

# Molecular Characterization of *Candida* Species Isolates Recovered from Clinical Specimens in Palestine

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## Abstract

*Candida* species are major opportunistic fungal causative agents for significant infections. While *C. albicans* is considered the most widespread and virulent species, the clinical importance of non-*albicans* *Candida* species has substantially risen. This study investigates Palestinian clinical isolates of *Candida* species by identifying their species type, genotype, mating type, and biofilm formation capability, as well as detecting virulence factors using polymerase chain reaction (PCR). One hundred clinical *Candida* isolates were obtained from four medical governmental hospitals in Central and Northern Palestine. The PCR technique was used to identify the *Candida* species and the ABC genotype for the *25S rDNA*. The mating type was also determined, besides the detection of hyphal wall protein 1, agglutinin-like sequence genes, phospholipases, and secreted aspartic proteases. Genetic heterogeneity among *C. albicans* strains was determined by RAPD-PCR typing. *C. albicans* (53%) and *C. tropicalis* (15%) are highly represented species. Genotype A was the most prevalent among *C. albicans* isolates (27%). Notably, the Agglutinin-like sequence genes are present in 59% of the isolates. In contrast, 30% of the isolates have either the *SAP9* or/and *SAP10* genes. Therefore, the results of RAPD-PCR typing revealed that 14 fragments were produced using the OPI 06 primer with a 100% polymorphism. The 24 *C. albicans* isolates were clustered into four groups on a 50% cut-off similarity. *C. tropicalis* was the most frequently isolated non-*albicans* *Candida* species. Biofilm formation and the presence of *SAP9* and/or *SAP10* genes were mainly observed in *C. albicans* strains, which exhibited low genetic variability.

**Keywords:** Agglutinin-like Sequence, *Candida* Species, Genotyping, Mating Type, Multiplex PCR, RAPD, Virulence Factors

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## INTRODUCTION

Candidiasis represents a major opportunistic infection, particularly affecting immunocompromised patients and hospitalized children under four years, especially those suffering from respiratory illnesses.<sup>1</sup> Part of the *Candida* genus, most notably *C. albicans*, normally inhabit human mucosal surfaces as harmless commensals but have increasingly emerged as significant invasive pathogens. This trend is largely associated with the growing population of immunocompromised individuals and widespread antibiotic use.<sup>2</sup> The virulence of *Candida* species arises from multiple factors such as biofilm development, toxin secretion, and the activity of hydrolytic enzymes which collectively enhance tissue invasion and impair host immune responses.<sup>3</sup>

Nowadays, non-*albicans Candida* species have been associated with severe illnesses characterized by high morbidity and mortality rates.<sup>4</sup> Likewise, vulvovaginitis (VV) is considered one of the most commonly encountered women's health issues, which can be caused by either microbial or non-microbial sources.<sup>5</sup> Most infections are attributed to *C. albicans* and non-*albicans Candida* (NAC) species, including *C. glabrata*, *C. parapsilosis*, and *C. tropicalis*,<sup>6</sup> which mostly colonize the vaginal and rectal regions, with similar symptoms and complications.<sup>7</sup> Furthermore, it has been shown that the NAC species are involved in candidiasis with higher prevalence and clinical impact in comparison to *C. albicans* candidiasis.<sup>8</sup> One of the most prevalent NAC species is *C. tropicalis*, which is considered an opportunistic type that mainly affects immunocompromised patients, causing critical systemic diseases.<sup>9</sup>

Candidiasis does not arise from a single cause; rather, its development reflects a convergence of three interrelated domains: the intrinsic characteristics of the fungus, the systemic and local status of the host, and modifications within the microenvironment. Among the *Candida* species, *C. albicans* remains the most frequently recovered isolate, constituting roughly 80% of clinical isolates. However, species such as *C. tropicalis*, *C. glabrata*, *C. parapsilosis*, *C. krusei*, and *C. dubliniensis* are by no means uncommon

in human infections. What makes candidiasis particularly distinctive in the landscape of infectious diseases is that the organism resides harmlessly in a significant proportion of healthy individuals, only manifesting as disease when the equilibrium between host defenses and fungal proliferation is disturbed.<sup>10</sup> The organism's capacity for dimorphic switching between its blastospore and hyphal forms alongside its ability to form biofilms, elaborate proteolytic enzymes, and express surface adhesins, underpins its pathogenic potential when conditions become permissive.<sup>11</sup> It is the deterioration of local and systemic host defenses, rather than any sudden surge in fungal virulence, that most consistently precipitates disease.<sup>12</sup> At the immunological level, Th17-mediated responses driven by interleukin-17 appear central to mucosal containment of *Candida*, and disruption of this axis correlates strongly with susceptibility to both superficial and invasive forms of infection.<sup>13</sup>

The range of host-modifying factors that predispose individuals to candidiasis is considerably broad, spanning endocrine, immunological, iatrogenic, nutritional, and local domains. Metabolic and endocrine disturbances most notably diabetes mellitus, but also pregnancy, renal insufficiency, and hyperthyroidism create a systemic milieu unfavorable to effective antifungal defense.<sup>10</sup> Patients whose immunity is compromised, whether through cytotoxic chemotherapy, organ transplantation, HIV infection, hematological malignancies, or aplastic anemia, face a substantially elevated risk, as the fungus readily exploits the resulting gaps in both innate and adaptive immunity.<sup>10,12</sup> The therapeutic use of broad-spectrum antibiotics and corticosteroids systemic or inhaled has long been recognized as an iatrogenic risk, the former by dismantling the competitive microbial flora, and the latter by attenuating mucosal immunity.<sup>14</sup> Nutritional deficiencies involving iron, folate, and certain vitamins, as well as physiological vulnerability at the extremes of age infancy, where immune maturity is incomplete, and older adulthood, where immune senescence prevails further compound individual susceptibility.<sup>10</sup>

The protective role of mucosal secretions is underscored by the observation that conditions

causing reduced salivary flow and mucosal dryness, irrespective of their etiology, consistently predispose to *Candida* overgrowth by depleting key antifungal proteins from mucosal surfaces.<sup>11</sup> At the level of the microenvironment, ill-fitting prostheses and poorly maintained appliances offer an ideal niche for biofilm formation, while habitual cigarette smoking and regular alcohol consumption erode mucosal integrity and dampen local immune surveillance, thereby acting as potent environmental co-factors in the pathogenesis of candidiasis.<sup>10,14</sup>

Therefore, various factors associated with *Candida* spp. invasion and host immune response escaping, including: cell membrane anatomy, morphological conversion, biofilm formation, and hydrolytic enzymes synthesis.<sup>15</sup> Moreover, the expression of these virulence factors is highly common among *C. albicans*, including biofilm formation, morphology conversion, and filamentous growth. However, NAC species have recently been classified as one of the pathogenic species, causing several complicated candidiasis infections.<sup>4</sup>

However, *Candida* infections can be diagnosed either by conventional methods, including serological and microbiological methods with low sensitivity, or with precise and sensitive techniques, including antigen detection methods and molecular approaches. Several types of candidiasis have certain diagnostic challenges due to their undefined manifestations, like visceral candidiasis.<sup>16</sup> Additionally, standard identification methods include KOH preparation, germ tube testing, chlamyospore formation, and sugar fermentation and assimilation assays. On *Candida* differential agar (CDA), *C. albicans* produces green colonies, *C. krusei* pink to purple, *C. tropicalis* dark blue, and *C. glabrata* cream to white colonies. In contrast, Congo red agar (CRA) is used to assess biofilm formation.<sup>17</sup> Besides the use of conventional methods for *Candida* species identification using biochemical tests and CHROM agar, Recent approaches have shifted toward molecular techniques, including DNA amplification combined with the random amplified polymorphic DNA (RAPD) method, alongside commercial DNA extraction kits and various RAPD primers, e.g., OPA02, OPA03, and OPA08, in addition to band analysis software (BioNumerics Applied). RAPD-

PCR enables the detection of polymorphisms and the clustering of *Candida* strains, highlighting its high resolution as a robust tool for strain- and species-level discrimination.<sup>18</sup> Numerous therapeutic studies have explored emerging candidemia to examine the interrelation between the genetic profiles of certain *C. albicans* strains and their antifungal susceptibility.<sup>19</sup>

For decades, the identification of *Candida* species in clinical microbiology laboratories has historically depended on a set of well-established conventional techniques, chief among them the germ tube test, chromogenic agar platforms, and carbohydrate assimilation profiles. These methods have endured largely because of their accessibility and low operational cost, particularly in resource-limited settings. Yet their shortcomings, long recognized by specialists, have grown harder to dismiss as the clinical stakes of accurate fungal identification have risen. One of the most consequential limitations is the time required conventional culture-based workflows frequently demand up to 72 hours before a reliable species-level identification can be rendered, a delay that carries real implications for patients with rapidly progressing infection. Equally problematic is the extent to which accurate identification depends on the individual skill and experience of the analyst, introducing a degree of subjectivity that undermines reproducibility across laboratories and settings.<sup>20</sup> The difficulty is compounded when clinically significant yet phenotypically indistinct species enter the picture. *C. glabrata*, *C. parapsilosis*, and *C. dubliniensis*, for instance, share overlapping biochemical signatures that render reliable differentiation through conventional means genuinely unreliable, yet each carries a distinct virulence profile and antifungal susceptibility pattern with direct bearing on treatment decisions.<sup>21,22</sup> Molecular methods have reshaped what is possible in clinical mycology, not merely by accelerating species identification but by offering a depth of biological insight that conventional approaches simply cannot provide. PCR-based platforms, including multiplex PCR, High-Resolution Melting Analysis, and Multi-Locus Sequence Typing, have demonstrated both the sensitivity and specificity needed for direct species identification from clinical specimens, often delivering results within hours rather

than days.<sup>23</sup> Among available molecular targets, sequencing of the internal transcribed spacer (ITS) regions of ribosomal DNA has emerged as the reference standard, capable of resolving species boundaries that phenotypic methods routinely blur.<sup>20</sup> The contribution of molecular characterization, however, extends well beyond identification alone. Multiplex PCR assays that specifically target virulence-associated genes, including those encoding hyphal wall protein (HWP1), agglutinin-like sequence proteins (ALS), and secreted aspartyl proteases (SAPs), have made it possible to draw meaningful connections between genetic architecture and clinical behavior, connections that are invisible to conventional diagnostics.<sup>22</sup> At the level of antifungal resistance, whole-genome and RNA sequencing approaches have enabled investigators to pinpoint the precise genetic alterations notably mutations in *ERG11*, *FKS1*, and *FKS2* that confer resistance to azoles and echinocandins, mechanisms that would otherwise escape detection through phenotypic susceptibility testing alone.<sup>23,24</sup> The cumulative evidence from these advances strongly supports the integration of molecular methods into routine clinical mycology as an essential complement to, and in many contexts a replacement for, conventional identification approaches.

The body of knowledge surrounding *Candida* infections in Palestine remains strikingly limited when measured against the vast scope of mycological research published worldwide. The first and, for some time, only molecular study conducted in the region was that of Ali-Shtayeh et al., who genotyped 151 *C. albicans* isolates from patients with vulvovaginal and cutaneous candidiasis using PCR targeting the transposable group I intron of the *25S rDNA* gene. Their findings identified genotype C as the most frequently encountered type, while genotype A isolates were found to be more resistant to fluconazole, flucytosine, and amphotericin B relative to the other genotypes an observation that pointed, provocatively, to a possible association between genotype and resistance phenotype. Significant as this contribution was, it remained bounded by its own design: the study addressed a single species in two specific clinical contexts, and the wider *Candida* species landscape across the full range of clinical specimen types in Palestine was

left entirely unexplored.<sup>19</sup> Nearly a decade later, Baniodeh, Hanaa et al. provided what constitutes the first broad-scope prevalence and antifungal susceptibility profile of *Candida* infections across Palestinian hospital settings, documenting eleven species among clinical isolates and drawing attention to the increasing dominance of non-*albicans Candida* species and their frequently reduced susceptibility to first-line antifungal agents. However, species identification throughout that study relied entirely on phenotypic methods, specifically CHROMagar and the VITEK 2 Compact system, with no molecular component applied at any stage.<sup>25</sup> Read alongside the Ali-Shtayeh et al. study, what emerges is a portrait of a regional literature in which molecular inquiry has barely scratched the surface: one study, a decade old, examining a single species across two infection types, and another offering phenotypic data without any genomic depth. To date, no investigation has attempted a comprehensive molecular characterization of *Candida* isolates spanning diverse clinical specimen types in Palestine, nor has any study examined virulence gene carriage or resistance-associated genetic mutations among strains circulating within the local healthcare environment. This is not a trivial gap. Antifungal resistance profiles are well-established to fluctuate across geographic regions and institutional settings, and without region-specific molecular data, clinicians are left to extrapolate from foreign surveillance figures that may bear little resemblance to local realities.<sup>20,23</sup> The present study was conceived precisely to fill this void undertaking, for the first time in Palestine, a comprehensive molecular characterization of *Candida* species recovered from clinical specimens across varied anatomical sites, with the intent of building a locally grounded evidence base capable of supporting improved clinical decision-making, strengthening national surveillance capacity, and contributing meaningfully to the mycological literature of the broader Eastern Mediterranean region.

## MATERIALS AND METHODS

### Ethical approval and informed consent

This study was approved by the Ethics Committee, An-Najah National University

and informed consent was obtained from all participants in the study before the collection of samples and data acquisition.

**Study period**

Clinical isolates were consecutively collected from multiple medical centers in Central and Northern Palestine between October 2024 and January 2025.

**Sample collection**

In total, 100 clinical isolates of *Candida* spp. were obtained from four governmental hospitals in Palestine, including Palestine Medical Complex, An-Najah National University Hospital, Rafidia Surgical Hospital, and Al-Watani Hospital. The source of specimens which were obtained from patients with *Candida* infections in this study includes; urine (45%), high vaginal swabs HVS (19%), wound (13%), sputum (9%), trap-collected sputum (TRAP) (8%), body fluids (3%), blood (2%) and nail scraping (1%) (Table 1). *Candida* isolates were included in this study if they were collected from clinically confirmed cases of candidiasis, as diagnosed by treating physicians, obtained from patients admitted to or attending hospital laboratories. Isolates were eligible for inclusion if they had been previously subcultured on standard culture media, subjected to germ tube testing, and identified using the VITEK 2 automated identification system, with species-level identification available for a subset of isolates processed in laboratories equipped with this system. In cases where mixed-species cultures were encountered, each species was considered eligible for inclusion provided it had been successfully subcultured onto separate culture plates and confirmed as a distinct isolate. All included isolates were subsequently subcultured onto Sabouraud Dextrose Agar (SDA) to obtain fresh, viable colonies suitable for downstream DNA extraction and molecular analysis. Isolates were excluded from the study if they represented duplicate samples from the same patient, defined as repeated isolates of the same *Candida* species obtained from the same individual at different time points, to avoid redundancy and ensure the independence of isolates. Isolates that could not be successfully subcultured, failed to yield adequate growth on SDA, or lacked sufficient clinical and

**Table 1.** Distribution of 100 *Candida* isolates according to the health center, specimen source, and patient gender

Health Center	Specimen Source										Gender	
	Urine	High Vaginal Swab	Wound	TRAP	Sputum	Fluid	Blood	Nail scraping	Total	Male	Female	
Palestine Medical Complex	20 (40%)	18 (36%)	7 (14%)	0 (0%)	1 (2%)	1 (2%)	2 (4%)	1 (2%)	50 (50%)	17 (34%)	33 (66%)	
An Najah National University	14 (38.9%)	1 (2.8%)	5 (13.9%)	7 (19.4%)	7 (19.4%)	2 (5.6%)	0 (0%)	0 (0%)	36 (36%)	22 (61.1%)	14 (38.9%)	
Rafidia Hospital	2 (40%)	0 (0%)	1 (20%)	2 (40%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	5 (5%)	5 (100%)	0 (0%)	
AL-Watani Hospital	9 (100%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	9 (9%)	4 (44.4%)	5 (55.6%)	
<b>Total</b>	<b>45 (45%)</b>	<b>19 (19%)</b>	<b>13 (13%)</b>	<b>9 (9%)</b>	<b>8 (8%)</b>	<b>3 (3%)</b>	<b>2 (2%)</b>	<b>1 (1%)</b>	<b>100 (100%)</b>	<b>48 (48%)</b>	<b>52 (52%)</b>	

**Table 2.** The sequence of PCR primers used in this study to identify *Candida* species, and the specific fragment size for each species

<i>Candida</i> spp.	Primer sequence 5→3	(bp) length	Ref.
-	UNI1 5'-GTCAAACCTGGTCATTTA-3' UNI2 5'-TTCTTTTCTCCGCTTATTG-3'	-	
<i>C. albicans</i>	Calb 5'-AGCTGCCGCCAGAGGTCTAA-3'	446	
<i>C. krusei</i>	Ckru 5'-CTGGCCGAGCGAACTAGACT-3'	169	
<i>C. tropicalis</i>	Ctro 5'-GATTGCTTAATTGCCCCAC-3'	507	27
<i>C. parapsilosis</i>	Cpar 5'-GTCAACCGATTATTTAATAG-3'	370	
<i>C. dubliniensis</i>	Cdub 5'-CTCAAACCCCTAGGGTTTGG-3'	217	
<i>C. glabrata</i>	Cgla 5'-TTGTCTGAGCTCGGAGAGAG-3'	839	
<i>C. lusitaniae</i>	Clus 5'-TTCGGAGCAACGCCTAACCG-3'	329	

bp, base pairs

microbiological data for classification, or those with inadequate DNA yield after extraction were also excluded.

#### Genomic DNA extraction of *Candida* spp.

The collected isolates were subcultured on SDA, and genomic DNA was extracted from the clinical isolates following a previously described method,<sup>26</sup> with minor modifications. A few *Candida* colonies were removed from an overnight SDA agar plate, mixed with 120 µl of Tris-EDTA (10 mM Tris-HCl, 1 mM EDTA [pH 8]) buffer. Boil water was used for the mixture for 10 min, then immediately kept on ice for 3 min. After that, it was heated in a household microwave oven at high power for 2 min (Universal P70B17L-K4, 230 V, 50 Hz, 700 W; Universal Appliances Ltd., Israel), then incubated in ice again for 3 min. The centrifugation step was performed at 14,000 × g for 5 min using a MiniSpin plus centrifuge (Eppendorf, Hamburg, Germany). The DNA in a collected supernatant was extracted with 40 µl of chloroform and centrifuged at 14,000 × g for 5 min.

The extracted DNA was evaluated for its quantity, quality and purity through A260/A280 ratio assessment and using a micro-volume nanodrop spectrophotometer (Genova Nano; Jenway, UK), and the genomic DNA was stored at -20 °C for subsequent molecular analyses.

#### Identification of *Candida* spp. using the PCR technique

Identification of *Candida* spp. was performed using multiplex polymerase chain

reaction (PCR) as previously described,<sup>27</sup> with certain modifications. This method amplifies two regions of *Candida* DNA, including the ITS1-5.8S-ITS2 region, using a combination of two yeast-specific universal primers (UNI1 and UNI2) and six species-specific primers (Invitrogen, Thermo Fisher Scientific, Carlsbad, CA, USA) in a single PCR reaction for each of the following species: *C. albicans*, *C. krusei*, *C. tropicalis*, *C. parapsilosis*, *C. dubliniensis*, *C. glabrata*, and *C. lusitaniae* (Table 2). Each PCR reaction (25 µl total) contained 12.5 µl DreamTaq™ PCR Master Mix (2X; Thermo Scientific), 0.3 µM of each primer, 3 µl (60-80 ng) of DNA template, and nuclease-free water to reach the final volume. PCR was conducted in a thermal cycler (Mastercycler personal, Eppendorf, Germany) under the following conditions: initial denaturation at 95 °C for 3 min, followed by 30 cycles of 94 °C for 1 min (denaturation), 50 °C for 30 sec (annealing), and 72 °C for 1 min (extension), with a final extension at 72 °C for 5 min. PCR products were analyzed by electrophoresis on 2% (w/v) agarose gel in 1X TAE buffer at 100 V for 50 min. Gels were stained with 0.5 µg/ml ethidium bromide, and fragment sizes were determined using a 100-bp ladder (GeneDireX). Positive control (PC) reactions contained genomic DNA from *C. albicans* ATCC 90028, while negative controls (NC) included all reagents except the DNA template.

#### ABC genotyping

ABC genotyping was carried out for all *Candida* isolates depending on the 25S rDNA

**Table 3.** The sequence of primers used in the current study to identify *Candida* genotype, mating type, biofilm formation, and Phospholipases genes, the length of PCR product in base pairs (bp), annealing temperature, and pool

Identification	Target gene	Primer sequence 5'→3'	Fragment length in bp	Primer mix	Annealing temp.	Ref.
ABC genotyping	<i>25S rDNA</i>	CA-INT-F ATA AGG GAA GTC GGC AAA	A (450),	I	65 °C	19
		ATA GAT CCG TAA	B (840)			
		CA-INT-R 5'CCT TGG CTG TGG TTT CGC	C (450 and 840)			
Mating type	<i>MTLa1</i>	MTLa1-F TAA GAA TGA AGA CAA CGA GG	535	II	57 °C	28
		MTLa1-R CGT GTT TTT CTG CTA TCA ATT CC				
		<i>MTLα1</i>	423			
Biofilm-related genes	<i>HWP1</i>	MTLα1-F TAC ATT CTG GTC GCG ATG CTC		III	55 °C	29
		MTLα1-R GTA ATC CAA AGC CTC GCA TAA	503			
	<i>ALS1</i>	319				
	<i>ALS3</i>	185				
	<i>ALS3</i>	185				
Phospholipase genes	<i>PLB1</i>	ALS1-F ACCAGAAGAAACAGCAGGTG		IV	53 °C	30
		ALS1-R GACTAGTGAACCAACAATACCAG				
	<i>PLB2</i>	270				
	<i>PLB2</i>	270				

bp: base pair

sequence using CA-INT-F and CA-INT-R primers (Invitrogen-Thermo Fisher Scientific, Carlsbad, CA, USA) (Table 3). The mixture of PCR consisted of 25 µl total volume including; 12.5 µl DreamTaq™ PCR Master Mix (2X; Thermo Scientific), 0.3 µM of each primer, 3 µl (60-80 ng) of DNA template, and nuclease-free water to reach the final volume. The PCR conditions were as follows: incubation for 3 min at 94 °C before 30 cycles; 94 °C for 1 min, 65 °C for 1 min, 72 °C for 2.5 min, and a final step of 5 min at 72 °C.<sup>19</sup> PCR products were analyzed by electrophoresis on 2% (w/v) agarose gel in 1X TAE buffer at 100 V for 50 min. Gels were stained with 0.5 µg/ml ethidium bromide, and fragment sizes were determined using a 100 bp ladder (GeneDireX). Positive control (PC) reactions contained genomic DNA from *C. albicans* ATCC 90028, while negative controls (NC) included all reagents except the DNA template.

### Mating type

The detection of the mating type locus a1 and α1 for each isolate was performed by using the mating type locus a1 (*MTLa1*) and α1 (*MTLα1*)

primers (Invitrogen-Thermo Fisher Scientific, Carlsbad, CA, USA) (Table 3). The PCR mixture was prepared as 12.5 µl DreamTaq™ PCR Master Mix (2X; Thermo Scientific), 0.3 µM of each primer, 3 µl (60-80 ng) of DNA template, and nuclease-free water to reach the final volume (25 µl total volume). The PCR amplification was performed under the following conditions: 94 °C for 3 min, 30 cycles; 1 min at 94 °C, 45 sec at 57 °C, 1 min at 72 °C, and a final step at 72 °C for 5 min.<sup>28</sup> PCR products were analyzed by electrophoresis on 2% (w/v) agarose gel in 1X TAE buffer at 100 V for 50 min. Gels were stained with 0.5 µg/ml ethidium bromide, and fragment sizes were determined using a 100-bp ladder (GeneDireX). Positive control (PC) reactions contained genomic DNA from *C. albicans* ATCC 90028, while negative controls (NC) included all reagents except the DNA template.

### Biofilm-related genes detection

The previously extracted DNA was used for amplification of biofilm-related genes using Hyphal wall protein 1 (*HWP1*), Agglutinin-like sequence 1 (*ALS1*), and Agglutinin-like sequence 3 (*ALS3*)

**Table 4.** The sequence of primers used in the current study to identify *Candida* Secreted Aspartyl Proteinases *SAP1*, *SAP3*, *SAP4*, and *SAP7* genes, and the length of PCR product in base pairs (bp), and annealing temperature

Identification	Target gene	Primer sequence 5'→3'	Fragment length in bp	Annealing temp.	Ref.
Aspartyl Proteinase genes	<i>SAP1</i>	SAP1-F TCA ATC AAT TTA CTC TTC CAT TTC TAA CA	161	46 °C	30
		SAP1-R CCA GTA GCA TTA ACA GGA GTT TTA ATG ACA			
	<i>SAP3</i>	SAP3-F CCT TCT CTA AAA TTA TGG ATT GGA AC	231	46 °C	
		SAP3-R TTG ATT TCA CCT TGG GGA CCA GTA ACA TTT			
	<i>SAP4</i>	SAP4-F TTA TTT TTA GAT ATT GAG CCC ACA GAA A	171	46 °C	
		SAP4-R GCC AGT GTC AAC AAT AAC GCT AAG TT			
	<i>SAP7</i>	SAP7-F GAA ATG CAA AGA GTA TTA GAG TTA TTA C	196	46 °C	
		SAP7-R GAA TGA TTT GGT TTA CAT CAT CTT CAA CTG			

bp: base pair

primers (Invitrogen-Thermo Fisher Scientific, Carlsbad, CA, USA) (Table 3). The PCR mixture contained of 12.5 µl DreamTaq™ PCR Master Mix (2X; Thermo Scientific), 0.3 µM of each primer, 3 µl (60-80 ng) of DNA template, and nuclease-free water to reach the final volume (25 µl total volume). The amplification process was carried out through the following PCR conditions: 94 °C for 5 min, 32 cycles; 94 °C for 1 min, 55 °C for 1 min, 72 °C for 1 min, and a final step of 10 min at 72 °C.<sup>29</sup> PCR products were analyzed by electrophoresis on 2% (w/v) agarose gel in 1X TAE buffer at 100 V for 50 min. Gels were stained with 0.5 µg/ml ethidium bromide, and fragment sizes were determined using a 100-bp ladder (GeneDireX). Positive control (PC) reactions contained genomic DNA from *C. albicans* ATCC 90028, while negative controls (NC) included all reagents except the DNA template.

#### Detection of *Candida* Phospholipases *PLB1* and *PLB2* genes

The extracted DNA was used for amplification of Phospholipases genes using *PLB1* and *PLB2* primers (Invitrogen- Thermo Fisher Scientific, Carlsbad, CA, USA) (Table 3). The PCR mixture for the detection of *PLB1* and *PLB2* genes. The PCR mixture contained 12.5 µl DreamTaq™ PCR Master Mix (2X; Thermo Scientific), 0.3 µM of each primer, 3 µl (60-80 ng) of DNA template, and nuclease-free water to reach the final volume (25 µl total volume). The PCR conditions were including; 94 °C for 3 min; 30 cycles; 94 °C for 30 sec, 53 °C for 30 sec, 72 °C for 30 sec, and a final step of 72 °C for 10 min.<sup>30</sup> PCR

products were analyzed by electrophoresis on 2% (w/v) agarose gel in 1X TAE buffer at 100 V for 50 min. Gels were stained with 0.5 µg/ml ethidium bromide, and fragment sizes were determined using a 100 bp ladder (GeneDireX). Positive control (PC) reactions contained genomic DNA from *C. albicans* ATCC 90028, while negative controls (NC) included all reagents except the DNA template.

#### Detection of Secreted Aspartyl Proteinases Secreted Aspartyl Proteinases *SAP1*, *3*, *4*, and *7* genes

The amplification of *SAP1*, *3*, *4*, and *7* genes was performed using *SAP1*, *SAP3*, *SAP4*, and *SAP7* primers (Invitrogen- Thermo Fisher Scientific, Carlsbad, CA, USA) (Table 4). The PCR mixture was prepared with 25 µl total, containing 12.5 µl DreamTaq™ PCR Master Mix (2X; Thermo Scientific), 0.3 µM of each primer, 3 µl (60-80 ng) of DNA template, and nuclease-free water to reach the final volume and amplification was performed under the following conditions: initial denaturation at 94 °C for 3 min, 30 cycles of 94 °C for 30 sec, 46 °C for 30 sec, and 72 °C for 30 sec, followed by a final extension at 72 °C for 10 min.<sup>30</sup> PCR products were analyzed by electrophoresis on 2% (w/v) agarose gel in 1X TAE buffer at 100 V for 50 min. Gels were stained with 0.5 µg/ml ethidium bromide, and fragment sizes were determined using a 100 bp ladder (GeneDireX). Positive control (PC) reactions contained genomic DNA from *C. albicans* ATCC 90028, while negative controls (NC) included all reagents except the DNA template.

**Table 5.** The sequence of primers used in the current study to identify *Candida* Secreted Aspartyl Proteinases *SAP2*, *SAP5*, *SAP6*, and *SAP8* genes, and the length of PCR product in base pairs (bp), and annealing temperature

Identification	Target gene	Primer sequence 5'→3'	Fragment length in bp	Annealing temp.	Ref.
Aspartyl Proteinases genes	<i>SAP2</i>	SAP2-F AAC AAC AAC CCA CTA GAC ATC ACC	178	52 °C	30
		SAP2-R TGA CCA TTA GTA ACT GGG AAT GCT TTA GGA			
	<i>SAP5</i>	SAP5-F AGA ATT TCC CGT CGA TGA GAC TGG T	277	52 °C	
		SAP5-R CAA ATT TTG GGA AGT GCG GGA AGA			
	<i>SAP6</i>	SAP6-F CCC GTT TTG AAA TTA AAT ATG CTG ATG G	187	52 °C	
		SAP6-R GTC GTA AGG AGT TCT GGT AGC TTC G			
	<i>SAP8</i>	SAP8-F GCC GTT GGT GCC AAA TGG AAT AGT TA	256	52 °C	
		SAP8-R ATT TGA CTT GAG CCA ACA GAA TGG T			

bp, base pair

**Secreted Aspartyl Proteinases *SAP2*, *5*, *6*, and *8* genes**

The extracted DNA was used to amplify the *SAP2*, *SAP5*, *SAP6*, and *SAP8* genes with their corresponding primers (Invitrogen, Thermo Fisher Scientific, Carlsbad, CA, USA) (Table 5). PCR mixtures were prepared as 25 µl total volume of 12.5 µl DreamTaq™ PCR Master Mix (2X; Thermo Scientific), 0.3 µM of each primer, 3 µl (60-80 ng) of DNA template, and nuclease-free water to reach the final volume. Amplification was performed under the following conditions: initial denaturation at 94 °C for 3 min, followed by 30 cycles of 94 °C for 30 sec, 52 °C for 30 sec, and 72 °C for 30 sec, with a final extension at 72 °C for 10 min.<sup>30</sup> PCR products were analyzed by electrophoresis on 2% (w/v) agarose gel in 1X TAE buffer at 100 V for 50 min. Gels were stained with 0.5 µg/ml ethidium bromide, and fragment sizes were determined using a 100 bp ladder (GeneDireX). Positive control (PC) reactions contained genomic DNA from *C. albicans* ATCC 90028, while negative controls (NC) included all reagents except the DNA template.

**Secreted Aspartyl Proteinases *SAP9* and *SAP10* genes**

The extracted DNA was used to amplify the *SAP9* and *SAP10* genes using their respective primers (Invitrogen, Thermo Fisher Scientific, Carlsbad, CA, USA) (Table 6). PCR mixtures were prepared as 12.5 µl DreamTaq™ PCR Master Mix (2X; Thermo Scientific), 0.3 µM of each primer, 3 µl (60-80 ng) of DNA template, and nuclease-free water to reach the final volume (25 µl total

volume). Amplification was carried out under the following thermal conditions: initial denaturation at 95 °C for 5 min, followed by 40 cycles of 94 °C for 4 sec, 59 °C for 10 sec, and 72 °C for 30 sec, with a final extension at 72 °C for 3 min.<sup>26</sup> PCR products were analyzed by electrophoresis on 2% (w/v) agarose gel in 1X TAE buffer at 100 V for 50 min. Gels were stained with 0.5 µg/ml ethidium bromide, and fragment sizes were determined using a 100 bp ladder (GeneDireX). Positive control (PC) reactions contained genomic DNA from *C. albicans* ATCC 90028, while negative controls (NC) included all reagents except the DNA template.

**Randomly Amplified Polymorphic DNA (RAPD)-PCR typing**

RAPD-PCR was carried out using the OPI\_06 primer sequence 5'-AAGGCGGCAG-3' (Invitrogen-Thermo Fisher Scientific, Carlsbad, CA, USA) as previously described,<sup>31</sup> with minor modifications. The PCR mixture was conducted in a final volume of 25 µl containing 12.5 µl of PCR premix (DreamTaq™ PCR Master Mix (2X), Thermo Scientific), 0.8 µM of the primer, and 3 µl (60-80 ng) of *C. albicans* DNA template. Additionally, the master mix was modified by adjusting the concentrations of dNTPs to 0.4 mM, MgCl<sub>2</sub> to 3 mM, and Taq DNA polymerase to 1.5 U per reaction. The amplification process was carried out using the following thermal conditions: 94 °C for 3 min, followed by 40 cycles of 1 min at 94 °C, 1 min at 36 °C, and 2 min at 72 °C, with a final step at 72 °C for 5 min. PCR products were

**Table 6.** The sequence of primers used in the current study to identify *Candida* Secreted Aspartyl Proteinases *SAP9* and *SAP10* genes, the length of the PCR product in base pairs (bp), and the annealing temperature

Identification	Target gene	Primer sequence 5'→3'	Fragment length in bp	Primer mix	Annealing temp.	Ref.
Aspartyl Proteinases genes	<i>SAP9</i>	SAP9-F ATT TAC TCC ACA GTT TAT ATC ACT	80	III	59 °C	26
		GAA GGT				
	SAP9-R CCA CCA GAA CCA CCC TCA GTT					
	<i>SAP10</i>					
		SAP10-F CCC GGT ATC CAA TAG AAT CGA A				
		SAP10-R TCA GTG AAT GTG ACG AAT TTG AAG A				

bp: base pair

analyzed by electrophoresis on 2% (w/v) agarose gel in 1X TAE buffer at 100 V for 50 min. Gels were stained with 0.5 µg/ml ethidium bromide, and fragment sizes were determined using a 100 bp ladder (GeneDireX). Positive control (PC) reactions contained genomic DNA from *C. albicans* ATCC 90028, while negative controls (NC) included all reagents except the DNA template. DNA banding patterns from gel images were scored using the binary method, recording the presence and absence of bands as 1 and 0, respectively. The resulting binary matrix was analyzed using the Ward linkage method in SPSS Statistics version 27 (IBM).

**Statistical analysis**

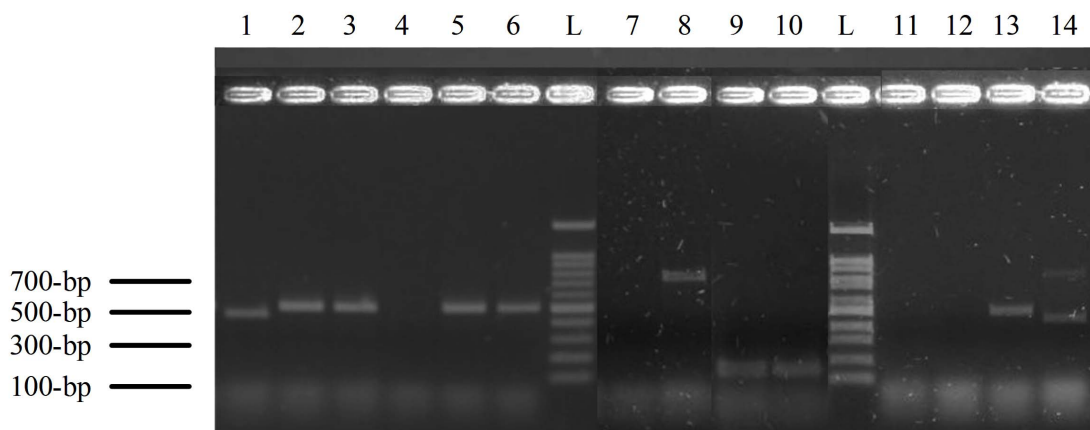
All statistical analyses were performed using SPSS version 27. The chi-square test was

applied to conduct a correlation between patient gender and specimen source in relation to *Candida* species. A P-value of <0.05 was considered statistically significant.

**RESULTS**

***Candida* spp. identification**

Most isolates showed a band size of 446-bp for *C. albicans* (n = 53, 53%), followed by *C. tropicalis* of 507 bp (n = 15, 15%), *C. krusei* of 169 bp (n = 13, 13%), and *C. glabrata* of 839 bp (n = 5, 5%). Some specimens have two species, including *C. krusei* and *C. glabrata* (n = 3, 3%), *C. albicans* and *C. glabrata* (n = 1, 1%), and the remaining 10 isolates (10%) have not shown any bands (Figure 1). There was no statistical association between patients' gender and



**Figure 1.** The polymerase chain reaction (PCR) products of *Candida* species-specific primers and yeast-specific universal primers for ITS sequence. Lane L: 100-bp ladder, lane-1 represents a band of 446-bp for *C. albicans*. Lane 2, 3, 5, 6, and 13 bands of 507 for *C. tropicalis*, lane 8 band of *C. glabrata* (839-bp), lane 9 and 10 represent *C. krusei* (band of 169-bp), and lane 14 represents two bands of 446 and 839-bp for *C. albicans* and *C. glabrata*

specimen source among *Candida* spp. ( $\chi^2$  (88) = 79.072, P = 0.741).

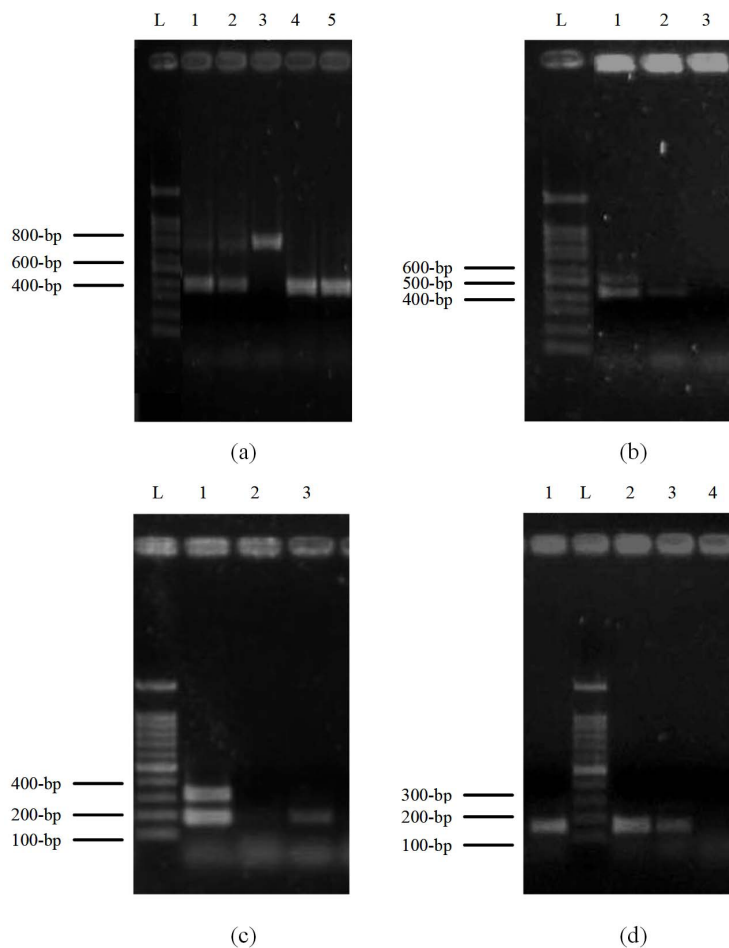
### ABC genotyping

The isolates of *C. albicans* were categorized into three genotypes; the most frequent were genotype A (32%), which was observed by gel electrophoresis as a 450-bp band size, followed by genotype B of 840 bp (30%), and 13% of the isolates showed dual bands of 450 and 840-bp, which represented genotype C. However,

the remaining 25% of the isolates didn't show any bands with respect to genotyping (Figure 2a).

### Mating typing

The mating capability was found among *C. albicans* isolates with 28% of *MTL* $\alpha$  homozygosity (423-bp) and 8% as *MTL* heterozygosity of two band sizes of 535-bp of *MTL* $\alpha$  and 423-bp of *MTL* $\alpha$ . In contrast, the remaining (64%) didn't show any bands. However, 7% of *C. tropicalis* isolates showed *MTL* $\alpha$  homozygosity, 20% were *MTL*



**Figure 2.** Multiplex PCR profile of *Candida* genotypes, Mating types, Biofilm formation genes and Phospholipases genes. Lane L: 100-bp ladder. (a) represent the *Candida* genotyping. Lanes 1 and 2 represent genotype C (two bands of 450 and 840-bp), lane 3 represents genotype B (840-bp), and lanes 4 and 5 represent genotype A (450-bp) of *C. albicans* isolates. (b) Mating typing. Lane 1 represents heterozygous *MTL* of two bands of *MTL* $\alpha$  and *MTL* $\alpha$  (535 and 423-bp), lane 2 represents homozygous *MTL* $\alpha$  as one band of 423-bp, and lane 3 shows no band for isolates. (c) Biofilm formation. Lane 1 represents two bands of *ALS3* and *ALS1* genes (185 and 319-bp), lane 2 shows no bands, and lane 3 shows one band of *ALS3* (185-bp). (d) Phospholipases genes. Lane L: 100-bp ladder, lanes 1, 2, and 3 represent bands of the *PLB1* gene (179-bp), whereas lane 4 shows no bands

heterozygosity, and the remaining (73%) didn't show any bands (Figure 2b).

### Biofilm formation

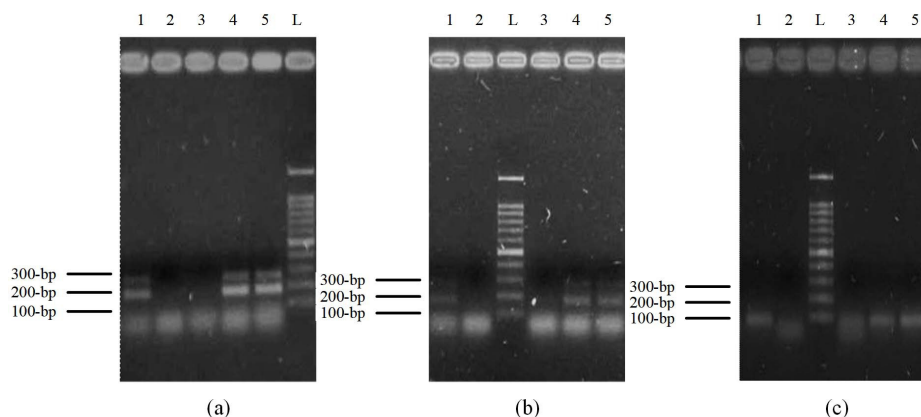
It was found that 15% of *C. albicans* isolates have the *ALS3* gene (185-bp), 72% showed two bands of 185-bp and 319-bp for *ALS3* and *ALS1*, and 13% showed neither *ALS1* nor *ALS3*. For *C. tropicalis*, 27% of the isolates have *ALS3*, 40% have both *ALS1* and *ALS3*, and 33% didn't show any bands. Whereas, for *C. krusei*, 23% of the isolates have *ALS3*, 54% have both *ALS1* and *ALS3*, and 23% have no bands. Finally, for *C. glabrata*, 20% of the isolates have *ALS3*, 20% have *ALS1* and *ALS3*, and 60% showed neither *ALS1* nor *ALS3* genes (Figure 2c). Whereas no isolates were found with the *HWP1* gene.

### Candida phospholipases

It was found that 64% of *C. albicans* isolates have a 179-bp band size of the *PLB1* gene, and the remaining 36% didn't show any bands; however, among NAC species, the *PLB1* gene was found in 62% of *C. krusei*, 40% of *C. glabrata*, and 27% of *C. tropicalis* isolates. Whereas, *PLB2* gene was not detected in all isolates (Figure 2d and Table 7). The Phospholipases and Secreted Aspartic Proteinases patterns among *C. albicans* and NAC species are shown in Table 7.

### Secreted aspartic proteinases

The findings of this study revealed that the frequency of *SAP1*, *SAP3*, *SAP4* and *SAP7* genes was as follows: *C. albicans* (n = 4/53; 7.5%, 26/53; 49%, n = 6/53; 11.3% and n = 15/53; 28.3%), *C. tropicalis* (n = 1/15; 6.7%, 2/15; 13.3%, n = 0/15; 0% and n = 1/15; 6.7% ), *C. krusei* (n = 2/13; 15.4%, n = 0/13; 0%, n = 2/13; 15.4% and n = 1/13; 7.7%), *C. glabrata* (n = 0/5;0%, n = 1/5; 20%, n = 1/5; 20% and n = 1/5; 20% ), respectively. Whereas, the frequency of *SAP2*, *SAP5*, *SAP6* and *SAP8* genes was as follows: *C. albicans* (n = 10/53; 18.9%, 18/53; 34%, n = 20/53; 37.7% and n = 8/53; 15.1%), *C. tropicalis* (n = 1/15; 6.7%, 1/15; 6.7%, n = 1/15; 6.7% and n = 1/15; 6.7% ), *C. krusei* (n = 1/13;7.7%, n = 2/13;15.4%, n = 6/13; 46% and n = 0/13; 0% ), *C. glabrata* (n = 0/5;0%, n = 0/5; 0%, n = 1/5; 20% and n = 0/5; 0% ), respectively. However, it was revealed that the most frequent genes were *SAP9* or/and *SAP10*, which were found among *Candida* species including: *C. albicans* (n = 35/53; 66%), *C. tropicalis* (n = 9/15; 60%), *C. krusei* (n = 8/13; 61.5%), *C. glabrata* (n = 4/5; 80% ), respectively. According to virulence factor patterns, the frequency of *SAP9* or/and *SAP10* among isolates that were incorporated with other virulence factors like *PLB1*, *SAP5*, *SAP6*, *SAP3*, *SAP7*, *SAP9* or/and *SAP10* was as follows: 25% of *C. albicans*, 33% of *C. tropicalis*, 23% of *C. krusei*, and 20% of *C. glabrata*. (Figure 3 and Table 7).



**Figure 3.** Multiplex PCR profile of *Candida* species Secreted Aspartic Proteinases genes. Lane L: 100-bp ladder. (a) Lane 1 represents *SAP2* and *SAP8* (bands of 178 and 256-bp), lanes 4 and 5 represent the bands of *SAP6* and *SAP5* (187 and 277-bp). However, lanes 2 and 3 don't show any bands. (b) Lane 1 represents *SAP7* and *SAP3* (196 and 231-bp), lanes 4 and 5 represent *SAP4* and *SAP3* (171 and 231-bp), and lanes 2 and 3 do not show any bands. (c) Lanes 1,4, and 5 represent bands of *SAP9* or *SAP10* (90-bp), whereas lanes 2 and 3 show no bands

**Table 7.** The patterns of Phospholipase genes and Secreted Aspartic Proteinases genes among *C. albicans* and NAC species

Pattern	<i>C. albicans</i> (n)	NAC	(n)
PLB1, SAP5, SAP6, SAP3, SAP7, SAP9, SAP10	1	<i>C. tropicalis</i>	1
PLB1, SAP1, SAP3, SAP9, SAP10	1	Not found	0
PLB1, SAP2, SAP1	0	<i>C. krusei</i>	1
PLB1, SAP2, SAP1, SAP9, SAP10	0	<i>C. krusei</i>	1
PLB1, SAP2, SAP3, SAP7, SAP9, SAP10	1	Not found	0
PLB1, SAP2, SAP8, SAP1, SAP3, SAP9, SAP10	2	<i>C. tropicalis</i>	1
PLB1, SAP2, SAP8, SAP3, SAP4, SAP9, SAP10	2	Not found	0
PLB1, SAP2, SAP8, SAP3, SAP7	1	Not found	0
PLB1, SAP2, SAP8, SAP3, SAP7, SAP9, SAP10	1	Not found	0
PLB1, SAP3, SAP7	1	Not found	0
PLB1, SAP4	0	<i>C. krusei</i>	1
PLB1, SAP5, SAP6	2	<i>C. krusei</i>	1
PLB1, SAP5, SAP6, SAP3, SAP7, SAP9, SAP10	1	Not found	0
PLB1, SAP5, SAP6, SAP1, SAP3	1	Not found	0
PLB1, SAP5, SAP6, SAP1, SAP3, SAP9, SAP10	1	Not found	0
PLB1, SAP5, SAP6, SAP3, SAP4	1	Not found	0
PLB1, SAP5, SAP6, SAP3, SAP4, SAP9, SAP10	3	Not found	0
PLB1, SAP5, SAP6, SAP3, SAP7	1	Not found	0
PLB1, SAP5, SAP6, SAP9, SAP10	1	Not found	0
PLB1, SAP6	1	Not found	0
PLB1, SAP6, SAP1, SAP9, SAP10	0	<i>C. krusei</i>	2
PLB1, SAP6, SAP4, SAP9, SAP10	0	<i>C. krusei</i>	1
PLB1, SAP6, SAP7	0	<i>C. krusei</i>	1
PLB1, SAP6, SAP9, SAP10	1	<i>C. krusei</i>	1
PLB1, SAP6, SAP9, SAP10, SAP4	0	<i>C. glabrata</i>	1
PLB1, SAP9, SAP10	1	<i>C. krusei, C. glabrata, C. tropicalis</i>	1, 1, 2
SAP3, SAP7, SAP9, SAP10	0	<i>C. glabrata</i>	1
SAP5, SAP6	1	Not found	0
SAP5, SAP6, SAP9, SAP10	0	<i>C. krusei</i>	1
SAP9 or/and SAP10	13	<i>C. krusei, C. glabrata, C. tropicalis</i>	3, 1, 5
Total	30 (57%)		27 (81%)

NAC, non-*albicans Candida***Hierarchical Clustering of *C. albicans* using Ward linkage according to virulence genes**

The dendrogram obtained by Ward's linkage for the 53 *C. albicans* isolates recovered from Palestine concerning the virulence genes (including *MTLα1*, *MTLα1*, *ALS1*, *ALS3*, *PLB1*, *PLB2*, and *SAPs*), which were clustered into four groups: C1, C2, C3, and C4 at a cut-off similarity of 50%. However, isolates in clusters C1, C2, C3, and C4 were grouped at a cut-off similarity of about 90%. Cluster C1, C2, and C4 could be subdivided into four sub-clusters (Figure 4).

**RAPD-PCR typing**

Regarding the RAPD-PCR results, the primer OPI 06 produced 14 fragments. The length of the fragments ranges from 200 to 2000-bp. All of the bands are polymorphic, with a 100% percentage. Data are illustrated in Figure 5.

The dendrogram obtained by Ward's linkage for the RAPD-PCR product of 24 *C. albicans* isolates recovered from Palestine were clustered into four groups (C1, C2, C3, and C4), depending on a 50% cut-off similarity. Therefore, isolates in cluster C1 were grouped at a cut-off similarity of

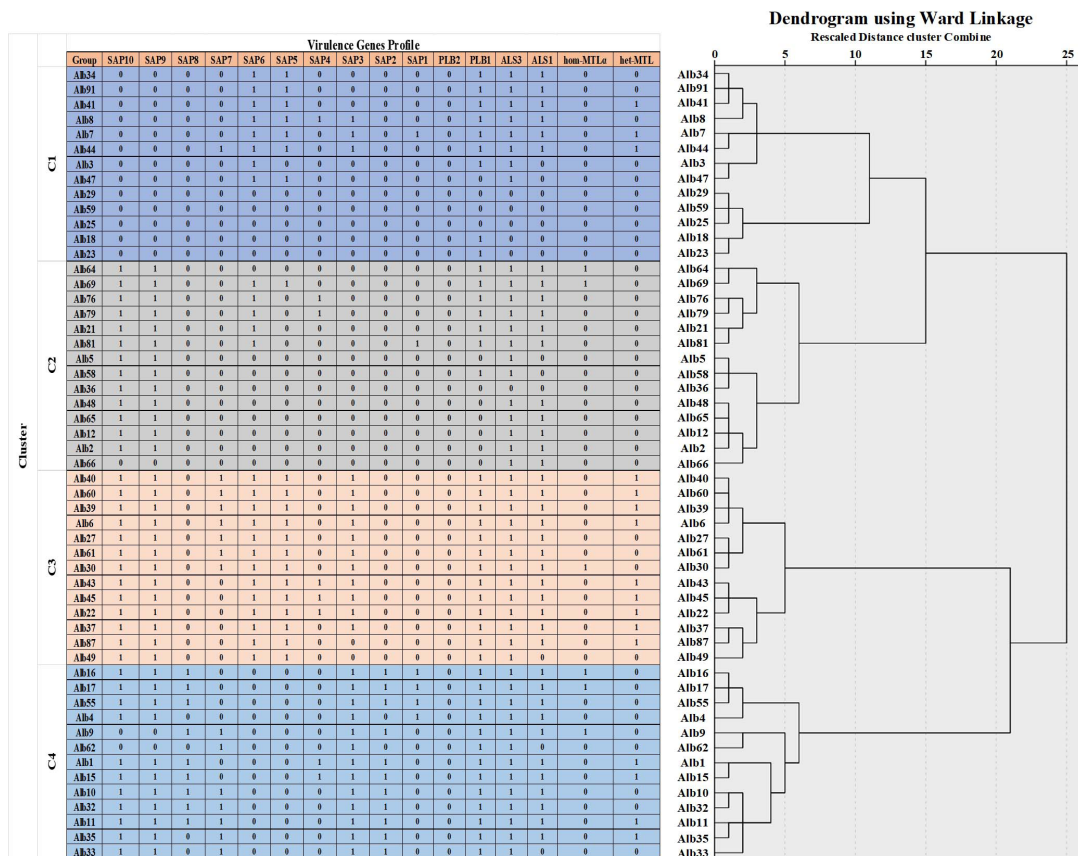
80%, whereas in C3 and C4 clusters, isolates were grouped at a cut-off similarity of 90%. Cluster C3 and C4 could be subdivided into three and five sub-clusters, respectively. Data are shown in Figure 6.

### DISCUSSION

In the present study, *Candida* species were investigated through molecular characterization, and the virulence attributes from clinical specimens in Palestine. *C. albicans* was the most prevalent (53%), then *C. tropicalis* (16%). These results are consistent with a study on patients with chronic kidney disease, which reported *C. albicans* (51.1%), *C. glabrata* (25%), and *C. tropicalis* (14.8%),<sup>32</sup> as well as the findings of Zarrinfar et al.,<sup>2</sup> who detected *C. albicans* (52%), *C. tropicalis* (24%), *C. glabrata* (14.7%), *C. krusei* (5.3%), *C. parapsilosis*

(1.3%), *C. kefyr* (1.3%), and *C. guilliermondii* (1.3%) in bronchoalveolar lavage specimens from patients with pulmonary disorders. These observations align with previous studies highlighting the medical relevance of non-*albicans Candida* species, alongside the severity of infections caused by *C. albicans*.<sup>33</sup> The pathogenic capacity of *C. albicans* is attributed to numerous virulence factors, including strong adhesion ability, dimorphic transition, and the production of hydrolytic enzymes that facilitate tissue invasion.<sup>34</sup> Co-infection is one of the causes that explains the mixed-species infections. Furthermore, it was suggested that the absence of bands for some isolates was caused by the presence of mutations in the gene sequence or other *Candida* spp.<sup>33</sup>

The findings of the three genotypes (A, B, and C) are consistent with a previous study, which reported genotype A as the most



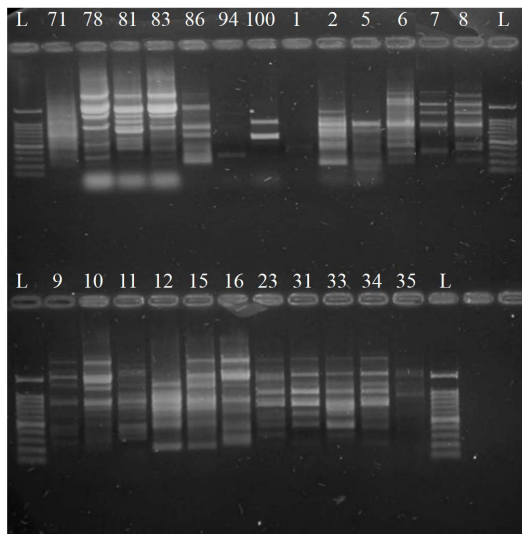
**Figure 4.** Dendrogram showed the clusters of virulence factors of 53 isolates of *C. albicans* recovered from patients with candidiasis in the Northern and Central Palestine, based on the Ward's linkage method analysis

prevalent (52.3%), followed by genotype B (31.8%) and genotype C (15.9%),<sup>35</sup> verifying the evolutionary and pathogenic capabilities of *C. albicans* with *HWP* (80.0%), *ALS* (56.0%), and *SAP* genes (56.0%).<sup>33</sup> Moreover, epidemiological tracking and species-to-species diversity were highly determined through genotyping studies. Whereas, findings of *C. albicans* without any genotype-specific bands may be due to gene

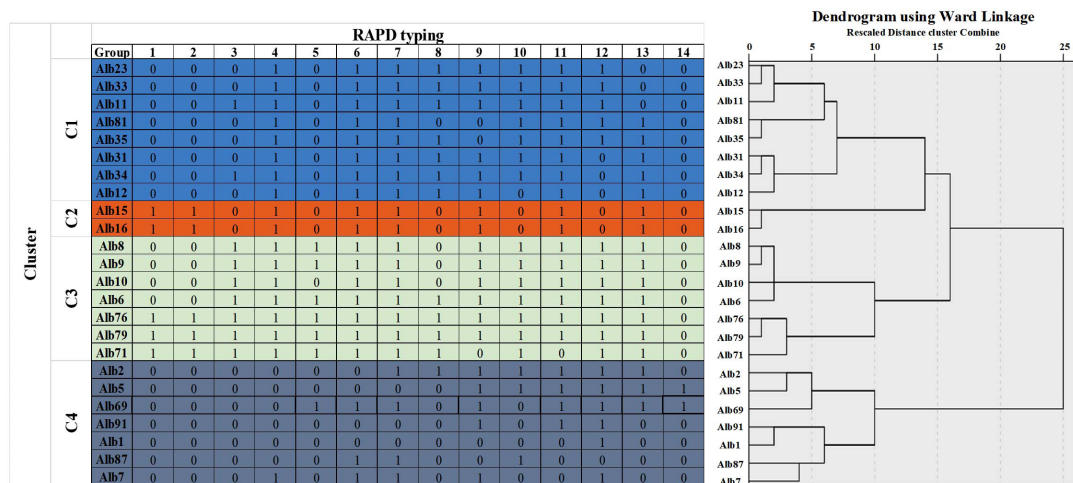
mutations or non-typeable. The huge number of *C. albicans* strains for which the nucleotide sequence of the whole genome is available in GenBank may be useful to improve the genotype assignment method. The current approach was never designed to detect genotypes other than A, B, and C; therefore, it appears suitable to modify the method to overcome these obstacles.

Genotype A emerged as the predominant *C. albicans* type among clinical isolates in Palestine, a pattern first brought to light by Ali-Shtayeh et al., is not merely a descriptive curiosity but a finding that takes on considerably greater weight when read against what is now understood about the biological behavior of this genotype. The classification itself rests on the presence or absence of a self-splicing transposable group I intron within the *25S rDNA* gene, genotype A is characterized by the absence of this intron, yielding a PCR amplicon of approximately 450 bp, whereas genotypes B and C carry intron sequences of differing lengths producing amplicons of 840 bp and both 450 and 840 bp respectively; a structural distinction that has been consistently associated with differences in clinical behavior and invasive potential across diverse geographic settings.<sup>36,37</sup>

A study examining clinical blood and vaginal *C. albicans* isolates confirmed that genotype A was the predominant genotype among bloodstream isolates, accounting for 60% of invasive blood-derived specimens, further



**Figure 5.** RAPD-PCR product profiles using the primer OPI\_06. Lane L = ladder 100-bp. The 24 labeled Lanes are for the RAPD-PCR product of *C. albicans* DNA of the recovered isolates in Palestine



**Figure 6.** Dendrogram showed the clusters of RAPD-PCR profile of 24 isolates of *C. albicans* recovered from patients with candidiasis in Northern and Central Palestine, based on the Ward's linkage method analysis

reinforcing its established association with deeper and more systemic forms of infection.<sup>36</sup> This finding has not remained geographically isolated. Data from southwest China, for instance, showed genotype A accounting for 86.7% of isolates from vulvovaginal candidiasis patients, with genotypes B and C appearing more evenly distributed across other clinical sources, a distribution that mirrors, in broad outline, what Ali-Shtayeh et al.<sup>19</sup> and the observations in the Palestinian cohort.<sup>38</sup> At the mechanistic level, the greater pathogenicity attributed to genotype A isolates has been linked to their more pronounced expression of proteinase and phospholipase activity, enzymatic properties that equip the organism to adhere to and degrade host tissue proteins with unusual efficiency.<sup>19</sup> The resistance profile of this genotype adds another layer of clinical concern; its documented association with reduced susceptibility to fluconazole and flucytosine is particularly troubling in the Palestinian setting, where fluconazole continues to function as the antifungal agent of first resort across most clinical contexts.<sup>19,25</sup>

Compounding these virulence characteristics is *C. albicans*' well-characterized ability to transition between yeast and hyphal morphologies, a plasticity that drives tissue invasion, undermines immune clearance, and creates pathways through which superficial mucosal infections may escalate toward deep-seated systemic disease.<sup>39</sup> What the evidence collectively suggests, then, is that the clinical burden of candidiasis in Palestine may be skewed toward more severe and treatment-resistant disease than aggregate incidence figures alone would indicate, a possibility that has yet to be rigorously tested in prospective clinical work and that represents an important priority for future investigation.

Across studies conducted in Iran, Turkey, Burkina Faso, and China, genotype A has consistently emerged as the dominant clinical *C. albicans* genotype, a pattern stable enough across specimen types and settings to suggest that this lineage has established itself as the evolutionarily favored form in most human infection contexts.<sup>37,40</sup> Yet relative proportions of genotypes B and C, and the specific resistance associations each carries, shift considerably from one setting to another in ways that resist straightforward biological

explanation, implying that local ecological, therapeutic, and host-related pressures are reshaping genotype distributions in ways that global patterns cannot fully anticipate.<sup>38</sup>

Placing the Palestinian data within an immediately regional frame, that of neighboring Arab countries and the broader Middle East, is an exercise that the literature renders difficult, because virulence gene profiles from these populations remain incompletely reported, leaving a comparative baseline that is far thinner than the clinical situation warrants. What the molecular literature does establish with reasonable confidence is that virulence gene profiling carries genuine predictive value for antifungal susceptibility. The detection of *HWP1* genes through multiplex PCR, for instance, has been associated with significantly elevated rates of resistance to flucytosine, while the carriage of *SAP* genes has been tied to enhanced biofilm organization and diminished susceptibility across multiple antifungal classes.<sup>22</sup>

These associations are not merely academic; they point toward a model of antifungal stewardship in which prescribing decisions are informed by the molecular profile of the infecting isolate rather than derived from blanket empirical protocols, an approach that holds particular promise in settings like Palestine, where surveillance infrastructure is still developing and antifungal resources must be deployed judiciously,<sup>25,41</sup> against this backdrop, several limitations of the present study deserve *Candida* acknowledgement. The geographic scope of specimen collection, confined to a limited number of sites within the West Bank, restricts the extent to which the findings can be generalized to the full diversity of *Candida* strains circulating across the Palestinian population. The cross-sectional design, by its nature, captures only a moment in time and cannot speak to how genotype distributions or resistance profiles may be shifting over months or years. And while the molecular methods employed here represent a meaningful advance over phenotypic identification alone, the absence of whole-genome sequencing means that resistance-conferring point mutations in genes such as *ERG11*, *FKS1*, and *FKS2*, mutations that may drive phenotypic resistance without leaving any detectable signature in virulence gene assays,

fall outside the current analysis can detect.<sup>41</sup> These boundaries do not undercut the study's contribution, but they do define the territory within which its conclusions can reasonably be held.

Among the 53 *C. albicans* isolates, 28% of the isolates were determined as homozygous *MTL* $\alpha$ , and 8% were heterozygous at the *MTL* locus. These results align with a previous study, where the presence of *MTL* heterozygosity among *C. albicans* isolates was associated with their mating capability.<sup>42</sup> However, several virulence properties, such as biofilm formation, adaptive patterns against antifungal agents, and activation of white-to-opaque switch mating pathways, all of which were linked to homozygous *MTL* $\alpha$  isolates.<sup>43</sup> It was investigated that *C. albicans* exhibits less mating flexibility compared to *C. tropicalis* isolates.<sup>44</sup> This confirms their potential in sexual reproduction as they participate in antifungal resistance under pressure.<sup>45</sup>

The biofilm results align with several studies, specifically those involving *C. albicans* isolates with high biofilm capacity, as the presence of these two genes is strongly associated with host tissue adhesion and biofilm formation. In the study of Roudbarmohammadi et al.,<sup>46</sup> forty women with recurrent vulvovaginal candidiasis in Iran have ALS1 (75.8%) and ALS3 (77.7%), 74% of the isolates tested positive for both ALS1 and ALS3 mRNA by RT-PCR. This confirmed their role in the colonization of *Candida* spp. to epithelial cells of the host and medical devices like catheters in a conserved manner among NAC species, with some structural alterations for *C. tropicalis*.<sup>47</sup> In our study, the results indicated that 15%, 27%, 23% and 20% and 100% of *C. albicans*, *C. tropicalis*, *C. krusei*, and *C. glabrata* were positive for ALS3, respectively. In contrast, a previous study reported that the ALS3 gene was detected in 94% of *C. albicans* isolates from patients admitted to intensive care units (ICUs) using PCR assays, as well as in 55% of *C. glabrata* and 13% of *C. tropicalis* isolates.<sup>48</sup>

Although hyphal wall proteins contribute to biofilm maturation in *C. albicans*, the *HWP1* gene has not been found in any of the isolates, which conflicts with a previous study that found the *HWP1* (77%) is highly conjugated with other virulence genes, e.g., *PLB1* (52%).<sup>49</sup> All of these

findings may show hyphal morphogenesis of lower prevalence, which may be due to amplification procedure limitations or primer mismatch.

Additionally, other virulence genes were examined among *Candida* isolates, including phospholipase (*PLB*) and secreted aspartyl proteinase (*SAP*) genes. Using the *PLB1* primer, 64% of the *C. albicans* isolates were found to carry the corresponding gene, which contributes significantly to tissue invasion and evasion of the host immunity.<sup>32</sup> Consequently, *SAP9* or *SAP10* were found to be highly prevalent, confirming the importance of these two proteinases in cell wall integrity and systemic candidiasis.<sup>33</sup> The study's findings contradicted the results of a previous study regarding the *PLB2* gene, which was detected in all strains alongside *PLB1*, with a high prevalence of *SAP1* (94.8%).<sup>34</sup> These combinations of *SAP* genes have been found to increase the species' proteolytic activity and tissue invasion. In this study, the results for *SAP4* among *C. albicans*, *C. glabrata*, and *C. krusei* were 11.3%, 20% and 15.3%, respectively. Which were counteracted by the previous study results,<sup>48</sup> which showed 88%, 0%, and 12% for *C. albicans*, *C. krusei*, and *C. glabrata*, respectively.

The study results, related to RAPD-PCR products, demonstrated that the number of fragments produced by the RAPD-PCR primer OPI 06 was 14. The length of the fragments ranged from approximately 200-2000 bp with a 100% polymorphism. These results were matched with a previous study,<sup>31</sup> which showed a polymorphism percentage of 96% using the OPI 06 primer. The explanation behind the resulting DNA polymorphisms involves rearrangements or mutations within the priming sites. In addition, the presence of several specimen body sources or intrusive environments of *C. albicans* isolates. Therefore, the dendrogram results for *C. albicans* isolates concerning the virulence genes (including *MTLa1*, *MTLa1*, *ALS1*, *ALS3*, *PLB1*, *PLB2*, and *SAPs*) showed that isolates in clusters C1, C2, C3, and C4 were grouped at a cut-off similarity of 90%. Whereas, RAPD-PCR results showed that isolates in cluster C1 were grouped at a cut-off similarity of 80%, whereas among the C3 and C4 clusters, isolates were grouped at a cut-off similarity of 90%. These observations imply that isolates of Palestinian *C. albicans* showed low genetic

variation in comparison with the results of a previously published study,<sup>50</sup> which showed that *C. albicans* isolates have higher genetic variation with thirteen various groups with respect to their RAPD pattern.

Several research directions emerge naturally from the findings reported here, and among them, the question of *SAP9* and *SAP10* gene activity stands out as perhaps the most clinically consequential thread yet to be properly pulled in the Palestinian context. Both genes belong to the secreted aspartyl proteinase (SAP) family, a ten-member repertoire that *C. albicans* deploys to interact with, degrade, and colonize host tissue, but *SAP9* and *SAP10* occupy a functionally distinctive position within this family: rather than being secreted into the extracellular environment, the proteins they encode are anchored to the fungal cell surface via glycosylphosphatidylinositol (GPI) linkages. This membrane-tethered configuration means that their roles extend beyond proteolysis to encompass cell wall integrity, epithelial adhesion, and structural biofilm organization functions that position them closer to the interface between the fungus and its host than most other SAP family members. The pathological weight of these genes became most visible in deletion studies, where strains lacking *SAP9* and *SAP10* showed markedly attenuated virulence in epithelial infection models, with substantially reduced tissue invasion and cellular damage; when gene function was restored, full pathogenicity returned, a clean experimental demonstration that these two genes are not incidental players but active drivers of mucosal disease.<sup>51</sup> Their clinical relevance is further sharpened by evidence that *SAP9* expression rises in biofilms formed by bloodstream isolates and climbs further still when the organism is exposed to fluconazole and caspofungin, an upregulation pattern that is difficult to interpret as anything other than an adaptive molecular response to antifungal pressure, suggesting that *SAP9* activity may track treatment resistance in real time rather than simply reflecting constitutive virulence.<sup>52</sup>

Supporting this interpretation, isolates concurrently carrying both *SAP9* and *SAP10* have been disproportionately represented among strong biofilm producers and multidrug-resistant strains, with some series finding both genes

present in up to 66.7% of the most resistant clinical isolates.<sup>53</sup> Taken together, these observations make a persuasive case for treating *SAP9* and *SAP10* detection as clinically actionable as markers capable of flagging isolates at high risk of forming treatment-refractory biofilms, causing invasive disease, and failing standard antifungal regimens and for their systematic inclusion in future molecular surveillance protocols across Palestine and the broader Eastern Mediterranean region.

Looking further ahead, the gap most urgently in need of filling is a longitudinal, multi-center molecular surveillance program spanning Palestinian hospitals one designed to generate a nationally representative genomic repository of *Candida* clinical isolates that could support ongoing tracking of genotype shifts, emerging resistance profiles, and evolving virulence gene distributions over time. Such a resource would supply the comparative regional anchor that the current literature conspicuously lacks and would lay a credible scientific foundation for evidence-based antifungal policy in a setting where that foundation does not yet exist. The path toward meaningfully improved candidiasis outcomes in Palestine runs, in the view of this study, through precisely this kind of integrated molecular surveillance, one that moves beyond species-level phenotyping to encompass genotyping, virulence profiling, and genomic resistance characterization as a unified diagnostic and epidemiological enterprise.

## CONCLUSION

This study provides evidence of the significance of molecular analysis for accurately identifying *Candida* spp. obtained in Palestine. In addition to determining their genotypic level, mating type, and the virulence of the isolated *Candida* spp. using PCR. It was shown that the most common isolates were belonged to *C. albicans* with a high prevalence of genotype A, with the presence of several virulence factors, mostly the Agglutinin-like sequence genes and *SAP9* and *SPA10*. Whereas, the resulting DNA fragments through RAPD-PCR and the clustering of the isolates using Ward's linkage methods showed their level of polymorphism and genetic variability.

These findings emphasized the importance of molecular surveillance for species identification, genotypic and virulence determination, as well as genetic heterogeneity among *C. albicans* strains. This underscores the need for further investigations to curb the increasing pathogenicity of *C. albicans* and other *Candida* species in clinical settings. The knowledge of the *Candida* species prevalence and their virulence factors highlights the pathogenesis understanding and the need for further antifungal agents to suppress the virulence factors for the pathogenic *Candida* species.

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#### CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

#### AUTHORS' CONTRIBUTION

Both authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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#### DATA AVAILABILITY

All datasets generated or analyzed during this study are included in the manuscript.

#### ETHICS STATEMENT

This study was approved by the Ethics Committee, An-Najah National University, Nablus, Palestine.

#### INFORMED CONSENT

Written informed consent was obtained from the participants before enrolling in the study.

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