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RESEARCH ARTICLE

Molecular Characterization of Antimicrobial Drug Resistant *Escherichia coli* Isolated from the Environment at Dakshina Kannada, Karnataka

Shahanaz Banu¹, Santhosh Kogaluru Shivakumaraswamy ², Akhila Dharnappa Sannejal³ Dechamma Mundanda Muthappa⁴, Stephina Mary Mathew¹ and Prarthana Aithal¹

¹Department of Biotechnology, Shri Dharmastala Manjunatheshwara Post Graduate college, Ujire- 574 240, India. ²Viral and Diagnostic Laboratory (VRDL), Shivamogga Institute of Medical Sciences, Sagar road, Shivamogga- 577 201, India. ³ Nitte University Centre for Science Education and Research, Nitte (Deemed-to-be University), Paneer campus, Deralakatte, Mangalore-575 018, India. ⁴UCD-Centre for Food Safety, School of Public Health, Physiotherapy & Sports Science, University College Dublin, Belfield, Dublin D04 N2E5, Ireland.

Abstract

Escherichia coli are commonly found in the gastrointestinal tract of humans and other warm-blooded organisms. Since E. coli can be discharge through deposition of fecal material, it has become habituated to soil and water in the environment. Hence the present study was undertaken to isolate and identify E. coli from various environments (viz., cattle waste, piggery, poultry and sewage water) and to determine their antibiogram patterns to different group of antimicrobial agents. A total of 120 samples comprising cattle wastes (30), poultry droppings (30), piggery (30), sewage water/sediment (30) were collected from the Dakshina Kannada and analyzed for the presence of E. coli. Of total samples screened, 82 (68.3%) were found to be positive to E. coli and among the 82 E. coli strains, 25 were isolated from cattle wastes, 18 from piggery, 13 from poultry and 26 from sewage samples. The antibiogram pattern of these strains showed varied multi-drug resistance profile to the selected antibiotics. Of 82 strains, 19 (23.2%) were susceptible to all the antibiotics and 63 were resistant to at least one of the drug tested. The results from present study revealed the higher relative resistance pattern to the tested antibiotic among E. coli suggesting their potentiality in transferring MDR thereby posing public health concerns in treating problems.

Keywords: Escherichia coli, antibiotic, antibiotic resistance, integrons, multi drug resistant.

*Correspondence: akhila@nitte.edu.in; Tel.: +91-9611127686

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INTRODUCTION

Antibiotics are widely used in treating infections of bacterial origin. They were predominant in treating diseases in the mid of 20th and early 21st century. Extensive use of antibiotics as medications has exerted selective pressure on vulnerable bacteria, favoring the survival of resistant bacteria¹⁻³. These bacteria tend to take up resistance to varied antibiotics there by becomes multiple drug resistant (MDR). Infections caused by MDR bacteria are at raise posing a real threat in treating these populations. Incidence of antimicrobial resistance (AMR) is a major concern in terms of public health issue globally4. However abrupt usage of them lead to the emergence and spread of antibiotic resistance in the pathogenic organisms. The rapid emergence of antibiotic resistant bacterial strains and lack of new antibiotics to treat diseases resulted in increase in death specially in intensive care units. Thus, AMR has become a universal health threat and is a global issue. Among the food production sector, the poultry birds contribute to about 90 billion tons of meat production globally⁵. Due to the rapid manifestation of diseases in poultry and livestock animal there arose the question of food security. Hence usage of antibiotics has become popular in treating infections in poultry birds as well as live stocks⁶. Their usage in terms of growth supplements in livestock specially in farmed animals has been one of the contributing source of AMR, which are evident in various reports on isolation of MDR bacteria from livestock populations across the globe⁷. The global food trade is one of the leading cause of spread and colonization of resistant bacteria globally. The massive use of antibiotics in treating diseases in humans and animals has resulted in the accumulation of antibiotic compounds in the environment leading to the emergence and uptake of antibiotic resistance⁶. Entry of antibiotic compounds into the environment – waterbodies could be traced out from effluent discharges from hospitals and community wastes which in turn becomes the reservoir hub harboring pathogeneous resistant microorganisms⁷.

Certain bacterial community are inherently resistant to certain antibiotics where certain bacteria can acquire resistance by repeated exposing to group of antibiotics by mutations and

by horizontal gene transfer. Various genes that are responsible for intrinsic resistance to various classes antibiotics like β -lactams, fluoroquinolones and aminoglycosides. Better understanding on the genetic basis of the bacterial intrinsic resistance along with the range of the activity of antibiotics will therefore help in choosing the combination of antibiotics to treat the bacterial infections⁸. The present study was aimed in isolating *E. coli* from different sources to analyze their genetic elements for antibiotic resistance to understand their antibiotic resistance profile, spectrum of resistance. These studies will give a preliminary idea of the transmission of AMR in *E. coli*.

MATERIAL AND METHODS Study design

In this study, two taluks of Dakshina Kannada district i.e., Belthangady and Mangalore of Karnataka were selected for regular sample collection. The samples (sewage water/sediment, poultry droppings, piggery and cattle wastes) were aseptically collected and brought to the laboratory for analysis. A total of 120 samples were collected from different sources - comprising 30 each from cattle wastes, poultry droppings, piggery and sewage water/sediment.

Isolation and identification of E. coli

The samples were subjected for isolation of *E. coli* by culture based conventional method as per the protocol recommended by FDA Bacteriological Analytical Manual⁹. Samples were pre-enriched in lactose broth and streaked on eosin methylene blue (EMB) agar plate. Typical colonies from EMB plate were purified and sub cultured on Luria Bertani agar (Hi Media Laboratories Pvt. Ltd., India) and subjected to a battery of biochemical tests. Identified *E. coli* isolates were further confirmed by molecular single step polymerase chain reaction (PCR) using genus specific primer for *uidA* gene (Table 1).

Antimicrobial susceptibility test

Antibiotic sensitivity profile was performed for all the identified *E. coli* isolates on Muller & Hinton Agar (Hi-Media Pvt. Ltd. Mumbai) using standard Kirby-Bauer disk diffusion method (Bauer et al. 1966). Antibiotic discs tested in the study were nalidixic acid (30mcg), tetracycline (30mcg), co-trimoxazole (25mcg), ciprofloxacin (5mcg), chloramphenicol (30mcg), ampicillin

(10mcg), gentamicin (10mcg), nitrofurantoin (300mcg), imipenem (10mcg), meropenem (10mcg), cefotaxime (30mcg) and piperacillintazobactum (100/10mcg) and the values obtained were interpreted as being resistant, intermediate and sensitive according to the Clinical and Laboratory Standards Institute guidelines. A standard *E. coli*, ATCC 25922 (American Type Culture Collection) was used as positive control.

Detection of antibiotic resistance genes and integrons by PCR

E. coli isolate resistant to specific antibiotic was selected and tested for presence of genetic determinants responsible for resistance to particular antibiotics. Genomic DNA was extracted from the E. coli culture by CTAB (Cetyl-trimethyl ammonium bromide) method¹⁰ and used for detection of integrons and antibiotic resistance genes. PCR was carried out in 30 µl reaction mixture containing10X buffer (100mM of Tris-HCl, pH 8.3, 20mM 0f MgCl2, 500mM of KCL and 0.1% gelatin) 200mM of deoxyribonucleotide triphosphate (dATP, dTTP, dGTP and dCTP), 10 picomoles of each primer and 1 U of Taq polymerase (Bangalore Genei, Bangalore), with 2 μl of template DNA. Amplification was carried out in a MJ-Research Thermo Cycler (PTC-200, Bio-Rad) with optimized PCR programme consisted of an initial denaturation at 94°C for 5 min followed by 30 cycles with each cycle consisting of 94°C for 30 sec, Tm (annealing temperature) for 30 sec and extension for 72° C for 30 sec. The final extension was performed at 72°C for 10 min and the amplified products were resolved by 1.5 % (w/v) agarose gel electrophoresis. Different primer pairs were used for the amplification of various antibiotic resistance genes in isolates resistant to tetracycline [tetA, tetB, tetC, tetD, tetE, tetG, tetL, tetM and tetS] 11, chloramphenicol [cat1, cat2, cat3, cmlA, cmlB and floR] 11, sulphanamides [sul1, sul2 and sul3] 11, quinolones [qnrA, qnrB and qnrS] ¹², ampicillin [blaTEM] and cefotaxime [blaCTXM] 11

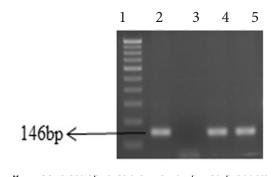
Multi-drug resistant *E. coli* strains isolated in the study were selected and examined for the presence of class 1 integron in their plasmid DNA. Plasmid was extracted by following the alkaline lysis method described by Sambrook et al. ¹³ and class1 integron was amplified using specific primers (Table 1) by single step polymerase chain

reaction (PCR).

RESULTS

Isolation and identification of bacterial strains

A total of 82 (68.3%) biochemically identified *E. coli* strains were isolated from 120 different samples (Table 2) and confirmed by amplifying 146 bp product of *uidA* gene with single step polymerase chain reaction (Figure 1). The incidence of *E. coli* from sewage was highest 86.6% followed by cattle waste-83.3%, piggery-60.0% and poultry-43.3%.



of E. coli isolates.

Lane 1: 100bp DNA ladder; Lane 2: *uidA* gene positive control; Lane 3: *uidA* gene negative control; Lane 4 and 5: Positive isolates.

Antibiotic resistance pattern

All E. coli isolates were tested for their antimicrobial susceptibility against 12 antibiotics belonging to six different groups. Of 82 isolates, 19 (23.17%) were susceptible to all the antibiotics and 63 (76.83%) showed resistance to at least one of the antibiotic tested. The incidence of antimicrobial resistant E. coli was reported highest in samples from sewage -100% (26/26) followed by poultry - 84.6% (11/13), piggery -66.6% (12/18) and cattle wastes - 56% (14/25). The highest level of resistance was to ampicillin (56.1%), followed by nitrofurantoin (43.9%), tetracycline (41.4%), cefotaxime (37.8%), nalidixic acid (29.3%), ciprofloxacin (23.1%), co-trimoxazole (21.9%), meropenem (14.6%), imipenem (12.2), chloramphenicol (7.3%), gentamicin (4.9%), piperacillin-tazobactum (3.7%).

Detection of antibiotic resistance genes and integrons

The isolates marked resistant to tested

antimicrobials were selected and analyzed for occurrence of resistant determinants of specific drug. Of 34 isolates resistant to tetracycline, seven isolates harbored more than one resistance gene (1- tetA & tetD, 1- tetA, tetC & tetS, 2- tetC & tetE, 2- tetC & tetS and 1- tetC, tetD & tetE), 4 carried tetA gene and 1 carried tetB gene. Though twenty two isolates were phenotypically resistant to tetracycline did not carried any of the genes tested. None of the isolates were harbored for tetD, tetL and tetM genes. Of six chloramphenicol resistant isolates, two carried cat1, two had cmlB and one had cmlA gene. None tested positive for cat2, cat3, and floR genes. Of 18 isolates resistant to cotrimoxazole, eight isolates harbored resistant gene tested (two- Sul1, one- Sul2, two- Sul3, two- Sul1 & Sul3 and one- Sul1, Sul2 & Sul3) and other 10 isolates did not harbored any of the tested genes. Of 46 ampicillin resistant isolates, only 2 possessed blaTEM gene and of 31 cefotaxime resistant isolates, none of them harbored blaCTX-M gene. Of total 35 quinolones resistant isolates (16nalidixic acid resistant, 11- ciprofloxacin resistant and 8 both resistant), only one isolate harbored anrB gene.

Multi-drug resistant (MDR) isolates (resistant to more than 2 antimicrobials) were screened for the presence of integrons in their plasmid using specific primers (25). Of 24 MDR isolates, 11 isolates showed positive for class 1 integrons by amplifying products of 1610 or 1859 bp (Figure 2), in addition lower size amplicon (500 bp) was observed.

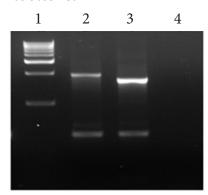


Fig. 2. Agarose gel picture of PCR amplified class1 integrons.

Lane 1: 1 kb marker, Lane 2 & 3: *E. coli* isolates, Lane 4: negative control.

DISCUSSION

The evolution of resistance to antimicrobial agents in bacterial pathogens from different sectors is a serious threat to public health. The environment is the major harbour for antibiotic resistance, where they hold antibiotic residues which contributes for the development of resistance by selection pressure¹⁴. The irrational and inappropriate usage of antibiotics in veterinary and agriculture fields has led to the emergence and diffusion of resistance in bacteria derived from food-producing animals 15,16. In particular, the emergence of antibiotic resistance in environment and microflora of food producing animals are of great concern due to the risk of getting entry into the food chain and can transmit to people and animals^{14,15}. Hence the present study was designed to screen for antibiotic resistance E. coli from the environment (sewage) and the animal food sectors (piggery, poultry, cattle farms). Also examined for presence of genetic determinants encoding antibiotic resistance which evidences the horizontal transmission of resistance in the environment by using molecular methods like PCR. To determine the antibiogram of the isolated strains, we selected different antibiotics like ampicillin, nitrofurantoin, tetracycline, cefotaxime, nalidixic acid, ciprofloxacin, co-trimoxazole, meropenem, imipenem, chloramphenicol, gentamicin and piperacillin-tazobactum¹⁶.

In the present study, one hundred and twenty samples from different sources (sewage water/sediment, poultry droppings, piggery and cattle wastes) were screened for *E. coli*. Of 120 samples 82 strains were isolated, identified as *E. coli* by conventional methods and confirmed by molecular tools (PCR). Of 82 *E. coli* strains, 19 (23.17%) were susceptible to all the drug tested and 63 (76.83%) showed resistance to minimum one of the antibiotics tested in the study.

Environments are the major harbor of antibiotic-resistant microorganisms. The emergence of antibiotic resistance in microflora of food producing animals are of great concern due to the risk of getting entry into the food chain¹⁷⁻¹⁹. In this study, genetic determinants for antibiotic resistance were identified using molecular methods like PCR and this provided important evidences for horizontal transmission. To determine the resistance profile of the isolated strains, we

selected different groups of antibiotics like ampicillin, nitrofurantoin, tetracycline, cefotaxime, nalidixic acid, ciprofloxacin, co-trimoxazole, meropenem, imipenem, chloramphenicol, gentamicin, piperacillin-tazobactum²⁰.

Tetracyclines are the widely used therapeutic agents in human, veterinary medicines and also used in agriculture as growth promoter. In the present study, 41.4% (34/82) of isolates exhibited phenotypic resistance to tetracycline. Among the isolates from poultry practices, 8 of 13, piggery- 7 of 18, cattle wastes- 3 of 25 and sewage-16 of 26 showed resistance to tetracycline. Earlier reports have shown that tetracycline resistant (TCr) isolates harbor genes via. tetA, B, C, D, E, G, H, L which code for efflux proteins, tetM, O, S, W which code for ribosomal protection protein (RPP), tetX which brings about enzymatic inactivation and tetU whose function is still unknown21. Of 34 tetracycline resistant isolates, seven strains harbored more than one resistance gene (1- tetA & tetD, 1- tetA, tetC & tetS, 2- tetC & tetE, 2- tetC & tetS and 1- tetC, tetD & tetE), 4 carried tetA gene and 1 carried tetB gene. Although leftover twenty two isolates were phenotypically resistant to tetracycline, none of them carried any of the resistant genes tested. This suggests that there may be a possibility of other mechanisms like enzymatic inactivation or target modification that results in resistance to tetracycline²². The tetA and tetB genes are the most common genes responsible for resistance to tetracycline and the results of this study corroborate their observation. However, the mechanisms in those isolates that did not harbour any resistance genes needs to be elucidated to be able to understand resistance transfer.

Chloramphenicol is a highly effective inhibitor of bacterial protein synthesis. Several researcher have studied the chloramphenicol resistance (3.1-49%) in environmental isolates^{23,24} and is in line with the current study. In this study around 7.3% of the isolates showed resistance to chloramphenicol. Interestingly all the strains isolated from cattle wastes and sewage water system were susceptible (100%) and 1 of 18 (5.5%) isolates from piggery were resistant to chloramphenicol. Five of thirteen (38.5%) strains isolated from poultry samples were marked resistance and this may be a sign of extreme usage

antibiotics (tetracycline) in poultry sector. Enzyme like chloramphenicol acetyltransferase (CAT) is responsible for resistance along with other nonenzymatic resistance gene 'cmlA' which codes for an efflux pump protein [25,26] and is encoded in a plasmid. Among six chloramphenicol resistant isolates, two carried cat1, two had cmlB and one had cmlA gene. None tested positive for cat2, cat3, and floR genes. The remaining one strain did not carry any of the resistance genes suggesting the possibility of other mechanism contributing to chloramphenicol resistance.

Co-trimoxazole is a compound drug which consists trimethoprim and sulfamethoxazole at 1:5 proportion and widely used to treat wide range of pathogenic bacterial infections in both humans and animals. Total 18 (21.9%) isolates showed resistant to co-trimoxazole; of which 7 of 26 from sewage, 8 of 13 from poultry, 2 of 12 from piggery and 1 of 25 from cattle wastes were phenotypically resistant. Of 18 isolates resistant to co-trimoxazole, eight isolates harbored resistant gene tested (two-Sul1, one-Sul2, two-Sul3, two-Sul1 & Sul3 and one- Sul1, Sul2 & Sul3) and other 10 isolates did not harbored any of the tested genes. Of 46 ampicillin resistant isolates, only 2 possessed blaTEM gene and of 31 cefotaxime resistant isolates, none of them harbored blaCTX-M gene. Of total 35 quinolones resistant isolates (16- nalidixic acid resistant, 11- ciprofloxacin resistant and 8 both resistant), only one isolate harbored qnrB gene. Most of the isolates (46) showed resistance to ampicillin this result were synchronized with the works of Akinbowale et al. ²³ and Boujamaa²⁴. Although 46 isolates showed resistance to ampicillin, only 2 possessed blaTEM genes, suggesting that there could be other factors contributing to resistance mechanism.

Many research findings have shown that class1 integrons were broadly distributed in many Gram negative bacterial strains from human and animals and are major site-specific recombination mechanism^{25,26}. All the MDR isolates obtained in this study were screened for the presence of integron in that 11 isolates showed positive for class 1 integrons. Yu et al ²⁷ reported that the occurrence of class1 integrons was strongly accompanied by resistance to various antibiotics. Further study is required to identify the genetic elements of most of the MDR isolates which is

the contributing factor to uptake resistance to antimicrobials.

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CONFLICT OF INTEREST

There is no conflict of interest reported by the authors.

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