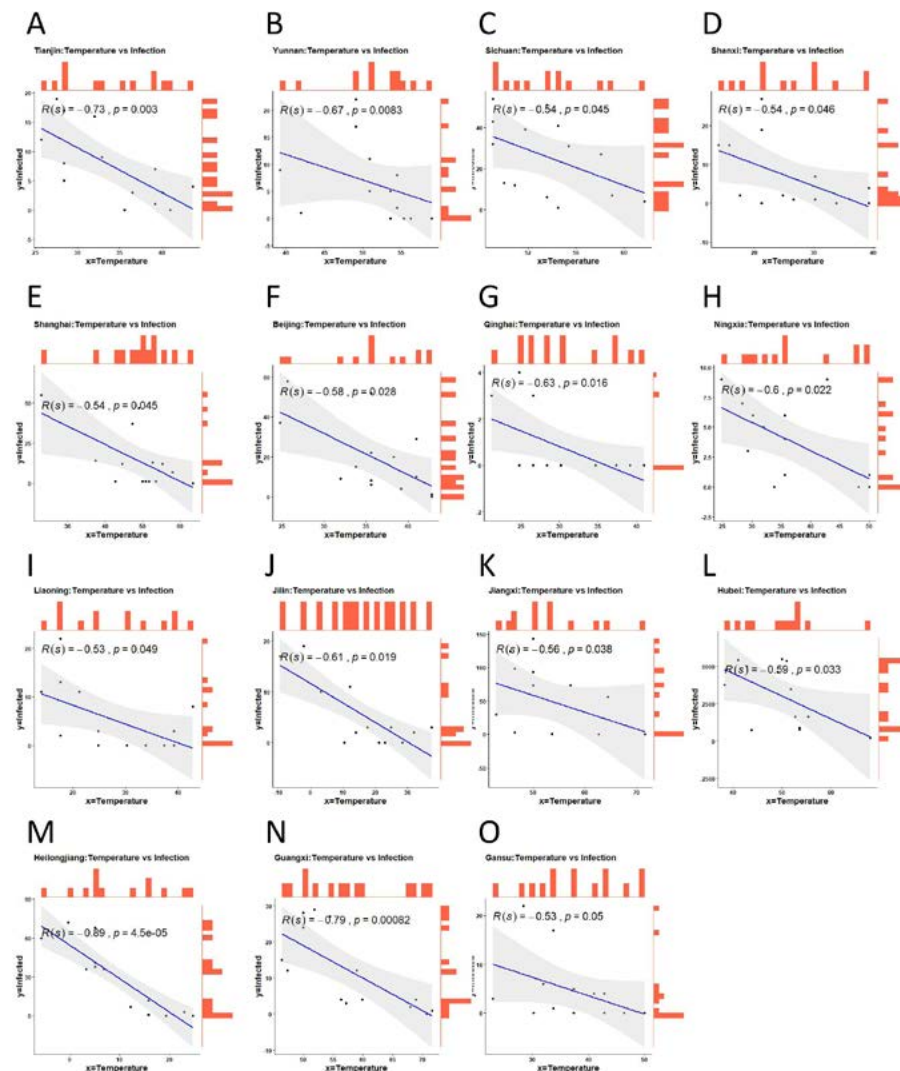


Fig. 1. Relationship between temperature (x) and number of infection (y) (A-O). The Fig. show that there is a significant (5% level) negative correlation between temperature and infection [$R(s)$ = negative & p value ≤ 0.05]. The blue line indicates the fitted linear regression line of the relationship. Each black point is paired (x, y) observations and shaded area indicates the deviance from the fitted line. Orange color bars indicate the frequency of each point for both variable.

“timeanddate.com” (<https://www.timeanddate.com>). We focused only on the temperature and humidity irrespective of all others factors relative to SARS-CoV-2 infection.

Data compilation

Though the virus outbreak occurred in December 2019 and the first confirmed case was identified in January 2020, we focused on data between January 31, 2020, and February 28, 2020 from 31 Chinese provinces (including Hong Kong) to extract key information of every alternative date. We chose this time frame because of the lack of a real picture of infections due to unawareness

Table 1. Relationship of SARS-CoV-2 infectivity with the temperature among 31 provinces of China. The correlation between the Temperature and Infection was determined by the Spearman Correlation Coefficient [R(s)]

No.	State/Province	R(s) value	P value
1.	Guangxi	-0.78762	0.000824
2.	Tianjin	-0.7309	0.002982
3.	Heilongjiang	-0.70211	0.00512
4.	Yunnan	-0.67341	0.00829
5.	Qinghai	-0.62712	0.016375
6.	Jilin	-0.61461	0.019344
7.	Ningxia	-0.60383	0.022214
8.	Beijing	-0.58357	0.028463
9.	Jiangxi	-0.55866	0.03784
10.	Shanghai	-0.54233	0.045112
11.	Sichuan	-0.54205	0.045248
12.	Shanxi	-0.54097	0.045764
13.	Liaoning	-0.53381	0.04929
14.	Gansu	-0.53254	0.049933
15.	Guangdong	-0.50332	0.066544
16.	Inner Mongolia	-0.47043	0.089585
17.	Hunan	-0.46889	0.090783
18.	Fujian	-0.4594	0.098418
19.	Xinjiang	-0.44822	0.107975
20.	Guizhou	-0.44234	0.113248
21.	Shaanxi	-0.4364	0.118746
22.	Anhui	-0.4106	0.144754
23.	Chongqing	-0.38953	0.168596
24.	Jiangsu	-0.38463	0.174495
25.	Hebei	-0.3665	0.197441
26.	Henan	-0.3658	0.198356
27.	Hong Kong	0.359606	0.206645
28.	Zhejiang	-0.35477	0.213265
29.	Hubei	-0.33003	0.249158
30.	Shandong	-0.20377	0.484712
31.	Hainan	0.177085	0.544757

of SARS-CoV-2. After February, China developed a stronger management of its healthcare system for SARS-CoV-2 infection. Again, for the world population study, we obtained data from March 1 to April 12, 2020 because of insufficient data before the mentioned time frame.

Statistical analysis

Spearman [R(s)] rank correlation was performed to identify the relationship between the variables (e.g., temperature, number of confirmed cases etc.). We used Spearman rank correlation since our variables (one or both) are skewed or non-normal (normality is tested by qqPlot, supplenetary Fig. 1). Additionally, we fitted a simple linear regression line between the variables (e.g, Infected new cases vs temperature) to show the trend or pattern of the relationship. We also find out the extreme or outlier values by Studentized residuals in linear (using, t-tests) model and removed before using the Spearman rank correlation and linear regression. All statistical analysis were performed using R-language version 3.6.3.

The Spearman rank correlation coefficient of variable x and y is defined by

$$r_{(s)} = \frac{\sum(x' - m_{x'}) (y' - m_{y'})}{\sqrt{\sum(x' - m_{x'})^2 \sum(y' - m_{y'})^2}}$$

Or $r_{(s)} = 1 - \frac{6 \sum_{i=1}^n d_i^2}{n(n^2-1)}$

Where x' = rank(x) and y' = rank (y) $d_i = x' - y'$
 $m_{x'}$ and $m_{y'}$ are the means of x' and y' variables.

The p-value (significance level) of the correlation coefficient is determined by t-test as,

$$t = \frac{r\sqrt{n-2}}{\sqrt{1-r^2}} \sim t_{df}$$

; degrees of freedom (df)=n-2

To test the significance level ($\alpha = 0.05$), the testing hypothesis is
Null hypothesis (H_0) = There is no linear relationship between x and y variable.

Alternative hypothesis (H₁) = There is linear relationship between x and y.

RESULTS

Relationship of SARS-CoV-2 infectivity and recovery with the temperature and humidity

First, we wanted to find out whether there is any correlation of SARS-CoV-2 infectivity with the temperature in different Chinese provinces. Therefore, the median temperatures of the 31 different Chinese provinces were analyzed in relation to their infection and recovery. Results showed that the median temperature of the Chinese provinces between January 31 and February 28, 2020 was 45.9°F with a range of -13.2 to 76.1°F. In 29 provinces out of 31, SARS-CoV-2 spreading in relation to temperature the calculated “R(s)” value was negative (Table 1).

Among the total number of patients (78,917 in 31 provinces), 99.7% were from the 29

provinces where negative correlation coefficient [-R(s) value] were observed in terms of SARS-CoV-2 infection and environmental temperature (Table 1 and 2). The median temperature of these 29 provinces was 43.7 °F whereas in the other 2 provinces, the median temperature was 68°F. However, all but 15 states were statistically non-significant of SARS-CoV-2 spreading in relation to temperature (Fig. 1A-O). The median temperature of these 15 states was 26.7°F.

We performed similar analysis of SARS-CoV-2 spreading in relation to relative humidity. The infection was non-significant in relation to humidity in all states/provincess of China (Supplementary Table 1).

Worldwide relationship of COVID-19 spreading with temperature and humidity

Next we observed the status of worldwide SARS-CoV-2 spreading in relation to above environmental factors. We analyzed data of 274

Table 2. Table showing the analyzed data of 31 different sates/province of China between the January 31, 2020 and February 28, 2020. The correlation between the Temperature and Infection was determined by the Spearman Correlation Coefficient [R(s)]. The overall comparison were done on the basis of positive correlation [R(s)= negative] and negative correlation [R(s)= negative]

Comparison	Correlation	Number of states	Significant correlation	Number of confirmed cases	Median Temp. (F)	Median Humidity (Y)
Temperature versus Infection	Negative	29	15	78655	43.7	70.25
	Positive	2	0	262	68	76
Total (Upto February 28, 2020 in China)		31	15	78917	-	-

Table 3. The median temperature (F) and relative humidity of different provinces/countries. The data were sorted on the basis of the confirmed case reported <500 and >500, as well as <1000 and >1000

	Number of countries/states	Number of Infection	Median Temp. (F)	Median Humidity
March (1st -31st)	167	<500	75.2	71
Total Infection: 8,22,785	102	>500	50	71
April (1st-12th)	196	<1000	71.6	71
Total Infection: 9,87,344	73	>1000	48.2	71
From beginning to still April 12, 2020	156	<500	75.2	72
Total Infection: 17,62,622	116	>500	53.6	63
	188	<1000	71.6	72
	84	>1000	53.6	61
	133	<500	76.1	72
	139	>500	53.15	66.5
	161	<1000	75.2	71.5
	111	>1000	51.8	66

different provinces and/or countries from March and to April 12, 2020, where the number of confirmed COVID-19 cases have been reported. The analysis was performed of the temperature and infection relationship in three different time periods; temperature vs new cases during March, temperature vs new cases from April 1 to 12, and temperature vs total cases from beginning of the infection up to April 12 for getting the real scenario. There was significant negative correlation between the air median temperature and new cases of either March or April. The spreading of COVID-19 from beginning to April 12, 2020, also showed similar relationship with the median temperature (Fig. 2 A-C).

Next, we wanted to find out the temperature differences among the provinces and/or countries with high and limited spread of COVID-19 reported. In March, the median temperature of the provinces and/or countries with less than 500 confirmed cases was 75.2°F whereas the regions with more than 500 confirmed cases showed a median temperature 50°F. Then, we extended the analysis between >1000 and <1000 COVID-19 confirmed cases and found that the median temperature of the provinces and/or countries reported >1000 cases was lower than the provinces/countries that reported <1000 cases (Fig. 3 and Table 3).

Similarly, we analyzed the new confirmed infection in April (1st -12th April, 2020) as well as total confirmed cases up to 12th April, 2020. For these cases, the results showed a similar pattern,

i.e, the spread of COVID-19 was significantly lower in warmer parts than the cold regions of the world (Fig. 3 and Table 3).

However, the median humidity among the high and low spreading areas of the world were almost similar or slightly different (Table 3). We also analyzed the relationship of patients' recovery and death to environmental temperature and relative humidity. We did not find any significant correlation among these analyses (data not shown).

DISCUSSION

The envelope of viruses consists of lipid bilayers which are more sensitive to heat, cold, pH, desiccation, and detergents, etc.²⁴. Therefore, enveloped viruses have limited survivability outside of the host and lose their infectivity. Seasonal flus, such as influenza caused by the enveloped viruses, markedly increase in winter in the temperate countries²⁵. The viral particles may also survive longer at low temperature and relative humidity²⁵. Temperature is one of the important factors for proper infections of pathogens including viruses²⁶. Low environmental temperature may increase physiological stress thereby weakening the immune system, which leads to more susceptibility to respiratory infections²⁵. Though it has spread to almost all countries or the world including temperate regions, there are very limited reports in detail on the relationship of COVID-19 outbreak with temperature and relative humidity. In this retrospective analysis, we reported that the

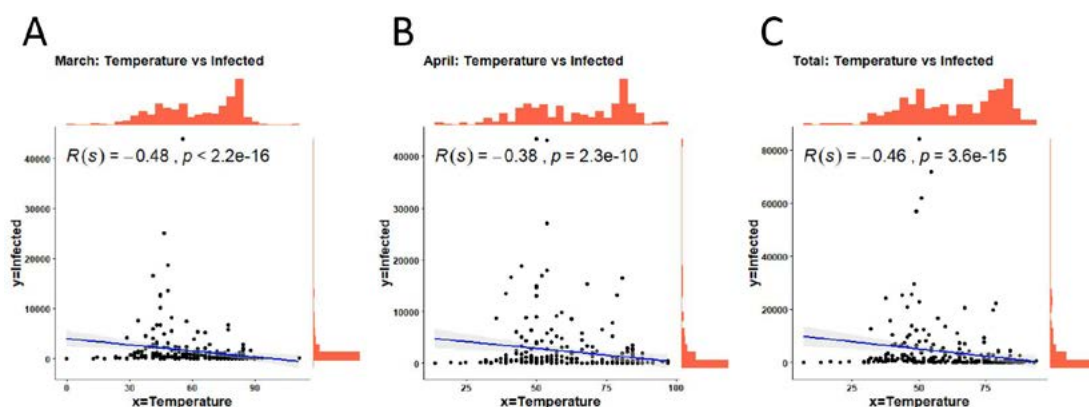


Fig. 2. Relationship analysis between temperature (x) and number of infected patients (y) in the world. The relationship was determined by individual monthly spreading (A) March (B) upto April 12 and (C) total spread from the beginning to still 12th April.

SARS-CoV-2 spread among the people correlates with temperature in the many provinces of China and provinces and/or countries throughout the world.

During the 2002-03 global SARS outbreak, the first case was identified in February 2002 and no new cases were reported after July 2003 27. The outbreak of COVID-19, caused by the SARS-CoV-2, occurred in the winter of 2019 in Wuhan, China where the temperature was around 39.2-50.0°F. The number of people infected in different Chinese provinces reached its maximum in February 2020. Our results showed the overall tendency of SARS-CoV-2 spreading in terms of temperature was negative as negative R(s) value was observed in 29 of 31 provinces of China (with a median temperature 43.7°F), and around 50% (15 of 29) cases this negative correlation was at significant

level. So far there are no experimental reports on temperature dependent aerosol transmission of SARS-CoV-2 but Casanova et al. showed that surrogate coronavirus can be rapidly inactivated at 68 °F air temperature²¹. Moreover, influenza virus transmission through aerosol is highly efficient at 41.0°F and could be blocked at a temperature of 86.0°F in experimental pig models^{14,28}. Therefore, our study indicates that COVID-19 infection around 43.7°F might be critical as lower environment temperatures favor the viral spread.

Furthermore, we found limited viral spread in many provinces and/or countries throughout the world among a total of 274 countries where the median temperature was relatively high. Accordingly, temperate countries like Bangladesh, India, Pakistan, Nepal, Afghanistan, Cambodia, and Thailand were reported with

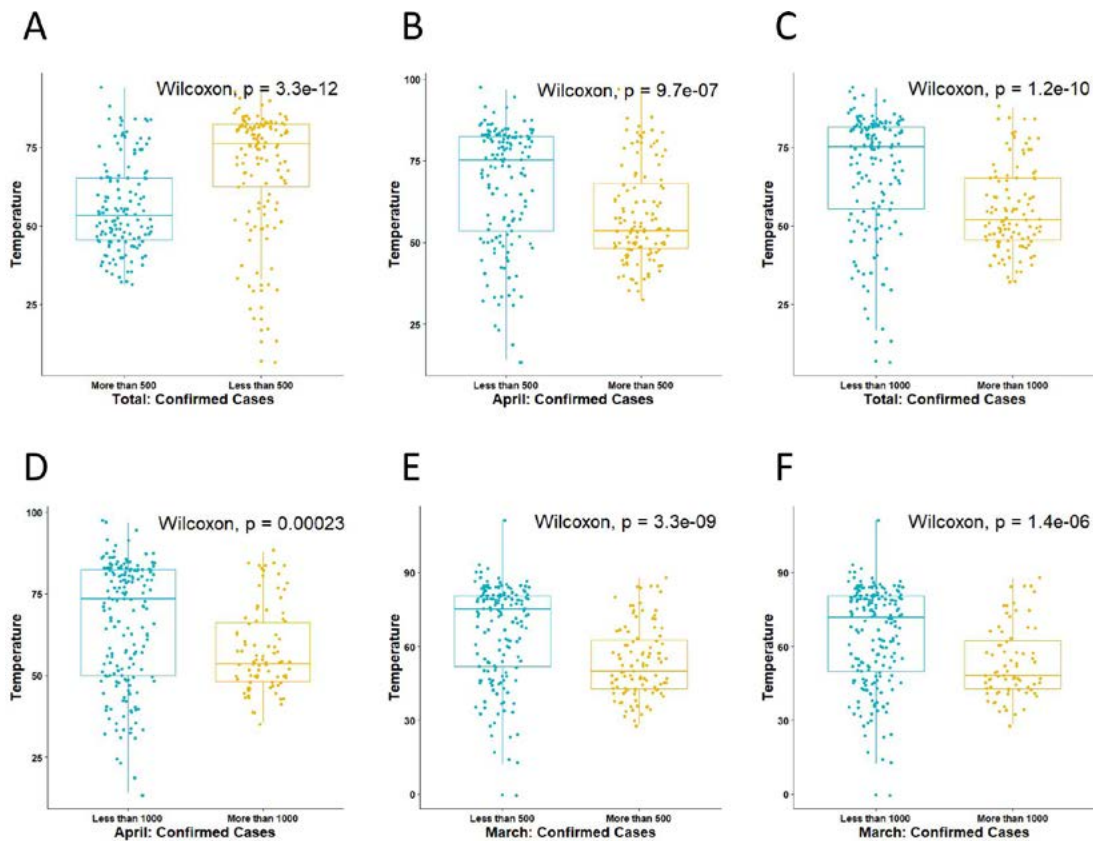


Fig. 3. Comparative analysis of environmental temperature among the highly and limited spreading cities/states/countries of the world. The comparison was done by taking the median temperature among the countries of either <500 and >500 as well as <1000 and <1000 confirmed cases. The comparison was done by using non-parametric Wilcoxon test due to non-normality of the data. It shows the temperature is significantly different between high and low cases regions.

limited community outbreak of COVID-19 during our analysis time. Though the spreading is slow compared to many other relatively cold regions, elevated air temperature could not completely prevent viral infectivity. Number of confirmed cases is highly dependent on number of test performed however, we excluded this probability because, test is only done upon the symptoms appears at significant level even among the developed countries. We assumed that the spreading of the temperate countries is primarily by person to person contact as the virus seems to be very contagious or by other modes of transmission^{29,30}. Thus, temperate countries with densely populated areas and/or poor management system and lack of public awareness (eg. India, Bangladesh, Pakistan and so on) are also at high risk. In addition, SARS-CoV-2 spread was higher in the states/cities of USA, Germany, Spain, Italy, and many other countries where relatively low temperatures were recorded. It is obvious that there were more tests performed in these countries. However, the number of confirmed cases were lower in different cities/provinces in a same country like USA, Germany, Spain, Italy, Japan, South Korea, Iran, Australia and so on where comparatively high air temperature were recorded. This hypothesis would be more appropriate in the case of surface contamination where the virus can survive for a longer period within droplets/aerosol/inanimate objects and indirect transmission may occur. However, the number of confirmed COVID-19 cases depend on the several factors such as number of test, public health policies and emergency measures taken by the countries and so on. We considered none of these factors except environmental temperature and humidity as we analyzed the data of almost all of the countries and/or states of the world.

Inactivation of viruses on surfaces also depends on humidity and maintains a correlation with temperature²¹. Lowest level of inactivation has been reported when the humidity was 20% at 39.2 °F²¹. A moderate humidity around 50% may be better for surrogate coronavirus than lower or higher levels²¹. Chan et. al reported that SARS coronavirus may survive on the surface over 5 days at relatively low humidity, 50-60%, with air temperature 71.6 -77.0°F²⁰. Moreover, virus viability is rapidly lost at relative humidity of

>95% (temperature 100.4°F)²⁰. Though, we found negative correlation between temperature and infection, it might have correlated with humidity. However, in our analysis, the effect of humidity on SARS-CoV-2 in 31 provinces of China or 274 provinces and/or countries of the world showed no correlation with the virus infections.

When the people are infected with SARS-CoV-2, they are typically maintained in a controlled environment in the hospital and at home. Thus, it is obvious there should be no correlation between the environmental factors such as temperature or humidity and recovery of death of the COVID-19 patients. Maybe due to these reasons, we did not find any relationship with temperature and recovery and death. Once the infection spreads and the number of infected people increases, recovery and death depends on numerous factors such as the patient's immunity, predisposed factors, age, and most importantly the management system.

We have several limitations of this analysis. First, we analyzed only SARS-2 infection in relation to environmental factors without considering all other factors like viral and host factors, patients age, sex, and measures taken by the countries and the number of tests performed. Second, in China, we took the temperature and humidity at same day of SARS-CoV-2 case has been reported without considering the viral incubation time. These limitations are due to the unavailability/unability to confirm the exact infecting day as well as variation of incubation period from person to person. To minimize these limitations we compared the confirmed cases of different countries/states of the world with the median temperature of a specific time period (whole months/few days).

CONCLUSIONS

The SARS-CoV-2 infection and/or spread are reported in both temperate and cold regions/countries. Comparatively higher air temperature could not completely prevent viral infectivity but it might be one of the important factors for SARS-CoV-2 rapid spread as lesser numbers of patients are infected compared to people living in cold weather.

SUPPLEMENTARY INFORMATION

Supplementary information accompanies this article at <https://doi.org/10.22207/JPAM.14.3.09>

Additional file: Additional Table S1, Figure S1.

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None.

CONFLICTS OF INTEREST

The authors declare that there is no conflict of interest.

AUTHORS' CONTRIBUTION

MAR, MGH and MAI collected and compiled the data. ACS and MAR analyzed the data. MGH, MAR, ACS, MAI and MSI wrote the manuscript. All the authors revised and edited the manuscript. All authors read and approved the final version of the manuscript.

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None.

ETHICS STATEMENT

Not applicable.

DATA AVAILABILITY

All datasets generated or analyzed during this study are included in the manuscript and/or the Supplementary Files.

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