Elissidig & Selim *J Pure Appl Microbiol*, **13(3)**, 1769-1774 | September 2019 Article 5817 | https://doi.org/10.22207/JPAM.13.3.52

Print ISSN: 0973-7510; E-ISSN: 2581-690X

# **RESEARCH ARTICLE**



# **Evaluate Histological Changes and Resistance to Antibiotics Profile of Bacteria Causing Burn Infection**

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# Abstract

This study analysed *Pseudomonas aeruginosa* and *Staphylococcus aureus* burn wound infections, in order to evaluation their incidence, histological change and antimicrobial susceptibilities. Out of 39 burn wound cases admitted to surgery department, 20 and 12 strains of *P. aeruginosa* and *S. aureus* respectively were isolated from pyogenic burned skin lesions. Antibiotic resistance sketches of these strains to antibiotics were strategized. All the tested strains were multiple antibiotic resistance. Developed rates of susceptibility were confirmed for *P. aeruginosa* isolates against cefotoxim, gentamicin and nitrofurantoin. Also this study was to examine relation between the demonstrated antibiotic resistance and the occurrence of plasmids. Molecular sizes of the noticed plasmids were 24,321 kbp in *P. aeruginosa* and 23,25 kbp in *S. aureus*. Plasmid curing in grouping with MIC purpose revealed that resistance of *P. aeruginosa* and *S. aureus* isolates was plasmid allied. Histological analysis of burn wound infection is created on the thought of microorganisms attacking viable tissue below the eschar surface. The great MAR recognised marks it required for antibiotic resistance testing to be piloted former to antibiotics remedy for burn wound infection.

Keywords: P. aeruginosa, S. aureus; Burns, Antimicrobial Agents, Plasmid; Histology.

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(Received: 10 August 2019; accepted: 09 September 2019)

**Citation:** Shawgi A. Elissidig and Samy A. Selim, Evaluate Histological changes and Resistance to Antibiotics Profile of Bacteria Causing Burn infection, *J Pure Appl Microbiol.*, 2019; **13(3)**: 1769-1774. https://doi.org/10.22207/JPAM.13.3.52

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# INTRODUCTION

Burns hurt is a chief community health delinquent in many nations in the world. In case of a burn injury, the organism experiences complex changes in homeostasis; these changes are rarely comparable to changes in case of any other trauma or disorder. For this reason, mortality in the early phase of burns in such traumas is common<sup>1,2</sup>. Contamination in the burn injury stretches the therapeutic of the wound in all phases of healing; for this reason, it is important, that the treatment of the burn infection injury includes antibiotic therapy, deletion of necrotic tissues in time, ensuring the blood and oxygen source to the wound, the augmentation of the resistance of the organism, and the adequate diet<sup>3</sup>.

Bacterial contamination is one of the greatest severe difficulties in burn basis serious complications and death following thermal injury<sup>4</sup>. *P. aeruginosa* and *S. aureus* are the furthermost chief contagious and risky bacteria in injury patient<sup>5</sup>. *P. aeruginosa* is one of the maximum significant and greatest reasons of grave contamination in injury patients<sup>6-8</sup>. Treatment of these infections is problematical by antibiotic resistance<sup>9-12</sup>.

In this study examined the histologic examination of biopsy and antimicrobial resistance of bacterial isolates from Burns. Likewise, the persistence of this study was to study any relative between antibiotic-resistance of bacteria and the company of plasmids.

# MATERIALS AND METHODS

# Sample Collection and Identification of Bacteria

Thirty-nine cases were selected from patients carried out at the Surgery Department, General Hospital, Port Said City, Egypt (Bioethics agreement according to the Ethical Committee, Suez Canal University, Egypt). The average age was 25 years. A swab of each pus sample was suspended in 3 mL of water peptone. Drops of the prepared postponements were banquet on surface of plates holding *Pseudomonas* selective medium and *Staphylococcus* 110 medium<sup>13</sup>. All plates were incubated face down and the bacteria were allowed to grow at 37°C for 24-48 hours prior to enumeration and further identification. Pure well-isolated colonies were preceded for their biochemical tests: Glucose oxidation/ fermentation, lactose fermentation, oxidase test, nitrate reduction, indole reaction, urease production, coagulase test, Voges-Proskaure, arginine and ornithine utilization tests<sup>14</sup>.

# Antibiotic Susceptibility Studies

All trials were piloted using the inventive typical cultures to escape the unstructured hurt of antibiotic resistance. Antibiotic resistance was tested using a modified Kirby-Bauer disc diffusion method<sup>15-17</sup>.

# **Plasmid Analysis**

The plasmid isolated by mini-prep alkaline extraction method [18]. Concentrations and purity of DNA were assessed spectrophotometrically using Spectro 22, Labo Med, Inc., USA. Gels were prepared by adding 1% agarose and 5  $\mu$ L ethidium bromide (10 mg/mL) to the TBE buffer. Pure DNA sample (3 $\mu$ L) was added to 12 $\mu$ L deionized water and 1 $\mu$ L endonuclease (*EcoR* I, *Hind* III (Sigma Production), *BamH* I (Roche Diagnostics GmbH). Sequential dilutions of acridine orange were used for curing of isolated plasmids<sup>18</sup>.

# Histopathological Study

Twenty-five tissue biopsies were collected, all biopsies were practise and stains according to basic histopathological technique. Specimen were taken in 10% Buffered Neutral Formalin 2h and fixed immediately at 37°C. All specimens were taken and processed manually in which all specimens were dehydrate in 70%, 80% for 2hours, and then 90% alcohol for overnight and absolute alcohol for 2 hours. Then cleared in xylene for 3 hours for two coplin jar. Then tissues were saturate with molten paraffin wax 2 changes for 2hours each. Then fixed with paraffin wax in mould and left to harden at room temperature and then chilled in refrigerator. Twenty-five blocks were prepared, albumenized slides were set and with rotary microtome. Five-micrometre paraffin tissue sections of skin were examined to evaluate the Burn infection. haematoxylin and eosin staining method was used to evaluate the changes in skin 19.

# RESULTS

Thirty-two isolates were recovered from pyogenic lesions burned skin over the course of this period. *P. aeruginosa* (20 strains) accounted

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for 51% of total isolates (Fig. 1). This trailed by *S. aureus* (12 strains, 31 %) and other organisms (18 %). As can be seen in table 1, the rate of cephradine and kanamycin were similar among both *P. aeruginosa* and *S. aureus* isolates, at 100%. Advanced degrees of susceptibility were confirmed for *P. aeruginosa* isolates against cefotoxim, gentamicin and nitrofurantoin. All *S. aureus* strians were sensitive to vancomycin.

Plasmid profiles of the two bacterial isolates under study were detected. Only six out of 10 isolates (5 *P. aeruginosa* and 5 *S. aureus*) were found to contain plasmids. No plasmids could be detected for other 4 isolates. Two isolates (one *P. aeruginosa* and one *S. aureus*) were selected for further study as representative of plasmid-bearing isolates. Each of them was found contain only one

plasmid (Table 2). Molecular sizes of the detected plasmids were 24,321 kbp in P. aeruginosa and 23,25 kbp in S. aureus. Concentration and degree of purity of the plasmid DNA(s) were as in table 2. Plasmid curing in combination with MIC determination revealed that resistance to ampicillin was plasmid linked. Digestion of the two isolated plasmids, singly with Hind III, EcoR I and Bam H1 restriction enzymes showed in table 3. Number of recognition sites, number of fragments and the approximate of molecular size of restricted fragments as shown in table 3. The histologic analysis of the paraffin sections with the haematoxylin and eosin staining method showed significant increase in bacterial counts per counted high power field (40X).

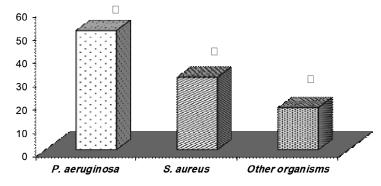
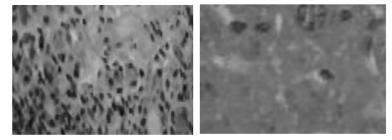


Fig. 1. Frequency of P. aeruginosa and S. aureus bacterial strains form studied wound burn infection



**Fig. 2.** Skin tissue contain bacterial contamination fixed in Buffered Neutral Formalin [hematoxyline and eosin Stain (x40)]

# DISCUSSION

Contagion is one of the supreme thoughtful worries in burn patients, and *Pseudomonas,* particularly *P. aeruginosa*, is the record vital, hardy, and hazardous organism<sup>10-12</sup>. *P. aeruginosa* blossoms on the humid burn wound external<sup>8,19</sup> and is extremely pathogenic in thermally wounded immunosuppressed patients. Notwithstanding developments in therapeutic and surgical overhaul, the scenario residues deprived, with a death rate of about 80% in such patients<sup>8</sup>. In several cautiously unindustrialized nations such as Iran<sup>20-21</sup>, Zimbabwe<sup>22</sup>, South Korea<sup>4</sup>, Jordan<sup>23</sup>, Libya<sup>24</sup>, Nigeria<sup>25-26</sup>, India<sup>1,27-29</sup>, Turkey<sup>6,30</sup> and Syria<sup>31</sup>. *P. aeruginosa* was described to be public bacteria between burn patients. Though *P. aeruginosa* is not a typical microbe of injury wound contagions in the industrialised countries, a few burn centres in Canada and the USA<sup>32</sup>, France<sup>33</sup>, and Italy<sup>34</sup> have informed *P. aeruginosa* as significant bacterium in burn divisions.

The second best shared separate in this study was *S. aureus*, in studies from cautiously unindustrialized nations<sup>4,6,8,10-11,24-28</sup>. In the Surgery Department, *S. aureus* was initiate in 31% of sections occupied from the burn damages. In case of a severe burn, the chance of *S. aureus* taint rises, subsequently the patients expend more time in the Sector, and suffer more regular dressings.

 Table 1. Antimicrobial resistance profile of P. aeruginosa

 and S. aureus isolates from studied wound burn infection

lsolates (n)	P. aeruginosa 20	S. aureus 12
Ampicillin (10 μg)	100	33
Amoxycillin (10 µg)	60	50
Cephradine (30 µg)	100	100
Cefotoxim (30 µg)	0	ND
Cephalexin (30 µg)	59	Nd
Streptomycin (10 vg)	ND	10
Colistin sulfate (10 µg)	100	25
Chloramphenicol(30 µg)	ND	0
Velosef (30 µg)	75	25
Tetracycline (10 μg)	100	ND
Erythromycin (30 µg)	ND	100
Kanamycin (30 µg)	100	100
Rifampicin (5 µg)	25	0
Gentamicin (30 µg)	0	43
Nitrofurantoin (300 µg)	0	ND
Vancomycin (30 µg)	ND	0

ND: Not Determined

Thus, surgery should be achieved as primary as conceivable, hence reducing the period of hospital stay, infection-related treatment costs, and taming the value of cure<sup>2</sup>.

Antibiotics is single of the highest hazard influences for antibiotic resistance. Extreme custom of antibiotics excites the progress of antibiotics- resistant microbes, developments treatment expenses, and causes side possessions<sup>2</sup>. Antibiotics are only approved if the causal agent is found to be sensitive to antibiotics, preliminary with minor group antibiotics, and in the occurrence of the signs of wound infection. Throughout surgery, in case of average to severe burns, a sole amount of cefuroxime and vancomycin are suggested in case of *P. aeruginosa* and *S. aureus* infection correspondingly.

In many studies plasmid related resistance, particularly for pathogenic bacterial strains, are still of dangerous position<sup>35-38</sup>. Amount of gratitude locations, quantity of wreckages and the estimated of molecular size of restricted fragments few. As of the partial total of endonuclease used in this study. Digestion with *EcoR I* provided two fragments with *P. aeruginosa* while no fragments were observed for *S. aureus* isolate. Comprehensive description

**Table 2.** Characterisation of isolated plasmids including numbers, concentration, purity, curing and size

Plasamid Characterization	P. aeruginosa	S. aureus
No. of Plasmids	1	1
Conc.(µg/mL)/ Purity	320/2.1	320/2.0
% Curing	100%	100%
Total plasmid Size (Kbp)	24.321	23.25

 Table 3. The restriction patterns of plasmids from *P. aeruginosa* and *S. aureus* isolates from studied burned skin

Plasmids of:	Restriction Enzymes	No. of Recognition Sites	No. of Fragments	Size of Fragments (Kbp)
P. aeruginosa	Hind III	3	2	13.3 and11.021
	EcoR I	3	2	17.3 and 7.02
	BamH I	0	0	0
S. aureus	Hind III	4	3	9.2, 7.75 and 6.3
	EcoR I	0	0	0
	BamH I	0	0	0

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of these plasmids is required in future for more indulgent about gene appearance and constancy. Histological investigation of a burn wound biopsy documents the needed variation and is the greatest technique for finding of burn wound infection. We achieve that to make meticulous staining of skin tissue with haematoxylin and eosin staining.

Finally, it is recommending that officials in our burn units take into account recover workers' sanitation; reflect suitable cleansing for all tools; found a novel and actual antibiotic strategy and avoid unnecessary use of antibiotics.

# ACKNOWLEDGEMENTS

The author would like to thank the Surgery Department Staff General Hospital, Egypt, for providing the urine samples which was the source of bacterial strains.

# **CONFLICT OF INTEREST**

The authors declares that there is no conflict of interest.

# **AUTHORS' CONTRIBUTION**

Author listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

#### FUNDING

None.

### DATA AVAILABILITY

All datasets generated and analyzed during this study are available in the NCBI database repository, Accession No: MH161378 and is included in the manuscript.

#### **ETHICS STATEMENT**

The study was approved from the Universities Ethical Committee (ENREC).

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